



July 1, 2024

Thoughts from the District Governor,

As I sit here, I am reviewing the last two July Communiques to try and come up with an inspirational opening remark. Instead, I think I will just say “Thank you” to all the past district governors who have come before me. Thank you for bringing our district to where it is today. Yes, we’ve lost clubs, but we have created some new and more vibrant ones too. Membership has dropped, but we have enlisted new members who are committed to the work we all do to grow and improve our communities, protect our children, and provide service wherever the need may be. By using the commitment and ingenuity of our experienced Lions and enlisting the excitement and freshness of the new, younger membership, our PDGs have worked very hard and succeeded in setting the stage to establish a district of Lions that will pull together and work together to make our District one of the strongest and most effective in our region.

With that said, I promise to work with our clubs to continue increasing membership and establishing new and innovative clubs. The goal of 1.5 million members by July 1, 2027, is not impossible. With over 200 countries and thousands of clubs worldwide, and with District 45 poised to have a super year, I am convinced we can meet that challenge and even surpass it.

I have been a Lion for almost 30 years. I joined with the encouragement and “gentle persuasion” of PDG Ken Milay. It was one of the best decisions I have ever made. With my father a victim of macular degeneration, it seemed that Lions was the perfect fit for me to serve my community while honoring my dad in the most loving way. And so, with PDG Ken as my sponsor I joined Lions in December of 1995. In 2000, after serving on committees together with PCST Bruce and finding we both had a deep and committed relationship with Lions, we made our own commitment and were married on May 20, 2000, at the late PDG Clem Cardinal’s Spring convention. When people talk to me about being a committed Lion, they have no idea just how committed I am to this wonderful organization.

So, I look forward to serving this year as your District Governor with the commitment and pride I have served with for the past 29 years. I want you all to feel free to contact me by using my email [tallships53@gmail.com](mailto:tallships53@gmail.com) if you have questions, concerns or simply need to run a thought or two my way. I do not promise to have all the answers, but I do promise to answer your emails as quickly as possible and find answers if I can.

Thank you for supporting me and for serving District 45.

Yours in kindness and gratitude,

*District Governor Debra (Deb) Savery*

## ***Get to know your DG Team for the 2024-25 year:***



*Second Vice District Governor, Lion Andrew Perry (Essex Junction Lions)*

*District Governor, Lion Deb Savery (Springfield Lions)*

*First Vice District Governor, Lion Tanya Letourneau (Essex Junction Lions)*

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### **District 45 – Calendar**

Would you like to see your club highlighted?

Club news or articles due on or before the 25<sup>th</sup> of each month

Please email information to:

[communique@vermontlions.org](mailto:communique@vermontlions.org)

<b><i>Date</i></b>	<b><i>Hosts-Event</i></b>	<b><i>Location</i></b>
July 7, 2024	Fish Fry & Concert	Arlington Lions Rec Park Pavilion
July 13, 2024	Organizational Meeting	Springfield Area Parent Child & Training Center
July 20, 2024	Lions Twin-State Soccer	Hanover HS, Hanover, NH
August 3, 2024	1 <sup>st</sup> Forum & Cabinet Meeting	Springfield Area Parent Child & Training Center
August 3, 2024	1 <sup>st</sup> Annual Fore Education Golf Tournament	Arlington Lions Rec Park
August 9-11, 2024	SlamT1D Games	Little Fenway, 17 Sawmill Road Essex Junction, VT
August 13-16, 2024	Northeast Pin Swap	Comfort Inn, Rutland, VT
September 5-7, 2024	USA/Canada Forum	Louisville, KY
	USA/Canada Forum NELC Breakfast	Louisville, KY
October 11-12, 2024	NELC Weekend	TBD, Maine
November 8-9, 2024	Fall Conference	Delta Marriott Hotel, Burlington, VT
January 3-4, 2025	NELC Weekend	TBD, Connecticut
January 11, 2025	2nd Forum & Cabinet Meeting	Canadian Club, Barre, VT
March 15, 2024	3rd Forum & Cabinet Meeting	Dummerston, VT Church
May 16-17, 2025	NELC Weekend	TBD, Massachusetts
May 23-25, 2024	Spring Convention	Delta Marriott Hotel, Burlington VT

***District 45***  
**ORGANIZATIONAL MEETING**  
***Registration due no later than July 10,***  
***2024***

SPRINGFIELD AREA PARENT CHILD CENTER  
50 JACK AND JILL LANE  
NO. SPRINGFIELD, VT

JULY 13, 2024

***Agenda***

9:00am WELCOME AND 3 POINT OPENNING

9:30am DG DEB SAVERY MESSAGE

9:45am INTRODUCTION OF 2024-2025 CABINET

10:15am SERVICE PROJECT

11:15am 1VDG TONYA LETOURNEAU

11:45am 2 VDG DREW PERRY

12:15am OPEN DIALOG

12:30am LUNCH

THERE WILL BE A \$25.00 COST FOR THE ORGANIZATIONAL MEETING TO INCLUDE LUNCH.

CHECKS TO BE MADE OUT TO VERMONT DISTRICT 45 LIONS. REGISTRATION REQUESTED RESPONSE BY JULY 10.

REGISTRATIONS AND CHECKS TO BE SENT TO: CST JOHN TIHOLIZ – 100 MAPLE HILL RD,  
THETFORD CENTER, VT 05075.



# ORGANIZATIONAL MEETING

VERMONT DISTRICT 45 LIONS

OPEN TO ALL LIONS

## REGISTRATION FORM

DATE: JULY 13, 2024

TIME: 9AM – 12:30PM

PLACE: SPRINGFIELD AREA PARENT CHILD CENTER

50 JACK AND JILL LANE

NO. SPRINGFIELD, VT 05155

REGISTRATION \$25.00 INCLUDES LUNCH **DEADLINE IS WEDNESDAY  
JULY 10, 2024**

NAME: \_\_\_\_\_

CLUB AND POSITION: \_\_\_\_\_

DISTRICT POSITION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

# ATTENDING \_\_\_\_\_ \$ AMOUNT \_\_\_\_\_

**MAKE CHECKS PAYABLE TO VERMONT DISTRICT 45 LIONS**

**MAIL FORM WITH CHECKS BEFORE JULY 10TH TO: JOHN TIHOLIZ, 100 MAPLE HILL RD., THETFORD, VT  
05075**

**AUGUST FORUM AND CABINET MEETING**

REGISTRATION FORM  
SPRINGFIELD AREA PARENT CHILD CENTER  
50 JACK AND JILL LANE  
NO. SPRINGFIELD, VT 05155

SATURDAY, AUGUST 3RD, 2024

NAME: \_\_\_\_\_  
CLUB: \_\_\_\_\_  
CLUB/DISTRICT TITLE: \_\_\_\_\_  
EMAIL: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CONTACT #: \_\_\_\_\_

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8:30 to 9:30 – coffee and light breakfast  
9:00 to 10:00 – VLC meeting  
9:00 to 10:00 – Portal information  
10:00 to 11:00 – Plusoptix information and training  
11:00 to 11:45 --- Service project  
11:45 to 12:00 – break  
12:00 to 1:00 – lunch  
1:00 to 3:00 – cabinet business meeting  
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Registration cost: \$25:00 includes lunch  
REGISTRATION due no later than July 27th

Any questions, please contact DG DEB or CST John Tiholiz

MAIL FORM WITH CHECKS BEFORE JULY 27<sup>th</sup> to  
JOHN TIHOLIZ, 100 MAPLE HILL RD., THETFORD, VT  
05075



Follow VERMONTLIONS45 ON Instagram



Instagram is a photo and video sharing social networking service owned by Meta Platforms. It allows users to upload media that can be edited with filters, be organized by hashtags, and be associated w...

**To follow someone on Instagram, you need to:**

1. Open the Instagram app.
2. Tap on the search tab (magnifying glass).
3. Type the name or username of the person you want to follow.
4. Tap on the user's name in the search results.
5. Tap the Follow button on the user's profile.

**Following someone on Instagram** means that you will see their posts on your feed, and you will have access to view their profile. You can direct message these users, but if they do not follow you back they may have to approve the message before responding.



## Club News:

### Essex Junction Lions

#### Essex Junction Service Project



#### Hygiene Kits for the Vermont COTS Daystation

100 hygiene kits were made and donated to the Day Station

In these kits were:

- 1x shampoo
- 1x conditioner
- 1x bar of soap
- 2x razors
- 1x first aid kit
- 1x toothbrush and toothpaste

The service project was assisted by members of Zone 1B as well as 2 non-Lion guests

In total it took us 15 minutes to pack these 100 bags and we plan on packing 225 more at our business meeting on June 12 if anyone is interested in assisting.





## Arlington Lions

Our club keeps growing with amazing people, and we are being recognized for the work we do! The new member induction ceremony was a fun evening for all. Most exciting, at the recent state convention, Jeanne McDermott received the District Service Award, presented by District Governor Travis Wood. Congratulations Jeanne, we are so proud! And, Arlington Lions were named Vermont Club of the Year! Thank you, Arlington, for your support of the Lions!



**"Peace, Love and Understanding"**  
is the theme for the  
**2014-15 Peace Poster Contest**





## Heartland Lions

Heartland Lions held their first pancake breakfast, with funds raised toward the handicapped swings for the towns of Royalton, Sharon & Tunbridge. It was a success and likely to take place again. Thanks to all for their support!





## Windsor Lions

Windsor Lions hosted a food drive at Price Chopper in Windsor, VT for their local food pantry – it was a great day!

These donations made a real impact on the lives of others.



Congratulations to DG Deb Savery and the rest of New England District Governors on the completion of their training in Melbourne.





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What does it mean to Make Your Mark? It means stepping up in our clubs and our communities and changing lives. It means amplifying the voices that may go unheard. It means showing the world that Lions care and we are here to stay.

Fabrício Oliveira

2024-2025  
Lions International  
President



Full list of Upcoming Lions Convention:

2025 - Mexico City, Mexico

2026 - Hong Kong

2027 - Washington D.C.

2028 - Singapore

2029 - Minneapolis, MN

2030 - San Antonio, TX

2031 - Helsinki, Finland







# Where there's a need, there's a Leo

“Leadership, Experience, Opportunity.” That’s what makes a Leo. Members of Leo clubs embody the best qualities of our incredible organization. They are devoted young people who realize the power of action. Together, Leos and Lions form a powerful partnership — one of mutual respect where Lions learn from the innovative insights of Leos, and where Leos gain access to the proven strategies of those who’ve successfully served the world for decades.

The Leo Clubs in District 45 recently gathered on Sunday, June 9th which was hosted by the Vergennes LEOS.

The agenda included:

**Who: All LEO CLUBS in District 45**

**Where: American Legion Post # 14, 100 Armory Lane, Vergennes, Vermont**

**When: Sunday, June 9th from 12:00 noon-4:00 pm**

**What: Food, games, conversation and one service project**

**Why: A way to engage youth in conversation and hopefully do a project together next year**



*Congratulations to*

**Our Leaders**

**2024 - 25**

**LIONS INTERNATIONAL**



**FABRICIO OLIVEIRA**  
International President



**DR. PATTI HILL**  
LCIF Chairperson



**A. P. SINGH**  
1<sup>st</sup> Vice President



**MARK LYON**  
2<sup>nd</sup> Vice President



**MANOJ SHAH**  
3<sup>rd</sup> Vice President

**ARLINGTON LIONS CLUB**

**FISH  
FRY**



**AND**

**FREE SUMMER CONCERT**

**FEATURING ... ALL TEN & JOHN**

**\$15**

**MENU**

**\$12**

Fried Cod  
Cole Slaw  
Fries  
Drink

Chicken Fingers  
Cole Slaw  
Fries  
Drink

**SUNDAY  
JULY 7**

**4:00 - 7:00pm**

**ARLINGTON  
REC PARK  
PAVILION**

Made with PosterMyWall.com

[askalion@arlingtonlions.com](mailto:askalion@arlingtonlions.com)

**Vermont Asian-American Club Branch  
District 45**



**Family is anyone who loves you  
unconditionally.**



**Arlington Vermont Lions Club**

20h · 🌐

This will be a great time!! Not into fish? Feel free to bring your own picnic and join the fun at the concert!!



# MIDDLEBURY LIONS CLUB STRIDERS; SIX YEARS OF WIFFLEBALL

By Lion Jesse Gillette

In the eight years I have been a Lion, it's never ceased to amaze me just how creative and diverse events are in our D45 community. Whether it be a cornhole tournament, a duck race, or a bike tour, Lions have proven that more can be done aside from the common food drive or 50/50 raffle, and that fun may be had while providing service for others. In 2018 when SLAM T1D spoke to our club about participating in a wiffleball tournament, it seemed only fitting that us Lions would participate. Here we are in 2024, with Middlebury Lions Club Striders approaching our 6<sup>th</sup> tournament with the organization.

For those that might not know, SLAM T1D is a nonprofit organization supporting people living with Type 1 Diabetes (T1D). They aim to empower all kids, families, and adults affected by the disease to live life in full. Broadening awareness, educating others, and advocating for the T1D community are paramount to their mission. Being a reoccurring member of this annual tournament, our team has come to not only understand these values but share in them too. Though not all our players are members of the Middlebury Lions Club, all our players are out in our communities, under the Lions logo, fundraising for this cause and spreading awareness on behalf of the T1D community. I have come to realize, as best as one can without T1D, the challenges, risks, and expenses associated with the disease. It continues to blow me away how much my teammates and I have learned, shared, and fundraised; How much we've become a part of the SLAM T1D family; How much we've come to look forward to playing, to serving.

Though we have not yet won the trophy, the tournament for us has been nothing but a success. We have continually had exciting games, delightful team comradery, and heart-felt support from so many individuals and groups, most of which are in our D45 community! (Special shout-out to Lion Jackie Dutil a.k.a. "Team Mom" and #1 fan, Middlebury Lions Club, Brandon Lions Club, District 45, and Vermont Lions Charities) I cannot thank you all enough, really. But if you come to watch us play this year, I will certainly do my best!

So, if you find yourself looking for a fun weekend activity, put on your Lions apparel and come watch us play, August 9<sup>th</sup> – 11<sup>th</sup>, at the "Little Fenway" site, at 17 Sawmill Rd, Essex Junction, VT. You might just see us take that trophy this year!

If you would like to donate, please visit our team page at [www.classy.org/team/540208](http://www.classy.org/team/540208) or, email me personally at [jesse\\_gilletteworks@hotmail.com](mailto:jesse_gilletteworks@hotmail.com). I welcome any questions too. Below is our team infographic, with last year's stats, and the smiling faces of us Lions Club Striders. Here's to another year of service, of fun!



**MIDDLEBURY LIONS CLUB STRIDERS**  
For the SLAM T1D wiffleball tournament, our mission is to support those living with Type One Diabetes and help broaden T1D awareness.

**2023 TEAM STATS**

- 16 players
- Record: 2 wins, 2 losses
- Homerun derby semi-finalists
- Team funds raised: \$7,270.00

Please consider supporting our team!  
Donate here: [www.classy.org/team/540208](http://www.classy.org/team/540208)

Logos visible: SLAM T1D (GAMES CHANGING LIVES), OMEGA EXCAVATION & SITE DEVELOPMENT, LIONS CLUB INTERNATIONAL, Strides (LIONS FOR DIABETES AWARENESS), SLAM T1D.

**SLAMT1D, Inc. is a nonprofit organization supporting children, families and adults living with T1D (Type 1 diabetes)**



## Champlain Valley Lions

The club's birthday was Friday, June 10, the celebration started with inducting 5 new Lions into the Champlain Valley Lions Club, they are on their way to starting our first UVM Campus Club!



WHERE THERE'S A NEED  
THERE'S A LION



WE SERVE



## VERMONT LIONS CHARITIES

A new Lions year will soon be upon us, welcome to Vice District Governor Elect Lion Debra Savery and Vice District Governor Elects Lion Tonya Letourneau and Lion Drew Perry. I look forward to another exciting and productive year with their leadership. We recently approved a stipend for a your child, supported the Middlebury T1D Slam Wiffle Ball Team, District 45 Speak Out Contest and Eyeglasses for needy recipients.

Vice President Bruce's raffle was a great success and very much appreciate his efforts and the support from everyone, thanks to Troy and Area Lions Club for their annual Texas Hold 'Em benefit as well as club donations and cancer coin jar contributions.

Look forward to seeing everyone in August.

Yours in Lionism

PDG Merry Souza  
VLC President

**1ST ANNUAL  
FORE EDUCATION**

**GOLF**



**TOURNAMENT**

ARLINGTON GOLF ASSOCIATION



ARLINGTON LIONS CLUB

IT'S TIME TO TEE OFF  
FOR A GREAT CAUSE!

PROCEEDS BENEFIT ARLINGTON AREA STUDENT SCHOLARSHIPS & COMMUNITY YOUTH PROGRAMS!

**SATURDAY  
AUGUST 3**

ARLINGTON  
REC PARK

SHOTGUN STARTS  
9:00AM OR 1:00PM

REGISTRATION  
8:30AM OR 12 NOON

LUNCH INCLUDED  
12 NOON

TOURNAMENT EVENTS:  
GOLF DROP  
PUTTING  
CLOSEST TO THE PIN

REGISTRATION FEE:  
TEAM OF 4 PLAYERS: \$100  
INDIVIDUAL PLAYER: \$25

HOLE SPONSORSHIPS AVAILABLE \$50

CALL: 201-924-9363 OR  
[askalion@arlingtonlions.com](mailto:askalion@arlingtonlions.com)



# 49th Annual Lions Cup Games

To benefit the Vermont Lions Charities and the NH Lions Sight & Hearing Foundation

***Saturday, July 20, 2024***

**Men's Game 1:00pm**



**Women's Game 4:00pm**



## New Hampshire vs Vermont

*Soccer All Stars - Graduating Seniors*

***Saturday, July 20th Hanover NH High School***



*Tickets are available at the gate*