

The Communiqué

District 45 - Vermont Lions Charities
In Lionism, In Service, In Friendship



March 2016

Volume 38 Issue 9

Published by
Vermont Lions Charities
and District 45 of
Lions Club International

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806 Breezy Hill Rd.
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2nd VDG TBA

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CS Robert Wilcox (Bob)

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P.O. Box 321
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Send articles to the Communiqué
Editor by email when possible.
Snail mail will still be accepted.

The Communiqué is published on
the first of each month. Deadline
for article/photo/announcement
submissions is the 20th of each
month. Email:
communiqué@d45lions.com

A Message from District Governor Pam Nichols

Wow time is flying! We are already in full swing prepping for the spring convention! You know what's crazy? So many PDG's told me that my year would go by fast and I didn't believe them! But they were right! I will be very sad when my year is over! All of you have been so kind and gracious to me, I have no words to express my gratitude.



We are very excited to offer some fun things to do and some fun surprises at spring convention! Please note that there is a cut off date for spring convention. There is not much I can do to get you the special price beyond the reservation cut off date, so please register early! I'm hoping everyone can make it to the cocktail party on Friday night at the VFW. We have a van to drive you to the VFW and back because parking at the VFW is very limited and this also eliminates the need for a designated driver. We'll have hors d'oeuvres and a reasonably priced cash bar. This is a great opportunity to socialize in a relaxed and inviting setting.

I am still waiting for some of you to share your magic moment with me and the district. I will be asking some of you to share your story, so please let me know if you have a magic moment to share.

As always,
Yours in service. DG Pam

DISTRICT 45

Calendar

March 2016

4-5	NELC - Winter Wonderland Weekend, Nashua, NH
12	Cabinet
12	Smile with Guiding Eyes, Bennington, VT
13	Castleton Fish Fry
20	Deadline to submit items for the April Communique

April 2016

3	Twin State Soccer Association Kick-Off Banquet, 1:00pm, Elks Club, Lebanon, NH
20	Deadline to submit items for the May Communique
22-24	Spring Convention, The Inns at the Equinox, Manchester, VT

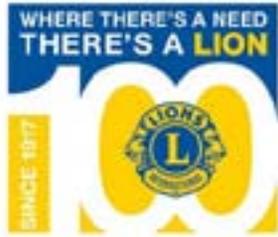
May 2016

14	Walk for Sight, Manchester/South Burlington/Tunbridge
20	Deadline to submit items for the June Communique

June 2016

20	Deadline to submit items for the July Communique
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Meeting Notices



NELC *Winter Wonderland* Weekend

Training Seminars & NELC Meeting

March 4 & 5, 2016 ~ Crowne Plaza ~ Nashua

FRIDAY-MARCH 4

Deluxe Room w/ Saturday morning Breakfast \$106+ tax

Call the Crowne Direct 603-886-1200 to Reserve Room

SATURDAY-MARCH 5

8:30 a.m. REGISTRATION

9:00 a.m. Celebrating the Centennial-PID Ed Lecius

9:45 a.m. BREAK

10 a.m. LCIF Today ~ What's New?

10:45 a.m. BREAK

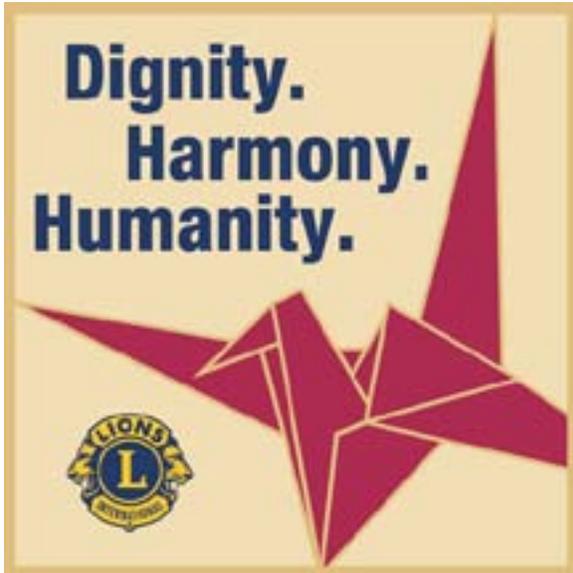
11 a.m. Club Administration ~ Are We Doing It Right?

PDG Ned Merrick

12 N LUNCH

1:15 p.m. NELC Meeting ~ DG Reports

3:00 p.m. Have a Safe Trip Home



NELC Registration

Winter Wonderland Weekend ~ March 4-5, 2016

Crowne Plaza 2 Somerset Parkway Nashua, NH

NAME: _____

TITLE: _____

DISTRICT: _____

EMAIL: _____

LUNCH:

SOUP DU JOUR

WITH YOUR CHOICE OF:

() Grilled Chicken Ceaser Salad

() Chick Fattoush Salad

() Spinach & Arugula Salad w/ Grilled Chicken

DESSERT-COFFEE-DECAF-TEA-ICE TEA

\$25pp Lunch & Registration

\$10pp NO LUNCH-Registration Only

AMOUNT ENCLOSED _____

MAIL REGISTRATION & CHECK(Payable to NELC) to:

PID Ed Lecius

11 Underwood Lane

Merrimack, NH 03054

DEADLINE-FEBRUARY 20, 2016!



**Vermont Lions District 45
Cabinet Meeting
Brandon Inn**

Saturday March 12, 2016

AGENDA

District Governor

DG Pamela Nichols
Manchester Club
1013 Route 30
Dorset, VT 05251
802-362-3504

Email: vtlionpam@gmail.com

1st District Governor

VDG Joseph Wilson
Springfield Club
806 Breezy Hill Road
Springfield, VT 05256
802-885-2811

Email: breezyhill@vermont.net

Cabinet Secretary

PDG Robert W. Wilcox
Bennington club
P.O. Box 321
Shaftsbury, VT 05262
802-379-2600

Email: wilcoxrw@aol.com

Cabinet Treasurer

PCT Kathy Gallett
Bennington Club
83 Middle Road
Shaftsbury, VT 05262
802-442-4033

Email: Kathy@bowfamily.com

1. Call to Order:
2. Introductions
3. Roll Call
4. Financial Report
5. Secretaries Report
6. Honorary Committee Report
7. Vermont Lions Charities
8. Green Mountain Lions Camp
9. Membership Report
10. Sight and Hearing
11. Lions Twin State Soccer
12. Traveling Lion
13. Spring Convention
14. Fundraisers
15. 200 Club-50/50
16. Old Business
17. New Business
18. Lions Roar



**Vermont Lions District 45
Cabinet Meeting Registration
Brandon Inn**

Saturday March 12, 2016

SCHEDULE

District Governor

DG Pamela Nichols
Manchester Club
1013 Route 30
Dorset, VT 05251
802-362-3504
Email: vtlionpam@gmail.com

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PCT Kathy Gallett
Bennington Club
83 Middle Road
Shaftsbury, VT 05262
802-442-4033
Email: Kathy@bowfamily.com

8:00 a.m. to 9:00 a.m.	Registration
8:00 a.m. to 9:00 a.m.	Honorary Meeting
9:00 a.m. to 10:00 a.m.	VT Lions Charities
9:00 a.m. to 10:00 a.m.	Guiding Lion _____
	Green Mountain Lions Camp _____
	Leadership Roundtable _____
11:00 a.m. to 12:00	Speak Out Contest
12:00 to 1:00 p.m.	Lunch
1:15 p.m. to 3:00 p.m.	Cabinet Meeting



**Vermont Lions District 45
Cabinet Meeting
Saturday March 12, 2016
Brandon Inn
20 Park Street
Brandon, VT 05733
800-247-8685**

REGISTRATION

District Governor

DG Pamela Nichols
1013 Route 30
Dorset, VT 05251
802-362-3504

Email: vtlionpam@gmail.com

1st Vice District Governor

Joseph Wilson ((Springfield))
806 Breezy Hill Road
Springfield, VT 05256
802-885-2811

Email: breezyhill@vermont.net

Cabinet Secretary

PDG Robert W. Wilcox
P.O. Box 321
Shaftsbury, VT 05262
802-379-2600

Email: wilcoxrw@aol.com

Cabinet Treasurer

PCT Kathy Gallett
83 Middle Road
Shaftsbury, VT 05262
Home: 802-442-4033
Cell: 802-375-5616

Email: Kathy@bowfamily.com

Name: _____

Address: _____

Email Address: _____

Club/District Position: _____

Phone Number: _____

Home Club: _____

**Cabinet Meeting: \$23.00 pp x _____ # attending\$ _____
(\$25.00 per person at the door without a reservation.)**

Please return the completed registration with payment or send a conformation email if you are attending and paying at the door to CT Kathy at kath@bowfamily.com by Saturday March 4, 2016. Please make your check payable to Vermont District 45 and mail the registration to CT Kathy Gallett, 83 Middle Road, Shaftsbury, Vermont 05262.

**Make your room reservations direct with the Brandon Inn –
800-247-5766. \$135/dbl
\$112/single**

SMILE WITH GUIDING EYES

a dinner dance to benefit
guiding eyes for the blind
& operation smile

3.12.6PM

ELKS LODGE

music by

FUNK IN THE TRUNK

\$25 per person • all ages welcome
dinner, music & cash bar

tickets available at

BENNINGTON CHAMBER OF COMMERCE

WHITMAN'S FEED STORE

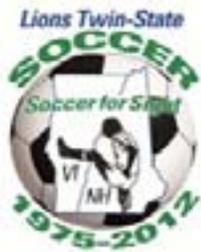
BENNINGTON TIRE

EVAN'S NEWS

KEVIN'S

sponsored by

NORSHAFT LIONS



Lions Twin State Soccer Association, Inc.

Annual Kick-Off Banquet

The annual Kick Off Banquet for the Lions Twin State Soccer Association, leading to our matches at Castleton University July 16th is scheduled for Sunday, April 3rd, 2016 at 1:00 in the afternoon at the Elks Club in Lebanon, NH.

It will be a full day for Lions. **To save an extra trip, the March meeting for the Association Directors is set for 9:30 am that same day at the Elks Club in Lebanon, NH. All Lions are welcome. Coffee and donuts will be provided.**

At 10:45 am the Twin State players and coaches will be arriving for team meetings and photos. At this time, we will need help from our Lions to help greet these guests, get them going in their right direction. At 1:00 pm we will sit down to the banquet and the players and coaches will be introduced.

All Lions, spouses and guests are welcome to attend and we hope that all directors will make an effort to bring along another Lion so they can see first-hand what this Lions Soccer Cup game is all about. Between 10:45 and 11:30 there will be plenty to do as we act as hosts and greeters for our visitors. Between 11:45 and 12:55 there is also a program for the parents and guests.

It is important that we have an accurate head count in advance. We will also need payment in advance. The cost is \$20.00 per person and checks may be made out to LTSSA. Please save this notice for reference on times and return the attached slip with your check to me as soon as possible. The final head count is due to the Elks Club by Friday, March 15th.

To reach the Elks Club in Lebanon
Take exit 18 off Interstate 89 and follow the signs for Dartmouth Hospital
And take 1st right onto Heater Road.

Please return this slip along with your check to:

Lions Twin State Soccer Cup
Forrest Powers
68 Jack Wells Road, Danbury, NH 03230

Name: _____ Phone: _____ Club: _____

Yes, I will be attending the Kick off Banquet on April 3, 2016. There will be _____ in my party
I have enclosed my check for \$ _____ (Number x \$20.)

Deadline is March 15th - so please, get these slips back as soon as possible, thank you.

*Yours in Lion Spirit,
Cheryl Powers, Director*



**Vermont Lions District 45
2016 Spring Convention
April 22, 23 and 24, 2016
The Inns at Equinox
Route 7 A
Manchester Center, Vermont**

District Governor

DG Pamela Nichols
1013 Route 30
Dorset, VT 05251
802-362-3504

Email: vtlionpam@gmail.com

1st Vice District Governor

Joseph Wilson ((Springfield)
806 Breezy Hill Road
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Shaftsbury, VT 05262
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Email: wilcoxrw@aol.com

Cabinet Treasurer

PCT Kathy Gallett
83 Middle Road
Shaftsbury, VT 05262
Home: 802-442-4033
Cell: 802-375-5616

Email: Kathy@bowfamily.com

Name: _____

Address: _____

Email Address: _____

Club/District Position: _____

Phone Number: _____

Home Club: _____

District Governor Pam and Lion Bill Nichols invite all District 45 Lions to the 2016 Spring Convention at The Inns at Equinox, Manchester Center, Vermont April 22 to 24, 2016. Along with Past International President James E. Ervin, PIP (1999-2000), District 45 Lions will gather in Manchester Center for an EVENT filled Lions weekend.

Attached you will find the schedule of Events for the Weekend.

Friday April 22, 2016

Registration	3:00 pm to 6:30 pm	
Manchester Lions		
Welcome District 45 Lions	7:00 pm – 9:00 pm	
_____ x\$15.00 per person	Total	_____

Saturday April 23, 2016

Registration	7:30 am to 12:00 noon	
District 45 Breakfast	7:30 am to 9:00 am	
_____ x \$26.80 per person	Total	_____
District 45 Cabinet Meeting	9:00 am to 11:45 am	
2016 Melvin Jones Lunch	12:00 to 1:30 pm	
_____ x \$33.50 per person	Total	_____
Lions Hour with Past International President Lion James E. Ervin	2:00 pm to 3:00 pm	

2016 District 45 Banquet		
Cocktails	6:00 pm	Cash Bar
Dinner	7:00 pm	
_____ x\$46.90 per person	Total	_____

Sunday April 24, 2016

District 45 Memorial Service	7:30 am	
District 45 Breakfast	9:00 am to 10:30	
_____ x\$26.80 per person	Total	_____

Total Meals _____

Please return your meal registration and check made out to VT District 45 Lions to CT Kathy Gallett by April 8, 2016.—CT Kathy Gallett, 83 Middle Road, Shaftsbury, Vermont 05262.

Please make your room reservations direct with The Inns at Equinox at 877-854-7625 by March 8, 2016. Please indicate you are with the District 45 Lions at a rate of \$109.00 per night plus tax.

Vermont District 45



Re: Lions Clubs International Election Requirements

Dear Club Leaders:

It is that time of year again when we help celebrate DG Pam Nichol's year and have our annual election for District Officers for 2016 - 2017 at our Spring Convention, which will be taking place at The Inns at Equinox in Manchester on April 22nd, 23rd and 24th.

I must remind all clubs that all outstanding balances need to be paid in full to Lions Clubs International and to Vermont Lions District 45 prior to the election that weekend. Each club is entitled to a delegate vote for each 10 members it has. All PDG's in attendance are allowed to vote as a delegate for their club or as a Past District Governor but not both.

DG Pam, CS Bob, CT Kathy and I look forward to seeing representatives of ALL of the clubs in the district there for a fun filled weekend. and for this important matter of electing our District Governor, 1st Vice District Governor and 2nd Vice District Governor for 2016 – 2017. .

Please contact me during the evening at 802-578-7483 or e-mail at kpemery1960@gmail.com if you have any questions.

Sincerely,

IPDG Kenneth Emery
2015 – 2016 Elections Chair

Spring Convention 2016

Get to know your candidates for 1st VDG and 2nd VDG

Interviews conducted by IPDG Ken Emery

Lion Walter Hastings 1st VDG Candidate

Lion Walter Hastings, member of the Heartland Lions Club since 2003 placed his name as a candidate for 1st VDG 2016 - 2017 for District 45. Lion Walter has been club president multiple times, zone chair 3 times, Town of Royalton Lister for 31 years, 15 years as Floodplain Zoning Administrator and other town committees and has been in the land surveying industry for 36 + years.

Q: What inspired you to run for this position?

A: I strongly believe that people should step up to leadership roles and all levels of Lion. And I feel that at this point in my life I am ready to assume the position of 1st VDG.

Q: What inspires you to be a Lion?

A: I am not sure that I was inspired to be a Lion. A good friend and mentor, Lion Alfred Jones asked me to become a Lion. I had previously worked in many positions in leadership in government and boards in my community and region. I was looking for a civic organization to join, so when Lion Al asked me to join this was the opportunity I was seeking. I learned quickly what a great organization, I had joined.

After working with the Lions, the motto "We Serve" fits the membership of Lions, which I see in each meeting I attend, at all levels. This level of dedication has inspired me to grow with the Lions.

Lion Elizabeth 'Liz' Fenwick 2nd VDG Candidate

Lion Elizabeth 'Liz' Fenwick, member of the NorShaft Lions Club since 2010 has placed her name as a candidate for 2nd VDG 2016 - 2017 for District 45. Lion Liz has been club president for 2 years, zone chair, Girl Scout and Youth Leader, and a teacher to our youth for many years.

Q: What inspired you to run for this position?

A: This is an interesting question. I never joined the Lions to be 'in charge', rather I have always seen any leadership position I have had in my work, as that of a facilitator who tries to create an environment in which people consider new ideas and recognize their own skills. Also I have worked as the person who holds up a mirror to the members to show them what they really can do and reflect it back to them. Additionally, I have always tried to connect people with like-minded ideals and ideas - to develop the organization I have been working with. My two years as President of NorShaft Lions have been a challenge, as I have brought together a fractured Club and substantially grown the membership, while increasing the community-based activities and involvement. After two years as President of the NorShaft Lions Club, I feel that I can now move on to the new challenge of working with a larger team who want to move the Lions Club forward in District 45.

Lion Walter Hastings

Q: What would you like to see done in the next 5 years for Vermont Lions?

A: I would like to continue in the steps of DG Pam Nichols and 1st VDG Joe Wilson. Continue to making cabinet meetings more fun, continue grow membership and to better promote Lionism thru the state. I would like us to take steps in moving this forward thru new technology, but not leaving anyone behind. I would like to make sure that we continue to work together as a cohesive organization. A great example of this is the Vision Screeners where all levels of Lions have worked together to service the community and promote Lionism thru the state. To see more interaction between clubs using the Traveling Lion and zone meetings, also more interaction with District 44N especially the Connecticut river clubs.

Please join us, as a body of Lions representing Vermont Lion District 45 at this year's Spring Convention to elect VDG Joe Wilson, as District Governor 2016 - 2017, Lion Walter Hastings as 1st VDG 2016 - 2017 and Lion Liz Fenwick as 2nd VDG 2016 - 2017.

Respectfully submitted,

IPDG Ken Emery

GLT Coordinator District 45

Lion Elizabeth 'Liz' Fenwick

Q: What inspires you to be a Lion?

A: I have found that being a Lion has given me the chance to 'give back' to a community where I grew up. I have so much to be thankful for in the chances that I was given as I grew up in Vermont. Being a member of the Lions' Club has meant that I have been able to work with a great group of like-minded people and support this community in so many ways, from vision and diabetes screening to building ramps for handicapped veterans and giving food to food banks and so many other activities. I know that our Club and those around the state have fulfilled the saying "Where there is a need – there is a Lion" and will continue to do so.

Q: What would you like to see done in the next 5 years for Vermont Lions?

A: My background since I left Vermont to travel and live abroad has taught me the importance of being aware of a larger worldview. Having experience of other countries and life styles adds so much to anyone's ability to understand, empathize, and link to others in Vt. and around the world and to understand themselves. It seems to me that in Lions International there is a huge resource of members around the world who could teach us so much and who, in turn, could learn so much about real American people, and not the media caricature that is broadcast around the world. I do not know how this can be done as yet, but it is this link and growth that it can encourage that I would like to see develop within the next five years within District 45. I feel that this focus could also support the growth of the Vt. Lions Clubs, as it would show a different worldview that could well attract more members. Also I feel that the work of the Guiding Lions should continue to be expanded as the support that can be offered to Clubs around the State is invaluable. I have been very interested in the information and perspective I have gained from my studies in this program and I look forward to completing the study this year.

A Walk for Sight

Vermont Lions Charities

2016 Walk-a-thon

May 14, 2016 10 am – 2 pm

Now at 3 Locations:

- **Dana Thompson Memorial Park, Manchester, VT**
- **South Burlington's University Mall**
- **Tunbridge Fair Grounds**

Our Goal – 300 miles -- \$15,000



Not a Walker?

Here's what You and your Club can do:

- **Come Cheer the Walkers**
- **Sponsor a Walker**
- **Dedicate a Foot** — see last page
- **Work the Registration Table**
- **Greet the Public**
- **E-mail all your friends inviting them to the event**
- **Put the event on your club and personal Facebook pages and Websites**
- **Make baked goods to sell at the Walk-a-thon**
- **Wear your Vests**

Vermont Lions Charities' A Walk for Sight



Vermont Lions Charities 2016 Walk-a-thon



A Walk for Sight

Come join the Vermont Lions and Leos and friends to walk our way to serving the needs of our wonderful State! “FUN ACTIVITIES THROUGHOUT THE DAY”

- Locations:** Dana Thompson Memorial Park, Manchester VT
South Burlington University Mall
Tunbridge Fair Grounds
- Date:** Saturday, May 14, 2016
- Time:** Registration opens: 9:30 a.m.;
- Opening:** Walk starts at 10:00 a.m.
- Walking:** Anytime between 10:00 a.m. and 2:00 p.m.
- Goals:** Group total: walk 500 kilometers (300 miles) and raise \$15,000
- Contests:** Win a Flat Screen TV, an Orvis Rod & Reel or other Great Prizes –one entry for each single sponsor of \$25 and one entry for each \$100 of sponsorship a walker has. Drawing at August Cabinet Meeting.

In 1925 Helen Keller asked Lions to be her “Knights of the Blind”. Help us continue to fulfill this mission.

Vermont Lions Charities is a non-profit organization involving over 1,250 Lions from various Lions Clubs around the State. The common aspiration is to serve the ‘visually and hearing impaired and the less fortunate’ of Vermont by providing funding to aid in purchase of vision and hearing needs and other materials as needed.



Vermont Lions Charities 2016 Walk-a-thon

A Walk for Sight

I, _____, am walking for Vermont Lions Charities
and _____.
(Leave this line blank if you want all the proceeds to go to Vermont Lions Charities.)

Fifty percent (50%) of what walker raises can be designated for an Area's Lions activity, e.g.,
Arlington Lions' Scholarships, Heartland Lions' Food Pantry, Essex Lions' Sight & Hearing.

Name	Address (optional)		\$\$\$\$	Total

- Please make all checks payable to VT Lion's Charities, 100% tax deductible. **
Please bring this Donation Form to the Walk-a-thon or return to:

VLC Chair, Jackie Dutil, 694 North Birch Hill Road, Brandon VT, 05733

For more information contact:

VLC Chairperson Jackie Dutil 802-247-3490 or via email: jdutil775@comcast.net



ABOUT | PROGRAMS | #LIONS100 | TOOLBOX | MEDIA

Lions 100 > Programs > Centennial Community Legacy Projects

Centennial Celebration Membership Awards

Centennial Service Challenge

Centennial Grant Program

Centennial Community Legacy Projects

Centennial Community Legacy Projects



Connect with your community and build your Lion legacy by planning a Centennial Community Legacy Project during our Centennial Celebration. **Legacy Projects are visible gifts to your community that commemorate our Centennial** and create a lasting legacy of your service contributions.

Your Legacy Project will serve as a reminder of just how important your club is to the community during the Centennial and beyond. All Lions clubs around the world are encouraged to complete a Legacy Project by June 30, 2018, so start planning yours today!

Plan Your Legacy Project

With three levels of participation, there's an opportunity for every club to get

involved. Choose a project from the list below or develop your own to address specific needs in your community.

<p>1 level</p>	<p>Raise Your Community Visibility</p> <ul style="list-style-type: none"> • Post new Lions signs • Donate a park bench • Dedicate a statue • Sponsor a fountain in a local park 	
<p>2 level</p>	<p>Provide a Community Gift</p> <ul style="list-style-type: none"> • Refurbish a park or playground • Build a footbridge over a busy road • Fund resources for the visually impaired • Donate a vehicle to a community organization 	
<p>3 level</p>	<p>Make a Community Impact</p> <ul style="list-style-type: none"> • Build a clinic • Expand a library or school • Develop a training center • Equip an area hospital 	

All Legacy Projects should be identified with a sign or plaque indicating the project was donated by your Lions club.

In support of the Legacy Projects program, Centennial highway signs, decals and bronze plaques will be available from [Club Supplies](#) at a significant discount.

Promote Your Legacy Project

Your Legacy Project is an opportunity to showcase your project, your service and your club to the community. Here are some tips that can help you maximize this great public relations opportunity:

- **Dedication Ceremony** – Host a dedication or ribbon-cutting ceremony and invite your community and local media to attend.
- **Social Media** – Share project photos on social media or ask your community to share photos at the site of your Legacy Project. Use the hashtag **#Lions100** so we can share your project on the [LCI Facebook page](#).
- **Local Media** – Send out a press release or ask a local reporter to help tell your story.

Report Your Legacy Project

Be sure to report your Legacy Project using the [MyLCI Service Activity Report](#), under the Community and Culture activity type. Clubs can earn a special banner patch, and select projects will be featured on the LCI website, social media and LION Magazine.

Centennial Community Legacy Project Resources

- [Centennial Community Legacy Projects Brochure](#)
- [Centennial Community Legacy Projects FAQ](#)
- [Legacy Project Press Release](#)
- [Centennial Club Planning Guide](#)

[Donate Eyeglasses](#)

[Contact](#)

[Careers](#)

[Privacy Policy](#)

[Terms of Use](#)

[Lions 100 Sitemap](#)



Club News

Lion Tucky in Swanton!

Lion Tucky (Friar Tuck) is in Swanton-Missisquoi.

Capture date is March 8th at 6:00.

Holy Trinity Episcopal Church 38 Grand Ave, Swanton.

Contact Lion Sue Brooks aunttue@gmail.com or KL Travis travislebel@yahoo.com by March 5th.

Region Lion in Vergennes!

Nine Vergennes Lions traveled to the Brandon-Forestdale Lions and captured the Region 2 Traveling Lion, earning 297 points. Four Bennington Lions also were there earning 288 points. The Region Lion will be available on Wednesday, March 16 at 6:45 p.m. at the Vergennes American Legion. I need to have numbers of those traveling by Sunday, March 14, by calling 802-759-2448 or lcsimino@gmavt.net.

Jericho-Underhill

Four members donated blood, one donated time at the registration table.

Pictured are Lion Dan Marcotte giving back by donating the "gift of life", and PCT Loreen Teer being presented her 6 gallon pin by American Red Cross Team Supervisor Wendy.



Spring Convention PIP Gift Basket

We are collecting small items from your town or club to be included in our gift basket at the Spring Convention. If you have something you'd like to donate, please bring it to the March Cabinet meeting. Small items only, please.

Norwich Lions Club (NLC) "almost" Captures Sir Charles, District 45 Traveling Lion

Twelve Lions from the NLC traveled to the Public Restaurant in Quechee on Monday, February 22nd to join fellow District 45 Lions and DG Pam, for dinner, fellowship and the opportunity to Capture the District Traveling Lion from the White River Junction host club.

While the NLC's capture of Sir Charles was announced during the meeting, when the numbers were validated and the rightful winner identified, Sir Charles was already traveling South I-91 with King Lion George Norfleet toward his rightful new home at the Springfield Club .



Club News

Vision Screening Equipment Available

The consortium of the Arlington, Bennington and NorShaft clubs have completed screening all available children in our area – 2,902 children at 29 sites!

The equipment is now available to move on to another club. If your club is interested in taking on this project, please contact Phylis Porio @ 802-442-0380 or norshaftlions@aol.com.

We'll be happy to come train your club.

It's been a great experience with some wonderful feedback from very appreciative parents. Every club should consider taking on a Vision Screening Project for their area.

Vermont Lions Charities Special Election Warning

There will be a special election held at our March 13, 2016 Cabinet Meeting for the positions of President and Vice President of Lions Charities.

Phylis Porio has resigned as President of Vermont Lions Charities effective March 14, 2016.

PDG Stan Patch, currently Vice President of Vermont Lions Charities, has indicated his interest in running for the position of President. If elected, the position of Vice President which he would be vacating, will need to be filled.

Qualifications for both those position are the same as for someone wishing to be a District Governor, namely they must have served as a President of their club and as a Zone Chair.

Club News

Brandon Forest Dale Lions Club

The Brandon Forest Dale Lions (Patti Reynolds, Burt Reynolds, Evie Reed, Peanut Reed and Sandy Brutkoski) went to the Neshobe Elementary School on Feb. 12, 2016 and collected about 500 items from the 5th and 6th grade students, who had done a week long collection. We delivered the items to the local Food Shelf.

Lion Sandy



Whitingham Lions Club Help Needed!

Lion Don has brought it to our attention that the bottle and can collection station at the Whitingham Dump has become a serious embarrassment for the Lions Club. Jen Betit-Engel has been AWESOME bringing the cans to be re-cycled, however, right now she needs help. Jen is over committed between both of her businesses, the children and her Dad (Lion Steve) health situation.

WE NEED VOLUNTEERS to help sort and bag up the cans for her. We need a committed group to raise their hands to help out.

Please contact me at 802-368-2559 or Doris by e-mail.

Thank you so much!

Debbie Cox

President

Orleans Lions Club

Orleans Lions Club has busy weekend on Feb 6th * 7th. We held an extremely successful youth basketball tournament over that weekend for girls and boys teams for our local elementary schools. There were 6 girls teams and 6 boys teams that participated. The tournament was held at Lake Region High School and the place was packed for the entire weekend. What great exposure for our Club.



We also used this time to collect food for the local food shelf as part of the District's 'Food from the Heart' campaign. We collected and estimated \$250 worth of food and \$58 of cash donations for the Food Shelf. There were a total of 16 Lions who participated in this event over the weekend with a total of 116hrs of time committed.

Yours in Lionism,

Lion Secr. David Bolduc
Orleans Lions Club

Heartland Lions Club

Love at First Sight was held on Saturday, February 13 with dinner and dancing. The winner of the Grand Prize, \$1500 travel voucher from Wheelock Travel was Lion Chrissy Jamieson from Strafford. Congratulations to Lion Chrissy. Many thanks to everyone for helping make this a successful fundraiser. The club is now looking forward to selling roses in March and then May they are planning for the Walk-A-Thon. Be sure to watch the Communique for more details. They also looking to bring home Sir Charles!

Lion Carol A. Greene

Club News

Essex Junction Lions Club

Lions Erin Connors and Carmelle Terborgh unload 1,200 pounds of food at the Heavenly Food Pantry that was collected on February 13th at Kinney's and Mac's Market. Over \$600 was collected as well. Thank you to the businesses and the community.

Photo by Lion Betsy MaGee



Food From The Heart Food Drive



The food drive netted 415 pounds of food and non-food items and \$150 in donations. I think this was pretty good considering the temperature that day. I want to thank Lion Joe, Randy, Carolyn, Ken, Albert Perry, Tim, Dale and Jeremy for helping out with the food drive

Thank You Lion Arkie

Vergennes Food From The Heart

Despite temperatures in the single digits and wind chills much colder than that, The Vergennes Lions in cooperation with a local Cub Scout pack collected 60 boxes of food and \$489 from 3 locations in Vergennes and Bristol for Food from the Heart on Feb 13th. This was our most successful drive ever.



Bennington Food From The Heart



The Three Amigos!

Chuck Burkins, President, Vergennes Area Lions

Member News

Dear Lions:

My name is Retha Charette and this year I'm turning 30 years old and I'll be celebrating 25 years as a member of the Girl Scouts; To celebrate I'm going on an epic adventure to hike the Salkantay trek to Machu Picchu. In addition, I'll be going white water rafting with a group of young women from an organization called Peruvian Promise. Peruvian Promise works to empower "young women and enables them to reach their full potential" by combining "enhanced educational opportunities along with mentorship and participation in service." I am writing this letter because I'm putting together The Celebration Project whose goal is to send 3 of the girls involved with Peruvian Promise to college.

Throughout the past 29 years, if one thing has been instilled in me is the need to serve my community. I've been in Girl Scouts since the age of 5 and as a result have been doing my best to make the world a better place ever since. I have done countless community service hours and projects and there is no end in sight. Most recently, I have been volunteering with Southshire Roller Derby and I joined the Manchester Lions Club late last year. The Celebration Project will allow me to help serve the global community and celebrate my milestones by helping others.

In order to reach my goal of sending 3 girls to college I need to raise \$6,500. While this is a large sum of money feel that with the support of the community it is achievable. I am reaching to ask for your assistance in making my birthday wishes come true by donating to The Celebration Project. Every contribution helps in making the difference in the life of a young woman and here is how you can contribute:

- Search The Celebration Project on crowdrise.com it is listed under fundraisers
- Go to: <http://www.peruvianhearts.org/whatwedo/peruvian-promise/> and click donate, under "where do you want your donation directed" click program and a new box will pop up, click Peruvian Promise. In notes please write my name, Retha Charette and The Celebration Project so they know it is for my fundraiser.
- Mail me a check made out to: Peruvian Promise with Peruvian Hearts on the notes line. Mail it: 191 Mill Brook Road Sunderland, VT 05250

I would love the opportunity to come to one of your services to briefly speak with you all about The Celebration Project, my adventures and how I make the world a better place. If you are interested in having me speak or would like to contribute to my cause in any way please contact me either by phone at 508-317-2062 or via e-mail at retha.charette@gmail.com



All the Best,

Lion Retha Charette

P.S. Feel free to like my page, The Celebration Project, on facebook for updates on the project.

Vermont Lions Screen over 10,000 !!



Vermont Lions Vision Screening Reported as of 1/16/2016

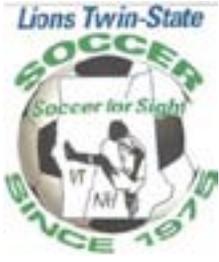
Reporting Club/Area	Sites	Screened	Referred
Arlington, Bennington, NorShaft	29	2,902	323
Barre	13	1,499	149
Castleton	9	1,469	177
Colchester/Essex Junction	3 +	400	
Manchester/NorShaft	3	541	41
Springfield	35	3,975	292
Totals:	92 +	10,786	982

Club News

The Manchester Leos

FUNDRAISER FOR GREEN MTN. LIONS CAMP
get yourself a Leo's tee-shirt for a good cause!
The Leo's have supported the Green Mtn Lions camp
since the beginning!
GET YOURS TODAY

<https://www.booster.com/manchester-leo-club-t-shirt>



Lions Twin State Soccer Association, Inc.

Try- outs are over and the teams of High School Senior Soccer men and women are in the process of being established. It looks like schools all over the two states will be represented. Sponsorship and Ad letters are in the mail. There may be a player in your town that you would like to sponsor. You could invite that player to speak at a club meeting to tell you about the experience of being on the LTSSA team.

LTSSA Directors are as follows:

Year	44N	44H	45	
2016	Brent Crowder Richard Gray PDG Alan Ricard	Jerry Vaccaro Marilyn Vaccaro Ann Mason	PDG Ken Millay David LaRose Bruce Savery	PDG Betsy Magee Donald Lane
2017	Tom Royce, IPP PDG Don Potter PCC Tom Geno, VP	Jeri Maynard Open Open	John Sprague PDG Stanley, Patch, Jr. Odillon LaRoche	Rick Bingham Debbie Ankuda
2018	PDG Henry McKee Ray Dodge Cheryl Powers	Paul Pearsall (44N) Open Open	Robert Brault Pat Ankuda Open	Open Open Open

We would like to fill all the open spaces with dedicated Lions who are interested in serving on the board. All Lions are welcomed, and if you would like to attend a meeting you should make reservations by contacting Director Cheryl Powers at LionCherylPwrs@aol.com or by phone at 603 768-3617 by the Tuesday prior to the meeting. Below is the meeting schedule of 2015-2016 Lion year.

Meeting Schedule:

Wednesday, January 27, 2016: Directors meeting, Elks Lodge, Lebanon @ 7:00 p.m.

Wednesday, February 25, 2016: Directors meeting, Elks Lodge, Lebanon @ 7:00 p.m.

Sunday, April 03, 2016: Players Banquet, Elks Lodge in Lebanon @ 9:30 a.m.

Wednesday, April 27, 2016: Executive Board, 68 Jack Wells Road, Danbury @ 6:00 p.m.

Wednesday, May 25, 2016: Directors meeting, Elks Lodge in Lebanon @ 7:00 p.m.

Wednesday, June 29, 2016: Directors meeting, Elks Lodge in Lebanon @ 7:00 p.m.

Thursday, July 14-16, 2016: LTSSA Soccer Camp, Castleton State College, Vermont

Saturday, July 16, 2016: Directors meeting, Castleton State College, Vermont

Saturday, July 16, 2016: LTSSA Soccer Game, Castleton State College, Vermont

"Soccer for Sight and Hearing"

CASTLETON LIONS 13th. ANNUAL FISH FRY

When: Sunday, March 13 , 2016

Where: TRAK-IN, Route 30, Lake Bomoseen

Special note: There will be (2) different settings:

Social hours: 1:00 - 2:00 p.m. & 4:30 - 5:30 p.m.

Dinner: 2 - 4 p.m. & 5:30 - 7:30 p.m.

(featuring raffles & auction)

MENU: Fish chowder, assortment of fish(perch, trout, bass, crappie & smelt), baked potato, green beans, rolls & desserts(homemade pies) & coffee. Special note: chicken strips also available.

COST: \$15.00 per person. Reservations required!!!

Special note to area fishermen & local dealers. Per usual, we seek your help in making this event a success. We will need some of the fish that you catch.. perch, trout, bass, crappie, some northern pike and smelt. As we have done in the past, we will gladly clean them and prepare a meal fit for one and all. To donate, please call Lion Stan Patch, Jr. at (802)468-5001 and he will arrange for pick-up and yes, please remember that your donations will assist the Lions in assisting others. Special thanks!!!!

.....clip and mail for reservations.....

**CASTLETON LIONS ANNUAL FISH FRY
TRAK-IN - SUNDAY, MARCH 13, 2016
RESERVATIONS REQUIRED**

Name.....

Address.....

.....phone number.....

Setting(please check): 1:00 p.m. _____ 4:30 p.m. _____
dinner to be buffet style; 2:00 p.m. & 5:30 p.m. _____

Number attending _____ at \$15.00 per person, amount enclosed _____

Send to: Lion Stan Patch, Jr., P.O. Box 2, Castleton, Vermont 05735.

Speak Out Contest

Speak Out Contest 2015-2016

For juniors and seniors

Sponsored by the



**And Vermont District
45 Lions**

Topic: "DIGNITY. HARMONY. HUMANITY."

Time: 5 to 7 min.

NOTE: This is a three level contest. The winner of our local Contest will advance to participate in Regional if necessary. Finalists go on to the State Level Contest which will be held on March 12, 2016, at the Brandon Inn; Route 7, Brandon, VT.

The Local Contest will be held at a Lions Club Meeting on: _____, 2016.

Lions Meet at: (_____)

JUDGING CRITERIA: Address Theme.....20pts.
Development of Theme.....50pts.
Expression and Delivery.....30pts

Each Judge may direct one question on the subject to the speaker at the conclusion of the speech.

PRIZES!

LOCAL CONTEST

1st Place:

2nd Place:

3rd Place:

Possible Regional Contest: To Be Determined if necessary

STATE FINALS!

1st: \$300

2nd: \$150

3rd: \$75

4th or more \$ 25

CONTACT PERSON: LION



Speak Out Contest

Please note the date change to MARCH 12, 2016 (from March 20, 2016)!

2015-2016 SPEAK-OUTCONTEST
“DIGNITY. HARMONY. HUMANITY”
March 12, 2016 Brandon Inn, Brandon, VT

SPEAK-OUT INFORMATION:

Included is an example of the Brandon-Forest Dale-Pittsford Lions Clubs Speak-Out Contest form (example of two clubs that work together from a union school).

1. Your clubs form to fill in your information on.
2. Judging form.
3. International President’s message on the theme of the contest, go to www.lionsclub.org .

THINGS TO DO IN SEPTEMBER AND OCTOBER:

1. Assign a Speak-Out Chairperson in your club.
2. Find a contact person, preferably at the (High School): the head of the English Department or a Guidance Counselor are excellent options. Also, local 4-H and Scout Group Leaders, etc.

Speak Out Contest

3. Your club will need to set a local contest date, amount of prizes, location of contest and list your chairperson person on the bottom of your form. Fill in and make copies including the judging form and the International President's message to give to your contacts. They in turn can make copies for the student's that are interested in participating. Doing this from Word Documents makes an easy option for sending info easily.

THINGS TO DO BY YOUR FIRST MEETING IN JANUARY:

1. Please contact me if your club is going to be participating in the Speak- Out Contest and give me the date of your local contest.

A Regional Contest may be necessary but the District tries to accept all participants if possible.

2. PLEASE HAVE YOUR LOCAL CONTEST AT ONE OF YOUR JANUARY MEETINGS, AN EARLIER IS FINE ALSO.

3. Send me the results of your Contest along with the number of guests (family members) your winner will have with them at the District Contest in March.

Speak Out Contest

4. Clubs usually offer the winner of their local Contest the opportunity to give another speaking performance before the State Contest or Regional one if necessary; giving helpful ideas to improve his or her performance.

5. The District 45 final will be held at the March 20th Cabinet Meeting at the Brandon Inn, in Brandon, VT.

6. The District covers the costs of all contestants' meals at the Cabinet Meeting, please let me know the total number of guests that will be attending the Contest so that the meals and tables needed are provided by the restaurant. Meals of any guests of the contestants' are covered by the clubs that invite them and should be paid by the club when they check in at the Cabinet Meeting.

7. The District also covers the meals of each club Speak Out Chairperson.

Thank you and good luck, hope to see you in March!

Lion Jackie Dutil, Speak-Out Contest Chairperson

jdutil775@comcast.net, 802-247-3490

Lion Connie St. George, Speak-Out Co-Chairperson

sunsetcarpentry1@juno.com, 802-352-4686

Speak Out Contest



DISTRICT 45-LIONS OF VERMONT SPEAK OUT CONTEST 2015-16

“DIGNITY. HARMONY. HUMANITY.”



Duration of Speech	LESS THAN	FIVE MINUTES	5-7 Minutes Required	Total Time	Total Points
Addressing the Theme (20 Points)	Effort made to address the Theme was lacking in quality (0-4 Points)	Good effort was made to address the Theme (5-10 Points)	Very good effort was made to address the Theme (11-19 Points)	Outstanding effort was made in addressing the Theme (20 Points)	
Developing the Theme (50 Points)	Effort to develop the Theme was lacking in clarity & organization (0-24 Points)	Good effort was made to develop the Theme (25-39 Points)	Very good effort was made to develop the Theme (40-49 Points)	Outstanding job was done of developing the Theme (50 Points)	
Clarity & Expression (30 Points)		Good effort of expressing the points being made – relatively confident in presentation (1-14 Points)	Very good effort of expressing the points being made – shows confidence in presentation (15-24 Points)	Excellent effort of expressing points being made – very confident & dynamic in presentation (25-30 Points)	
Name					Total Points

Editor's Corner

A note from the Editor:

Please follow these simple steps to ensure that your information will be properly included in the Communique.

1st: When sending correspondence to be included in the Communiqué, please put '**For Communique**' in the subject line of the email. Emails to communique@d45lions.com are received by several Lions and we need to be sure that it is directed properly.

2nd: A quick Marketing 101 reminder: Be sure to include the 5 W's. Who? What? When? Where? Why? and How? when sending information for inclusion in the Communiqué.

For example (and a shameless plug!): (Who)The Manchester Lions Club will be hosting (What) the Maple Leaf Half Marathon, a Top Ten Fall Event, on (When) Saturday September 12, 2015. (Where)The event begins at ends at the Dana L. Thompson Memorial Park, 340 Rec Park Road, Manchester, Vermont. (Why)Monies raised from the event are donated back to the community in the form of scholarships and donations. (How) For more information or to register please visit our website at <http://034f962.netsolhost.com/mapleleaf/>

3rd: Start advertising your event months in advance. Don't wait until the September Communiqué to promote a September event. Send the information as early as possible. I'll get it on the calendar and begin promoting it for you.

Lastly: Please submit items in one of the following formats: PDF, Word, or JPEG. Requests written into the body of an email require additional formatting in InDesign (the Adobe program being used to create the Communique each month). Please help me get the Communique posted on time each month by submitting items early and in the proper format.

All information/photos MUST be received by the 20th of each month.