

The Communiqué

**District 45 – Vermont Lions Charities
In Lionism, In Service, In Friendship**

September 2013

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Vermont Lions Charities
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Send articles to the Communiqué Editor by email if possible. Snail mail will still be accepted. The next issue will be Oct 1; the deadline is September 20 for all articles, announcements, photos or ideas for articles. Email to: Communique@d45lions.com

Tommy Walz Writes:

From Canaan to Whitingham, from one end of our state to the other, Lions are kicking it into high gear as we approach the end of the summer. I urge all Lions to check the calendars of events posted in the communiqué and on the web site (www.d45lions.com) for club anniversaries, service projects and fundraisers. And then go lend a hand or join in.

It's a great deal of fun to work with other Lions and we are all stronger for it. We Reach Out.

Thanks to all for a very good cabinet meeting in Chester. We had a count of 64 at roll call, which puts us ahead of our goal of bettering attendance at district meetings by at least 10%. However, I am still disappointed that some relatively nearby clubs did not show up.

Don't take my word for it; ask someone who was at Chester. I think he or she will say it was informative, helpful and fun. Then come to Montpelier on Oct. 19 to see for yourself.

On the night before the cabinet meeting, a small group of us held a community meeting to help revive the Chester Lions, who were down to two members. As a result, one person signed up that night and another the following morning. We've identified some activities to raise Lions' visibility in Chester, pick up some needed funds and to serve the community. A follow-up meeting has been scheduled to keep the ball rolling. Thanks to 2nd VDG Pam Nichols and GMT Coordinator Rob Keith for their work in organizing the effort and to Zone Chair Joe Wilson and other Springfield Lions who have offered to help us.

(Continued on page two...)



In This Issue:

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(Tommy Walz Writes continued from page 1)

Please stay tuned to the Chester effort. If it succeeds, we will have a model to use with other clubs that need a boost. And just maybe you can go to Chester to help out with a service project or fundraiser.

My club visits are underway. By the time you read this, I will have been to Heartland, Arlington, and Readsboro, and of course, Chester.

Coming up:

Sept. 3 Orleans

Sept. 18 Troy and Area

Oct. 1 Norshaft

Oct. 15 Marble Valley

I don't have an exact count yet, but over 120 people, not all Lions, are participating in our Sept. 19 Red Sox fundraiser for Vermont Lions Charities. There is still some room on the buses that will be leaving from Castleton and Burlington. Contact PDG Stan Patch for a seat on the Castleton bus and me for one on the Burlington bus. It should be a good time.



Whitingham-Halifax Lions are spinning their Wheels ...for Meals!

The Hungry Lion Bike Tour returns for a second year to Southern Vermont's Deerfield Valley on Saturday, September 28th. Cyclists will enjoy our amazing fall foliage while raising funds to help end hunger in Southern Vermont. This year's tour includes three routes: a 32 mile "tour," a 55 mile "flyer," and a 75 mile "challenge." And each ride is designed to challenge both new and experienced cyclists.

How did the Hungry Lion come about?

Last year, several of the members of the Whitingham-Halifax club discovered that they all loved bicycling. They had raced, bicycled across North America, lead inn-to-inn trips for Vermont Bicycle Touring, and even bicycled in fundraisers. This inspired a solution to the problem of how to fund the club's largest expense, the holiday food baskets project. Lion Joe Specht took the Lion by the tail and came up with the solution: hold a fall foliage bike tour and have friends sponsor the riders. To draw the maximum amount of cyclists, Lion Joe and his committee planned extra incentives. For instance, at the mid-ride rest stop in beautiful Zoar, Massachusetts, picnic benches await the riders with loads of high-energy food, thanks to The Richards Group's (an insurance and financial planning company) funding to the tune of \$500.00. When riders return to Town Hill in Whitingham, a massage therapist is there to help overcome any aches and tension. And while waiting their turn, each rider gets to refill their calorie deficiency with a delicious barbecue, prepared by fellow Lions. *(continued on page 3)*



Whitingham-Halifax Lion Nancy Caldwell enjoys a brisk fling on her bicycle, while wearing her District 45 vest.

(Hungry Lion Bike Tour continued from page 2)

Finally, participants –including those who have fundraised the most – are given many great donated prizes at the concluding ceremony, including gift certificates to local eateries, cycling apparel, and even lift tickets to Mount Snow.

So, what is the meals part of the equation, and where do the funds go?

For many decades, the Whitingham-Halifax Lions have taken care of their neighbors in need during the holidays. The club began by delivering hot meals at Christmastime. But one meal certainly fell short of the need. So now, the club partners with the Vermont Food Bank to buy literally tons of food at the lowest possible cost. On the Saturday before Christmas, club members stalk the valley like Lion Santas. They deliver reusable grocery bag after overstuffed bag to families most in need – folks out of work, or victims of illness or accidents, or seniors.

The Lions Holiday Baskets program is a totally heartwarming experience for giver and recipient alike, and makes a huge difference to help vulnerable people over the early winter hump, filling their cupboards with essential foods that will last for weeks.

After Hurricane Irene devastated the area, the Lions brought the Deerfield Valley Rotary, an equally strong club, on board – and with that outreach, the club effectively expanded coverage to ten surrounding towns. Many people are still not aware that hunger and food insecurity are a fact of life for 12% of Vermonters. And it takes all hands on deck. Today, “We Serve” over 400 individuals most in need, locally. As Whitingham-Halifax Lion Mark Hanna was quoted in the January 2011 Lions Communiqué, “Every year the demand goes up, and every year we meet it.”

Financial donations are critical!

All this takes money. The club has been fortunate to have a great benefactor, TransCanada, which funds the event with up to \$2,000 each year. But, given the need, that doesn’t go so far anymore. To help make up the expanding need, the 2012 Hungry Lion raised in excess of \$4,000. This year, with help, the Lions hope to increase that amount 50%.

Please join in, and spin your own wheels!

People need not pedal to participate. Sponsor a Lion, or just sponsor the event. Make others – especially cyclists – aware of the Hungry Lion by sharing the website. But if you can pedal 32 miles or more, please join us for scenic foliage riding on country back roads – and some Vermont Lion camaraderie.

To learn more about the event, Please visit www.hungrylionbiketour.com, watch the video there, visit the Tour’s FaceBook page, or follow on Twitter at @HungryLion2013.

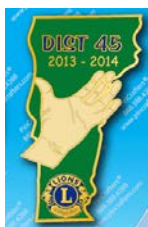
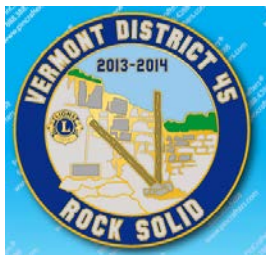
Pre-registration via the website is encouraged.

Nowadays, the Whitingham-Halifax Lions have two unique events that really get the club pumping: the Hungry Lion in September as well as the Holiday Baskets each December. And each puts an invigorating spin on being a Lion.



Pin Prices

I have the district pin, "Rock Solid" and the personal pin, "We Reach Out." We've decided to offer them for \$3.00 apiece or both together for \$5.00.



I also have some of PDG Sherry Lee Juairé's and PDG Steve Simpson's pins and will offer them for \$2 apiece.

The pins will be available for purchase at the cabinet meetings, and could also be at zone meetings if so desired. Buying a pin supports the district, and I encourage Lions to pitch in.

If a club wants to order a quantity of them, please let me know.

Vermont Lions Charities Annual Meeting

The 20th annual Vermont Lions Charities meeting will be held as part of District Governor Tommy Walz's Fall Conference, **Saturday, October 19th at the Capitol Plaza, Montpelier Vermont.**

Business to be conducted is to include, but not limited to, the election / vote for the Treasurer's position, for the term of 1/1/2014 - 12/31/2016.

If you have any items to be discussed, please do not hesitate to contact VLC President, VDG Ken Emery at 802.578.7483 or 1stvdg@d45lions.com



Calling for help from District 45

The Arlington Lions Club is trying to get themselves, as a club back, on their feet. Their Lions Park (especially their storage building where they kept all their equipment for cooking purposes) was extremely hit hard by Hurricane Irene, and two years later, the club is still struggling.

Arlington Lions Club Wish List

They lost their tables, chairs, and kitchen and office furniture and appliances for their building. "Cooking" at local community events was one, if not, the major fundraiser for them. Any items a club has available to donate will assist in their recovery efforts (monetary donations welcomed too!!) Please contact King Lion Mary Kerner at 802-681-3716 or any Arlington Lion to arrange for delivery/pickup or for more information.

The St. Johnsbury Area Lions Club will be participating in the Walk to End Alzheimer's, on Sunday, September 8, 2013.

Registration 9:00am at St. Johnsbury Health and Rehabilitation, Hospital Drive, St. Johnsbury. Walk begins at 10:00am. Lions will be helping with registration, handing out water, cooking and serving lunch for walkers and volunteers. The St. Johnsbury Town Band will play during lunch.

Reminder!! Secretaries please send M&A and M&R reports to:

District Governor Tommy Walz dg@d45lions.com
1st VDG Ken Emery 1stvdg@d45lions.com
Zone Chair
Global Leadership Team Coordinator PDG Steve Simpson sjsimpsonvt@gmail.com
CS Betsy MaGee cs@d45lions.com



“Speak Out ‘14”

Speak out: (verb) to express one's opinion openly and without fear or hesitation

Welcome to “SPEAK OUT ‘14” the D45 Public Speaking contest open to all 11-12-grade students in the great state of Vermont. With DG Tommy Walz and IP Barry Palmer we are “Reaching Out” and “We Have A Dream” involving a large number of the 11th & 12th graders in this D45 Opportunity for Youth.

Our Dream:

Every Club in D45 hold a “Speak Out ‘14” Contest

We promise to give you all the information needed to “get ‘er done.”

D45: We provide the INFO & GUIDANCE

LIONS CLUBS: You provide a few leaders and support teamwork

This program has great potential for spreading the Lions message to our schools and out into the whole community. Does it sound like a “Dream” to want a contest in every club?

If you have been to a local contest and witnessed the interaction between the Lions and everyone else, you have seen the potential value of this program.

This is a great “GROWTH” program for us all. It will help us grow in leadership in the community, it will help us grow in our relationships with youth, parents and schools, it will help us become more comfortable on our feet as we speak publicly...there are many benefits to be gained by us all.

Should we be so successful as to have a contest in every club, we might have to have Region/Zone contests to decide who will be attending the finals at Spring Convention in March.

The Plan:

A handout with the information for PLANNING and SETTING UP a contest will be emailed as an attachment to ALL CLUB SECRETARIES and will be available by download on the D45 WEBSITE (coming soon).

It is important to start early this year. Success depends on ESTABLISHING CONTACT IN LOCAL HIGH SCHOOLS and getting to know a TEACHER with whom you can partner during this process. This partnership is critical to having a “SPEAK OUT ‘14” CONTEST hosted by your club.

The Lions effort to “Reach Out” to the schools and Home School students is a critical part of the success. Plan your approach; know the “game plan” and “Follow Your Dream” and we will have a terrific “Speak Out ‘14.”



PID Tom Broughton auctioneer for Vergennes Lions Club Annual Auction and D45 Lions Webmaster, Chuck Burkins



Heartland Lions Club

In June 2012 Heartland Lions Club lost a valuable member Lion Martin Adams. Lion Martin was active in the club, and was also a loyal supporter of athletics. The family is gathered with members of the club in front of the score board at South Royalton School, Alumni Field which was donated in memory of Martin Adams. Photo and text submitted by Lion Carol Greene, Secretary.



Barre Heritage Days Parade

Lion Judy Cookson and Lion Rick Theken leading the Lion Float with the Barre Banner.

Below is Guest walker Dan Norris, Supervisor for Adult Services for the Vermont Assoc. for the Blind and Visually Impaired who is blind.



Photos submitted by Lion Rick Theken

Dates to Mark on Your Calendar

September 2013	
3	District Governor Tommy Walz to visit Orleans Lions Club
5	Region 3 Traveling Lion capture date Currently at the Readsboro Lions; capture date, Monday, September 9. Meeting location: Readsboro Lions Park, Readsboro. Time of meeting: 7:00 PM. To those traveling, numbers need to be called in by Thursday, September 5. Contact person: Lion Anna Bolognani @ 423-5613, rebolibrary@hotmail.com
8	The St. Johnsbury Area Lions Club will be participating in the Walk to End Alzheimer's , Sunday, September 8, 2013. Registration 9:00am at St. Johnsbury Health and Rehabilitation, Hospital Drive, St. Johnsbury. Walk begins at 10:00am. Lions will be helping with registration, handing out water, cooking, and serving lunch for walkers and volunteers. The St. Johnsbury Town Band will play during lunch.
10	Region 2 Traveling Lion capture date Currently at the Bennington Lions; Meeting location: Bennington Station, Depot St., Bennington. Time of meeting: 6:30 PM. To those traveling, numbers need to be called in by Friday, September 6. Contact person: PDG Adrian Lane @ 442 8865, gradeteacher4@yahoo.com
18	District Governor Tommy Walz to visit Troy and Area Lions Club
23	Region 1 Traveling Lion capture date Currently at the Jericho-Underhill Lions; Meeting location: Underhill Town Hall, 12 Pleasant Valley Road, Underhill Center. Time of meeting: 7:00 PM. Numbers need to be called in by Friday, September 20. Contact person: Lion Cindy Berg @ 899-4701, cindyb13@comcast.net
28	Whitingham-Halifax Lions Hungry Lion Bike Tour to raise money for the local food shelf and holiday food baskets. Cyclists will enjoy our amazing fall foliage while raising funds to help end hunger in Southern Vermont. This year's tour includes three routes: a 32 mile "tour," a 55 mile "flyer," and a 75 mile "challenge." To learn more about the event, Please visit www.hungrylionbiketour.com , watch the video there, visit the Tour's FaceBook page, or follow on Twitter at @HungryLion2013. Pre-registration via the website is encouraged. See full article on pages 2-3.
October 2013	
1	District Governor Tommy Walz to visit Norshaft Lions Club
2	Zone 2C Meeting Bennington - 6 pm - Jensen's Restuarant - Focus: Membership
4	The Barre Lions Club will be celebrating their 75th Anniversary with a dinner on Friday evening October 4 at the Barre Canadian Club. There will be presentations on the clubs' founders, the happenings in Barre in 1938, and a featured speaker on what it means to be a Lion. Save the date cards will be mailed soon, Contact Lion Rick Theken at 479-9002 for information.
5-7	NELC Melvin Jones Fellow Weekend Keene, New Hampshire
9	Zones 2A & 2B will be holding a joint Zone meeting on Wednesday, October 9, 2013 @ Cattails Restaurant, Brandon, Vt. Members of the following clubs are encouraged to attend: Brandon-Forestdale, Castleton, Marble Valley, Middlebury, Pittsford, Route 100 & Vergennes. Pre-registration is required. Clubs will need to contact, by phone or email, their respective Zone chairpersons by Wednesday, October 2 with the number attending from their individual clubs. For Zone 2A call or email Lion Ed Langlois @ 877-0098, edwardlanglo@gmail.com & for Zone 2B, call or email PDG Stan Patch @ 468-5001, stanandmamie@myfairpoint.net . Please note that Zone meetings are open to all club members.
14	District Traveling Lion capture date Currently at the Norwich Lions, capture date, Monday October 14 (this will be a joint meeting of the White Jct Lions & the Norwich Lions with an official visitation of DG Tommy Walz.) Meeting location: Shepard's Pie Restaurant (near Quechee Gorge, Route 4), time of meeting: 6:00 PM. To those traveling, numbers need to be called in by Thursday, October 10. Call or email: Lion Demo Sofronas at 649-1536, or demo.georgia@gmail.com
15	District Governor Tommy Walz to visit Marble Valley Lions Club
15	Big Dine Out Raffle Tickets Mailed by Oct 15th! VDG Ken Emery, 146 Eagle Park Dr., Colchester, VT 05446
19	District 45 Fall Conference The 20th annual Vermont Lions Charities meeting will be held as part of District Governor Tommy Walz's Fall Conference, Saturday, October 19th at the Capitol Plaza, Montpelier Vermont. This will include the 20 th annual Vermont Lions Charities meeting.

November 2013

30	St. Johnsbury Area Lions Annual Country Craft Fair at the Fieldhouse of the St. Johnsbury Academy from 10am to 3pm. Check the St. Johnsbury Area club website for more information and registration forms. Additional information is available from King Lion Patricia Johnston-McWilliams. Lunch will be available and a cookie walk will be held. Contact :King Lion Patricia Johnston-McWilliams at paddymac@kingcon.com
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Vermont Lions Charities

Fellow Lions of Vermont District 45,

The first meeting of the Vermont Lions year, 2013 - 2014, of Vermont Lions Charities (VLC), was held recently at the Cabinet Meeting in Chester.

A very strong discussion was held on how VLC can continue to meet the requests of Clubs of District 45 but also the keep up with the requests of residents of the State of Vermont that are without a Lions Club in their community. With the efforts of Lion Linda Eastman and Lion Carmelita Belisle, Co-Chairs of Vermont Lions District 45, and their assistants, Lions Connie LaPlumme of the Troy and Area club, Lion George Norfleet of the Springfield Lions Club and Lion Sally Wilder of the St. Johnsbury and Area club, we believe we will be able to handle the task ahead of us.

The board approved assistance for the Jericho Underhill Lions Club for a resident of need, reviewed a request for two other clubs for financial assistance of which both were tabled until more information was available. We also received a request from Lion Travis Lebel, co-chair of the Nellie Hart Memorial Award which was tabled until the October meeting.

At DG Tommy's Fall Conference, Saturday October 19th, VLC will hold its annual meeting. More on this can be found elsewhere in the Communique.

I want to bring to your attention the present fundraiser that VLC is hosting. The 'Big Dine Out Raffle'. By now, all club presidents should have received tickets for this year's event. Each region has at least 15 restaurants participating, which the grand prize winner will win all \$50 certificates for that region (estimated value \$750). There are approximately 30 \$25 certificates as second place winners.

Each ticket is \$20 a piece, 3 for \$50. If someone would like to purchase 3 tickets, they do not have to be all from one region. As part of this communique is a list of the restaurants per region. Drawing will be held at the Fall Conference so all purchased tickets must be returned to VDG Ken Emery (in the mail by October 15th) or in person at the Fall Conference.

If there are any questions, please do not hesitate to contact myself or anyone of the VLC Board members.

Yours in Lionism,
VDG Ken Emery

Coming Soon!!

Fall Conference will be held on the weekend of October 19th. Final preparations are still being made at this time. Please hold the date and watch for the registration forms in the next couple weeks.

D45 Traveling Lions

District 45 has a long standing contest called the District 45 Traveling Lion Contest.

For new Lions (or anyone who's interested), I'll summarize*: The idea of this contest is to capture the Region Lion or District Lion. That Lion (it's actually a very cute and cuddly stuffed lion toy) is held by the last club to win it (this club is called the Host Club). To capture that Lion, another club from the Region (in the case of the Regional Lion) or the District sends its members "traveling" to the Host Club on a date specified by the Host Club. Each traveling club gets points which are calculated taking into account the size of the traveling club, the number of traveling members, and the distance traveled. The traveling club with the most points takes home the Lion, becoming the Host Club in turn.

** AHEM: The above description is not THE RULES and shall not be construed to be THE RULES. THE RULES are on page 70 of the District 45 Directory and Handbook. Void Where Prohibited. Not Safe to Eat. You Have Been Warned.*

Here's the current status and location of the District Traveling Lions.

The District: Currently at the Norwich Lions, capture date, Monday October 14 (this will be a joint meeting of the White Jct Lions & the Norwich Lions with an official visitation of DG Tommy Walz.) Meeting location: Shepard's Pie Restaurant (near Quechee Gorge, Route 4), time of meeting: 6:00 PM. To those traveling, numbers need to be called in by Thursday, October 10. Call or email: Lion Demo Sofronas at 649-1536, or demo.georgia@gmail.com.



Region 1: Currently at the Jericho-Underhill Lions; capture date, Monday, September 23. Meeting location: Underhill Town Hall, 12 Pleasant Valley Road, Underhill Center. Time of meeting: 7:00 PM. To those traveling, numbers need to be called in by Friday, September 20. Contact person: Lion Cindy Berg @ 899-4701 or cindyb13@comcast.net.

Region 2: Currently at the Bennington Lions; capture date, Tuesday, September 10. Meeting location: Bennington Station, Depot St., Bennington. Time of meeting: 6:30 PM. To those traveling, numbers need to be called in by Friday, September 6. Contact person: PDG Adrian Lane @ 442 8865 or gradeteacher4@yahoo.com.

Region 3: Currently at the Readsboro Lions; capture date, Monday, September 9. Meeting location: Readsboro Lions Park, Readsboro. Time of meeting: 7:00 PM. To those traveling, numbers need to be called in by Thursday, September 5. Contact person: Lion Anna Bolognani @ 423-5613 or rebolibrary@hotmail.com.

Region 4: The Region 4 Traveling Lion is laying low. She's being sought by the powers that be. If anyone knows which club is currently providing her food and board, please let the us know at either webmaster@d45lions.com or travelinglion@d45lions.com.

The Austine Green Mountain Camp committee wishes to thank the following clubs & individuals for supporting our annual camp budget. 92% of clubs contributed to budget! Awesome!

Lion Stan Patch, Jr., co-chair, A/GMLC

The list is in the order that your donation was received.

Contributor/Club Name	Amount
The LTSSA	\$6,000
Norshaft Lions	\$1,000
Lion Harry Curth	\$57
Springfield Lions	\$300
Castleton Lions	\$1,000
Marble Valley Lions	\$1,500
Orleans Lions	\$500
Barre Lions	\$250
Manchester Leo's	\$750
Manchester Lions	\$1,000
St Johnsbury Lions	\$750
Middlebury Lions	\$1,000
Essex Jct Lions	\$1,000
Vergennes Lions	\$750
Lion Roger Desabrais	\$83
Lions John Sprague & Phylis Porio & PDG Clem Cardina	\$15
Enosburg Falls Lions	\$1,500
Readsboro Lions	\$400
Border Lions	\$200
Hinesburg Lions	\$50
White River Jct Lions	\$200
Norwich Lions	\$1,250
Georgia Lions	\$300
Valley Lions	\$100
Strafford Area Lions	\$500
Brandon-Forestdale Lions	\$500
PDG Clem Cardinal	\$5
Lion Phylis Porio	\$33
Troy & Area Lions	\$1,000
Jericho-Underhill Lions	\$100
Pittsford Lions	\$500
Whitingham-Halifax Lions	\$250
Windsor Lions	\$100
Richford Lions	\$400
District 45 auction @ convention	\$360
Bennington Lions	\$1,000
Colchester Lions	\$250
PDG Stan Patch	\$300
IPDG Bob Wilcox	\$525
Derby Lions	\$500
Shelburne & Area Lions	\$300
Heartland Lions	\$100
Swanton-Missisquoi Lions	\$100
Lion Kathy Gallett	\$190



VERMONT LIONS CHARITIES, INC.

OPENING WINDOWS OF OPPORTUNITY FOR GREATER SERVICE

P.O. Box 266 ~ South Strafford, Vermont 05070

**** Participating Restaurants 2013 VLC Big Dine Out Raffle ****
(subject to change)

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Region 1		Region 3	
158 Main	Jeffersonville	99	West Lebanon N H
Apollo Diner	Milton	5 Olde	South Royalton
Arvards	Waterbury	Applebee's	West Lebanon NH
Bearded Frog	Shelburne	Athen's Pizza	Bellows Falls
Fields	Jericho	Chef Mie	Ludlow
Grand Buffet	Essex Jct.	Chester Country Girl	Chester
Hilltop Restaurant	Barre	Cool Moose Café	Ludlow
Jeff's Seafood	St. Albans	D J's Restaurant	Ludlow
Longhorn Steakhouse	Williston	Heritage Deli	Chester
McKee's Pub and Grill	Winooski	Joy Wah	Bellows Falls
Papa Frank's	Winooski	Killarney's	Ludlow
Richford Country Club	Richford	Ludlow Village Pizza	Ludlow
Sarducci's	Montpelier	MacLaomainn's Pub	Chester
Snowshoe Pub	Montgomery	Mr. Darcy's	Ludlow
Texas Roadhouse	Williston	New American Grill	Londonderry
The Abbey	Sheldon	Sam's Steakhouse	Ludlow
The Crossing	Richford		
The Inn	Montgomery Center		
Region 2		Region 4	
Antidote	Vergennes	Anthony's Diner	St. Johnsbury
Arlington Inn	Arlington	Bernie's	Montgomery
Black Sheep	Vergennes	Black Lantern Inn	Montgomery
Bobcat Café	Bristol	Cow Palace	Derby
Cattail's	Brandon	Danville Inn	Danville
Kelvin's	Rutland	Dylan's Café	St. Johnsbury
Lakehouse Pub and Grill	Lake Bomoseen	Eastside Restaurant	Newport
Park Squeeze	Vergennes	Gil's Bar and Grill	Westmore
Patricia's	Brandon	Goodfella's	Danville
Salt Water Cowboy	Rutland	Jay Village Inn	jay
Sheri's Café	Manchester	Le Belvedere	Newport
Starry Night	Ferrisburgh	Northland	Canaan
The Palm's	Rutland	Orleans Village Pizza	Orleans
The Publyk House	Bennington	The Spa	W. Stewartson N.H.
Trak-In	Lake Bomoseen	Tim's Deli	St. Johnsbury

Ticket Prices: \$20 a piece, 3 for \$50 (can be for any of the 4 regions)

Drawing to be held Saturday, October 19th, 2013 at Fall Conference, Montpelier

We're on Facebook! Make sure you "like" us!



Lions District 45 Website <http://d45lions.com/>

The District 45 Communique will be published each month and distributed by e-mail and published on the Lions District 45 website. Content should be e-mailed to communique@d45lions.com. Deadline for submitted for the next issue is the 20th of the preceding month.

To unsubscribe or update our contact list, please send us an e-mail.