



**The Communique**  
**District 45 – Vermont Lions: In Lionism, In Service, In Friendship**

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 District 45 of  
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**A Message from District Governor Kathy Dorman**

Thank you to those of you who attended the recent cabinet meeting in Barre and helped pack meals for both the Vermont Foodbank and our local communities. We had a fun time and even welcomed three potential charter members from the Shelburne Area Lions Club who came to see what we are all about. Special thanks to Lion Mark Hanna who invited WCAX to attend. The District received some great press that continues to ripple throughout Vermont and beyond.

How did you do with the pin challenge for January? Did you wear a Lions pin every day? At the cabinet meeting, we heard stories of how those Lions pins prompted a conversation and hopefully sparked some interest in Lionism.

I recently watched a short video about developing community partnerships that ended with this message: **Imagine what we could accomplish if we didn't care who gets the credit** which is a good lead into my challenge for February. Let's look to identify a new community partnership and an easy start may be your local school nurse. Do they need any children's clothing for instance, socks, underwear, or sweatpants? Do they need snacks? For older grades, do nurses need toiletries for students without access at home? This is an easy way to develop a great partnership between your club and the school or build on an existing one. Are there organizations who need manpower for their projects? Or who share similar service projects and are interested in combining efforts? I'll be interested to hear your success stories at the cabinet meeting in March.

The Cabinet Meeting on March 11<sup>th</sup> has a change in venue due to cost. We are now meeting at the Elks Club in Bennington and we have a great agenda planned. The day will begin with tips on how to hold an Open House. We'll learn about the role of zone chairs and the upcoming International Convention in Boston. Consider lingering after the meeting and attending the Night for Sight dinner dance to benefit Guiding Eyes for the Blind.

And now for something fun. Are you interested in appearing on TikTok or in a Facebook reel or short promotional video? More updates to come but everyone can participate.

As always, thank you for everything that you do.

Make A Great Day,

DG Kathy Dorman

## District 45 Calendar

2022 <u>Date</u>	District 45 <u>Hosts - Event</u>	2023 <u>Location</u>
February, 2023 <b>February, 2023</b>	NorShaft Lions Cash Raffle <b>Food from the Heart Events Week</b>	North Bennington VT <b>Statewide</b>
February 3, 2023 <b>February 11, 2023</b>	Colchester Lions Pancake Breakfast <b>Strafford and Area Lions Food Drive - Coburn's General Store</b>	Colchester, VT <b>South Strafford VT</b>
<b>February 11, 2023</b>	<b>Barre Lions Food Drive - Tatro's Appliances</b>	<b>Barre Town, VT</b>
<b>February 11, 2023</b>	<b>Essex Jct. Lions Club Food Drive – Kinney Drugs</b>	<b>Essex Jct. VT</b>
February 11, 2023 <b>February 11 - 12, 2023</b>	Heartland Lions Valentine's Dinner Dance <b>Colchester Lions Food Drive - Shaw's Supermarket</b>	West Lebanon, NH <b>Colchester, VT</b>
February 18 - 19, 2023 <b>February 21, 2023</b>	Castleton Lions Fishing Derby <b>Random Acts of Kindness Day</b>	Lake Bomoseen, VT <b>International</b>
March, 2023	District 45 Guiding Lions Training	Statewide
March 3, 2023	Lions Day with the United Nations	New York, NY
March 11, 2023	District 45 Spring Cabinet Meeting	Bennington, VT
March 11, 2023 <b>April 8, 2023</b>	NorShaft Lions 'Night for Sight' Event <b>Middlebury Lions Food Drive - various locations</b>	Bennington, VT <b>Middlebury, VT</b>
April 8, 2023	Castleton Lions Winter Raffle	Castleton, VT
April 28 - 30, 2023	District 45 Spring Convention	Manchester, VT
April 29, 2023	District 45 Speech Contest	Manchester, VT
April 29 - 30, 2023	SMVLC Pancake Breakfast - Maple Festival	St. Albans VT
May 20 - 21, 2023	NELC Spring Weekend	Newport, RI
June 4, 2023	LCI Tell-a-thon	Virtual
July 7 - 22, 2023	LCI Convention	Boston, MA
July 9 - 16, 2023	GMLC Teen Edition	Cabot, VT
July 15, 2023	Lions Twin State Soccer Games	Hanover, NH
July 16 - 22, 2023	GMLC Youth Edition	Cabot, VT
August 11 - 13, 2023	Slam T1d Whiffleball Tournament	Essex, VT
August 15 - 18, 2023	Northeast Pin Swap	Rutland, VT

*Don't see your club activities???*

*Email your event details to*

*[communique@vermontlions.org](mailto:communique@vermontlions.org)*

*See it next month!!!*

## District News

### Global Service Team Chairperson Report District 45

February, 2023

After many times contemplating the question of what activities are “reportable” to International for credit toward service performed by club members, I finally decided to go to an experienced service reporter for the answer. I contacted Lion Hilary Kumnick, PCC/LCIP, Global Action Team (GAT) Leader for the New England area. He is also the President of NELC. He’s responsible for several districts and is reporter for his own club.

After reviewing his response at length, I pass it along to you.

Anyone performing service at a Lion event or activity, whether they are a Lion or not, can have their service hours included. All meeting, fundraiser, event, zone, district and international participation can be reported. If a club has a Zone chair or any district officer among them, that club secretary should make sure those hours are also reported. The secretary or the individual officer can do this reporting as can individual Lions report their own. When members attend Zone meetings, trainings, district events of any kind, it gets reported. This includes drive time and preparation time.

Any time a club involves non-Lions such as a spouse, partner, child, scout troop, historical society, or anyone else who helps out with a Lion fundraiser or Lions event, they may be included in reporting.

All Lion activities, no matter how one may define them, are reportable and should be. If five of your club Lions attend a district or International level conference, institute, forum or training, that's service to our cause and should be reported. Lion Hilary reports all his time spent at GAT, district, NELC, Zone, Club etc....functions. He also reports time for the preparation he does for the many activities he has almost daily.

So, from sitting with a senior for an hour over coffee, putting up a tent in preparation for a Lion event, to driving around gathering prizes for a fundraiser then documenting that activity, or putting in hours to find and getting a wheelchair for someone, every single thing connected with Lions activities is reportable. It all reflects who we are and what we do to make our communities better. I realize, too, that there are always situations that do not fall into the proper reporting "slot", but that's when "other" is necessary. Use it if you need to, even if most of your reporting falls under this category.

Below is a short list of service ideas I gathered from reports from clubs throughout the district. Great ideas that can possibly start the ball rolling in your club.

In certain situations it's "Location, location, location". For Lions, it's "Document, document, document"! If you have any questions about reporting something, please feel free to contact me at [tallships53@gmail.com](mailto:tallships53@gmail.com) or call me at 802-875-2990.

Thank you for all your service!

Yours in kindness and gratitude,  
SVDG Deb Savery District 45 Global Service Team Chairperson

**REMEMBER: YOU MAY "DECLARE" TIME SPENT PLANNING A SERVICE EVENT, PROJECT OR ACTIVITY! Running to the store for supplies, planning, etc. are all considered valid service hours.**

- Vision Screening
  - Travel hours
  - Hours during screening and waiting for students
  - Prep time
- Holidays
  - Toy collections
  - Tree and wreath sales
  - Memory tree light sales
  - Shopping for families
  - Play Santa and Mrs Claus
  - Train rides
  - Take someone shopping who doesn't have transportation
  - Help wrap presents
  - Cook and serve meals at a community dinner

Collect clothes for families in need  
Visit a shut-in or Senior during the holidays  
Check up on a shut-in or Senior (Welfare check) during the holidays  
Shovel someone out who you know can't for themselves  
Help package holiday meals at the local food shelf  
Ring bells for Salvation Army  
Help a child write a letter to Santa  
Dress up as an elf and make a child smile

- Food

Food drives  
Pack meals at cabinet meetings  
Bring a meal to a shut-in or Senior  
Volunteer at a food shelf  
Food from the Heart  
PB&J Slam  
Pick up and deliver pies  
Bake/cook for a memorial/funeral service

- Collect Pill Bottles
- Collecting, cleaning and boxing up eye glasses for donation
- Create a "Warming Wall" for mittens in a community area for those who may need them
- Collect books for local libraries
- Build ramps for handicapped individuals
- Collect plastic for benches to be placed throughout your community
- Help Seniors with paperwork
- Help set up for community events i.e. blood drives and others community projects
- Help someone/Senior renew driver's license
- Assist with Meals on Wheels
- Plant trees to help support healthier environment

**\*\*\* As of January 26, 2023, as reported to Lions Club International, District 45 has served 51,105, completed 429 Service Activities, provide 10,866 volunteer hours, donating \$342,093 and raising \$662,082. This is based on 25 of the District 45 32 clubs and 2 branch clubs reporting. \*\*\***

## Green Mountain Lions Camp 2023

The Green Mountain Lions Camp for the summer of 2023 is coming soon!  
Covenant Hills, Cabot, Vermont.

July 9-16 for 13–18-year-olds: July 16-22 for 8–12-year-olds.

We need volunteers for:

- a Director
- Councilors

... and especially we need Campers!

Contact [patricia.m.johnston-mcwilliams@hitchcock.org](mailto:patricia.m.johnston-mcwilliams@hitchcock.org) for more information.

# Lions Clubs unite to help feed hungry Vermonters



BARRE, Vt. (WCAX) -Vermont’s lions clubs joined forces in barre Saturday to help feed the hungry.

According to the Vermont Food Bank, about 150,000 Vermonters turn to food banks and meal programs to feed themselves.

As part of their outreach program, clubs came together to package meals for the Food Bank and other local food shelves.

The group put together twenty thousand meals.

They say they do this event every year as a way to help those in need.

“This is who we are. I personally get a tremendous sense of personal fulfillment doing community service, said Lions Club member, Kathy Dorman. “I think for every lion, we all do this. This is what makes us continue, is service to our community.”

Lions Club International is a community service group that has 32 clubs across the state.

You can learn more [here](#).

Here is the link to the WCAX News video / report: <https://www.wcax.com/2023/01/29/lions-clubs-unite-help-feed-hungry-vermonters>



District 45 members celebrating the 80,000 meals that have been packaged in the 5 years of this program.

Is 100,000 in the works in the 2024 Lions year???

**\*\*\*\* See page 38 for some more 'action' photos from the interview!!! \*\*\*\***



# Guiding Lion Program

## Designed for New, Existing and Clubs Rebuilding

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or rebuilding. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president. Guiding Lions are limited to serving no more than two new clubs at any point in time.

Guiding Lions assist a club to:

- Be successful in its first two years of operation
- Orient and train club officers and members
- Motivate and support club growth and development
- Locate resources available to assist the club

There will be a further announcement at the January meeting:

During the month of March, District 45 will be holding a **training for Guiding Lions**, led by PDG Liz Fenwick

PDG Liz would like for all members to think about this training. It will contain a great deal of good information that will be of use to every Club member in D45 and especially Club Officers, even if you are not considering being a Guiding Lion at the moment. Also, there may be Lions who will need to update their certification to be a Guiding Lion.

The first session will be held at the March Cabinet Meeting, followed by two other Zoom meetings in the month of March (dates and times to be determined), to complete the course. There is a short quiz to be taken at the end of the course.

Please look up this course online and let me know if you would like to be considered for this.

Yours in Lionism,  
PDG Liz  
GMT Co-Coordinator

**\*\*\* First training session for Guiding Lions will be held at the March 11<sup>th</sup> cabinet meeting \*\*\***



Your club can earn this patch for your club's banner! It's as easy as reporting three club service projects to LCI. Notify 2VDG Deb Savery at [tallships53@gmail.com](mailto:tallships53@gmail.com) when you've reported three club service activities and then claim your badge at a district cabinet meeting.

If you are having trouble reporting service hours online, contact District Administrator Brenda Seitz at [blseitz92@gmail.com](mailto:blseitz92@gmail.com) for assistance



Come and join PDG Pam Nichols (or guests) for weekly chats on Facebook

Mondays, 7:30 p.m. Vermont District 45

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## *ENCORE PRESENTATION*



### **Recruiting Younger Lions**

**February 7<sup>th</sup> at 7:00pm via ZOOM**

Did you miss this exciting presentation at the November cabinet meeting?

Lions Drew Perry and Mary Cassel from the Essex Junction Club and Lion Mason Charlebois from the Vergennes Club will give an encore presentation via Zoom on Tuesday, February 7<sup>th</sup> at 7:00pm.

Some of the questions that will be answered include:

- How do we define "younger" Lions?
- Which age groups should we target?
- Is my club attractive to Young Lions?
- Does my club offer a pathway to leadership for Young Lions?

Email DG Kathy Dorman at [vtlionkathy@gmail.com](mailto:vtlionkathy@gmail.com) for the Zoom link. This presentation will be limited to 96 attendees.

This is part 2 of a 3-part series.  
Tips on recruiting younger members in our Lions Clubs.



Pt. 3

# TIPS FOR RECRUITING YOUTH LIONS

From Essex Junction KL Drew, Essex Junction Lion Mary and Vergennes Lion Mason

## ATTRACTIVENESS

Is your club doing events to attract your target age group?

Listening to community needs to spark ideas for recruiting

Most towns have social media groups for town events/news

“Like other Vermont lions Clubs on Facebook to share ideas

## EXAMPLES OF NEW EVENTS

New Jersey club fundraiser

Touch a truck

Targeted event for family's.

Kids can sit in different trucks from different fields

Clubs can sell food to raise money

Please feel free  
to email Drew  
for full  
presentation

[Andrew.j.perry95@gmail.com](mailto:Andrew.j.perry95@gmail.com)

Turkey Trot/Santa Run

Fun run on the holidays

Can be used as a fundraiser  
for a local food shelf

Have members participate either at  
Check in or at checkpoints on the run



Pt. 4

# TIPS FOR RECRUITING YOUTH LIONS

From Essex Junction KL Drew, Essex Junction Lion Mary and Vergennes Lion Mason

## LEADERSHIP DEVELOPMENT

Does your club have a plan for leadership development?

Before you can start recruiting you need a plan for developing new and existing members in the club

Regular check ins are a great way to develop members into leaders

Get new members in committees as soon as possible

Have your president have regular meetings with committees

## EXAMPLES OF COMMITTEES

Social Media/Marketing

Will help give you a presence in your town

Puts you on a platform that may people will see

Great committee for young members to run

Please feel free  
to email Drew  
for full  
presentation

[Andrew.j.perry95@gmail.com](mailto:Andrew.j.perry95@gmail.com)

Don't hesitate to create committees

Just because lions as a whole  
don't have the committee it  
doesn't mean that your town may  
not need that help someone locally



**VERMONT LIONS DISTRICT 45  
MARCH CABINET MEETING REGISTRATION  
OPEN TO ALL LIONS**

Date: Saturday, March 11, 2023  
Time: 9am-3pm  
Place: Elks Club, Bennington, Vermont  
Registration: \$ 25.00 per person

**REGISTRATION DEADLINE: MONDAY, MARCH 1, 2023**

Name: \_\_\_\_\_

Club Name & Position: \_\_\_\_\_

District Position: \_\_\_\_\_

Address: \_\_\_\_\_

Phone#: \_\_\_\_\_ Email: \_\_\_\_\_

#Attending@\$ 25.00 per person: \_\_\_\_\_ Amount Due:\$ \_\_\_\_\_

Special Dietary Needs? \_\_\_\_\_

**MAIL FORM WITH CHECK PAYABLE TO: VERMONT D45  
BEFORE MARCH 1<sup>ST</sup> TO:**

CS Pat Schroeder  
1314 E. Hubbardton Rd.  
Castleton, Vermont 05735  
Email: [topsun@comcast.net](mailto:topsun@comcast.net)

***OR FOLLOW THIS LINK TO REGISTER ONLINE!!!***

<https://www.vermontlions.org/2-uncategorised/248-register-online-for-the-march-cabinet-meeting>

# *It's Pajama Time!*

## March Service Project

We are collecting NEW children's pajamas for  
distribution to

WomenSafe

Vermont Family Services

Please bring to the March 11 cabinet meeting.

All sizes are needed from infant to teen.

Please keep the pajamas in their  
original packaging.





## We Serve

# Increasing Club Visibility

1

### GET A TEAM TOGETHER

The **Membership Chair** will bring together a team from the Members and GAT members, to work on increasing visibility for the club.

2

### IDENTIFY LOCAL EVENTS

The team will identify at least 5 local annual events in your city or county that get a lot of attendance.

3

### PICK 3 THAT CONNECT

The team will pick 3 of these events that align in some way with our global causes for the club to be represented at, and decide on a service project to bring people in with.

4

### DESIGNATE TEAM LEADERS

Designate who will be the contact person to ask questions, and to coordinate the activity and social media announcements. This person will bring the information back to the team for decisions, planning and execution.

5

### FIND LOCAL SERVICE MISSIONS

The team will examine what service-minded programs are occurring in their community and look for those that they might be able to provide assistance with, and might be opening to partnering with the Club to provide that service.

6

### DESIGNATE TEAM LEADERS

Designate who will be the contact person to ask questions, and to coordinate the activity and social media announcements. This person will bring the information back to the team for decisions, planning, and execution.

# Brainstorming Sheet

**WHAT ARE 5 LOCAL EVENTS THAT MIGHT MAKE GREAT OPPORTUNITIES?**

What 3 of these events might align with our global causes and make great activities?

**WHAT ARE SOME SERVICE-MINDED MISSIONS IN OUR COMMUNITY?**

Which ones might really partner well with the club?



ATTENTION  
Fellow D-45  
Lions!

Vermont Lions D-45

# THE MONEY TREE

Benefit Vermont Lions Charities

**"THE MONEY TREE" RAFFLE IS BACK! THIS FUNDRAISER IS FUN AND TICKETS ARE EASY TO SELL!**

We have covered this tree with \$500.00 of VT Lottery Tickets! There will be three prizes: Raffle's First Place drawing wins all VT Lottery Tickets plus the tree, 2nd Place prize is \$200.00 cash and 3rd Place is a \$100.00 cash prize. All net proceeds will go into VLC's General Fund to cover growing demands for Sight and other D-45 Club requests. The cost of one raffle ticket is \$10.00 or 3 tickets for \$25.00. Envelopes containing raffle tickets will be mailed directly to D-45 Club Secretaries. For additional tickets or any questions about the raffle, please contact PCST Bruce Savery.

You may contact Lion Bruce by phone: 802-289-1696 or email: bsavery29@gmail.com.

**IMPORTANT!** Please return all sold tickets with checks made out to Vermont Lions Charities to: Lion Bruce Savery, 137 Maple Ridge Road, Chester, VT 05143 by the deadline: April 15th. The prizes will

be drawn on April 29, 2023 at Spring Convention to be held at Equinox in Manchester, VT. Please be sure to mail these in on time. Also, please bring or send along by another Lion, any unsold tickets to this meeting. Thank you again for your support. We sincerely hope that D-45 Club members enjoy participating in this fundraiser. Be assured your efforts will reach far beyond D-45 Club areas, contributing assistance where Vermonters do not have the added benefit of a Lions Club.



Thank you for your consideration and hopeful participation!

Yours in Lionism,

*PCST Bruce Savery*



Vermont Lions Club  
**THE MONEY TREE**  
Benefit Vermont Lions Charities

NAME \_\_\_\_\_

\_\_\_\_\_

PHONE \_\_\_\_\_



Vermont Lions D-45  
**THE MONEY TREE**  
Benefit Vermont Lions Charities

**GRAND PRIZE** \$500.00 of Vermont Lottery Tickets  
**SECOND PRIZE** \$200.00 Cash  
**THIRD PRIZE** \$100.00 Cash

Drawing to be held April 29, 2023 | Spring Convention | \$10 Ea. or 3 for \$25

ALL SOLD TICKETS TO BE RETURNED BY APRIL 15, 2023 To Bruce Savery  
137 Maple Ridge Rd., Chester, VT 05143 | WINNER NEED NOT BE PRESENT TO WIN!

\*\*\* PCST Bruce would like to have noted that information about this raffle was passed out to clubs at the January cabinet meeting or will be mailed to those clubs who were not in attendance \*\*\*



## Vermont Lions District 45

### Speak Out Contest 2023

Topic: "How can the environment be saved for our future?"

*Participants: High School (or home school) Students:  
Freshmen, Sophomores, Juniors or Seniors*

\*\*\* Saturday, April 29th, 2023 11:00 a.m. \*\*\*

Location: Equinox Hotel, Manchester Vt

Entry deadline is Saturday, April 8th

\*\*\* maximum 8 club representative participants \*\*\*

*Speech is 5 to 7 minutes long.*

*Judging Criteria: Address theme (20%)*

*Development of Theme (50%)*

*and Expression and Delivery (30%).*

*3 judges will be allowed to ask a question of each participant.*

*Cash Prizes: 1<sup>st</sup> \$500, 2<sup>nd</sup> \$300, 3<sup>rd</sup> \$250 Plus additional prizes*

*To register or for more information, please contact Lion Ken Emery*

*At 578-7483 (cell) or at [kpemery1960@gmail.com](mailto:kpemery1960@gmail.com)*



Effective Speaking

## **PULL TAB UPDATE**



Well let's see.....

It has been since the 2014 – 2015 Lions year that we started collecting pull tabs and sending them to the Shriners for their Children's Hospitals. Over the last 8 years, we (District 45), have collected a total of 1,601.477 pounds.

So far in in the 2022 – 2023 Lions year, there are 15 clubs from the district participating. Such clubs are: Arlington, Brandon – Forest Dale, Brattleboro Area, Colchester, Deerfield Valley, Essex Junction, Jericho-Underhill, Londonderry Area Tri-Mountain, NorShaft, Norwich, Springfield, Troy and Area, Vergennes, Williston Area and Windsor. We would like to welcome, new in joining collecting pull tabs, are the Filipino American Branch Club of the Barre Lions. IF your club is not listed, how about joining the collection?

I will be collecting pull tabs for this year's awards. Just get any pull tabs to me no later than April 1<sup>st</sup> (no fooling). Your club can bring them to the March cabinet meeting or ship them to me so as to be received no later than by that date (April 1<sup>st</sup>!!!!).

So far this year, we have collected a total of 108+ pounds from the clubs listed. Get those pull tabs to me so we all can beat last year's poundage (222.641 pounds).

For any further questions, please contact me at: (802) 899-1363 or via email at [lionloreen2007@gmail.com](mailto:lionloreen2007@gmail.com)  
Mailing / Shipping address is 2-B Rabbit Run, Underhill VT 05489.

In Lionism, PCT Loreen Teer

P.S. Here are two additional pieces of information from the Shriners in regards to the pull tab program:

### **What is the 'Pull-tab Collection Program'?**

Pull-tabs or 'pop-tops', from beverage (and other types) cans can be saved and donated to your local Shriners. The tabs are sold to a recycling company and the money collected is used at the hospitals to buy different items. There is a wheelchair funds, and other aids for the children, and sometimes recreational items such as games and movies.

Shriners Hospitals for Children is a health care system of 22 hospitals dedicated to improving the lives of children by providing pediatric specialty care, innovative research, and outstanding teaching programs for medical professionals. Children up to age 18 with orthopedic conditions, buns, spinal cord injuries and cleft lip and palate are eligible for care and receive all services in a family-centered environment, regardless of the patients ability to pay.

### **Why collect the pull-tab and not the entire can?**

Aluminum has recycling value and the tab is the only pure aluminum part of the can. The can itself can be returned for the deposit (in states that have can and bottle deposit laws, including Vermont) after the tab has been removed.

# Club News and Activities!!!

## *Filipino American (Barre Branch Club) Lions Club:*

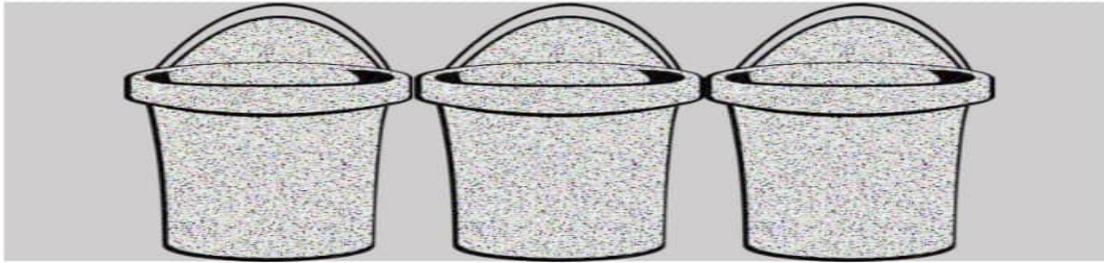


Vermont Filipino-American Branch Club - (Barre Lion's Branch Club) Service Project in the Philippines.  
Vt. Fil-Am Branch Club Donate School Supplies to the Grade 1 Students  
3 Elementary schools.  
This is School Number 2 - 3rd Service Project  
Apung Guidang Elementary school, Angles Cit, Philippines, January 6th, 2023  
The students are very Happy and Appreciative to their School Supplies they're are all saying  
Thank You - Thank You!!!

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Follow this link to learn some ideas on how to make SERVICE fun!!!

[Five Ways to Make Serving Fun | Lions Clubs International](#)



## SAND FOR SENIORS PROGRAM

The Arlington Lions Club is pleased to announce the kickoff of their "*Sand for Seniors*" program.

*Sand for Seniors* is a **free** program where Lions Club members deliver a bucket of sand/salt to citizens in the communities of Arlington, Sunderland and Sandgate to use on their icy walkways or driveways. The program is for senior citizens 65 years or older that are otherwise not able to pick up sand/salt from public works on their own.

Anyone interested in the program please contact Lion Susan, our coordinator at 914-954-1983 or send an email to:

[askalion@arlingtonlions.com](mailto:askalion@arlingtonlions.com)

Please leave a message with your complete name, address and any specific instructions as to where to leave your bucket.



Stay Safe this Winter



### Essex Jct. Lions Club:



Our friends from The Essex Junction Lions Club recently provided student dictionaries to each of our Saint Francis Xavier 3rd graders. This has been an annual tradition for a few years, and we were so pleased to welcome the Lions back into the classroom to make their presentation of dictionaries and bookmarks to the students directly. This enabled them to see how thrilled the children were with these gifts! The dictionaries contain a wealth of information on math, science, geography, government, and even Braille and sign language. Our thanks to Lions member Doris Maynard and her fellow Lion -- and daughter!-- Michelle Maynard for delivering the dictionaries and to all the Essex Junction Lions for making this possible.

# BARRE LIONS CLUB "FOOD FROM THE HEART" FEBRUARY 11TH

Open your hearts and give to help members of your community. What a great way to celebrate Valentine's Day! The money and food we receive will be split between the food shelves at Capstone, St. Monica's, The Salvation Army, and Hedding Methodist Church. During the dark days of Covid this drive was amazingly successful. Let's see if we can exceed those results.

## FOOD FROM THE HEART FOOD DRIVE

**Date:** Sat., Feb. 11th

**Place:** Tatro's Appliance  
72 Morrison Road, Barre Town  
Across from O'Reilly's Warehouse

**Time:** 10-2

**Needed:** non-perishable food items, cleaning supplies, paper goods, diapers and health and beauty products

Barre Lions Club  
@Barre\_Lions



**venmo**

Checks can be dropped off that day or sent to:  
**Barre Lions Club P.O. Box 211 Barre, VT 05641**  
with food drive in the memo line.  
Venmo can be sent to @Barre\_Lions

**THANK YOU FOR GIVING FROM THE HEART**

# Food

From The



## 'SUPER' FOOD DRIVE

FOR THE BENEFIT OF:



### Winooski Food Shelf

Saturday February 11<sup>th</sup> and Sunday February 12<sup>th</sup>  
10:00 a.m. – 4:00 p.m. (BOTH DAYS!!!!)  
Shaw's Supermarket  
66 Mountain View, Colchester

## HOSTS: COLCHESTER LIONS CLUB

# International / New England News



## PRESIDENT'S MESSAGE

Together we can with  
International President,  
Brian Sheehan

**Dear Lion,**

When you love what you do with a team that you love, you can make every day a great day. That's what's so awesome about being a Lion. Because no matter how hard the work may be, we always have a great time getting it done.

There's really nothing that compares to the fun and fellowship of being a Lion except for inviting more people to be a part of it. So give your community the opportunity to join our team and discover what we've found. And let's keep working together to make the projects we love even bigger, better and more fun for everyone.

Make a great day,  
**Brian Sheehan**  
International President

## TALES OF THE SERVICE TRAIL UPDATE January 2023

Karol and I hope that you all had a wonderful holiday season, from Hanukkah, Christmas, Solstice, and Kwanzaa to the New Year! We personally had a quiet time with a few friends since we are still being cautiously optimistic that the pandemic, which appears to have become endemic, is more under control. We have been boosted three times with the bivalent being the latest. Personally, if we need to have an annual booster such as the flu shot regimine, then I am all for it.

But with the holiday crush in the rear view, now is the time that each of us can get back into Lions service! I know that you did food baskets, clothing drives, snow plowing and shoveling out seniors, for the last few weeks. But the holidays do not end the needs in your community! Now is the time to look around at your fellow townsfolk - what is their big need today and tomorrow? Ask questions of your neighbors, and the ones who you helped in the last month. They will be honest about the on-going needs. Talk to your town's social service folk to see who you missed in the last month and what needs arise during the winter. Talk to your community religious leaders. I know that in the frozen North we call Skowhegan, all the churches have joined in a fuel assistance fund. Perhaps they will be grateful for your support. One good way would be to use your community presence to publicize the community plight and the fuel fund efforts. Set up a community fundraiser with the sole purpose to increase that fuel fund! Advertise it with all your strength. I trust that you know the power of your voices will carry the day and many will be warm in these days of extraordinary heating costs.

The collective work of your Lions club as a whole will do the work for your community and will raise the world! Please keep that with you in your heart.

As to travels, do not be surprised if we pop into your territory soon. We spent the last weekend in Mystic, CT, with the Lions of New England and the New England Lions Council. A great show of training and fellowship! And in the coming month Karol and I hit the “mid-winter and convention” road again. We will do 10 days in Wisconsin and Minnesota before heading to Indiana at the end of the month. Say hello as we join you!

For several months, I have closed each “Tales” with ten ideas for finding new members (totally stolen from other Lions). Now I realize that most of us and our clubs probably have not been out there this past month recruiting members, but you can be cogitating the base work to hit the ground running at the start of 2023!

For 2023, I asked you for your ideas to include here! I promise that I will give you credit for these new ideas. But we need to share what has worked for you! Please email me your ideas for membership recruitment and retention so I can share them around our Lions world. Remember that all these 100 ideas that I presented were all “stolen” from fellow Lions! So now I have asked you to let me share your techniques throughout our Lions world. Send those great thoughts to: youney@mhfy.us! I need your help as I am out of the purloined material I have been passing to you the last ten months. So far, no one has responded! But I believe that is solely due to the holidays.

I know of at least two clubs around New England that are inducting six (6) new Lions in the next couple of weeks! How did you do it? Let me share your success stories with the Lions of the world!

And remember - **LCI CON 2023 BOSTON** is here soon! Vote for Lion Mark Lyon, 3IVP! And we should not forget our Foundation - LCIF! Just because we successfully finished Campaign 100 we still have the need for ongoing support. Become a donor again, and consider a Legacy gift by pledging through your will! All is good!

I thank all of you again for this honor to serve Lions and the world. We promise that we will do our best to represent all Lions world-wide.

Lion John W. Youney,  
International Director 2021-2023,  
& Lion Karol Kish Youney,  
Partner-in-Service





**When:** March 3-5, 2023

**Where:** Tilton, NH

**Why:** To stimulate and grow Leadership Opportunities at the Club, District, Multiple District Levels ***and ...beyond***

**Who:** **All LIONS** in good standing who have not yet reached the position of Second Vice District Governor. Please forward a completed **APPLICATION**, prior to February 10, 2023, to your District Governor. (*See below for application*)

**Cost of the Institute:** Multiple District 44 will provide meals according to the schedule of the institute. Single occupancy Hotel rooms are included in the cost of the Institute. Hotel stay is required. Please note the cost for participation in this training event is \$125.00.

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 3-day intensive training program and applicants must be willing to commit to attending all days of the institute, including group mealtimes, and understand that personal time is extremely limited. Attendance at all classroom sessions and scheduled meals is mandatory.

**Please Note: Acceptance to the Institute is Not Guaranteed**

**Expectations of RLLI Graduates:**

- 1. Pursue additional leadership roles and responsibilities in their respective Zones and Districts***
- 2. Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones and Districts***
- 3. Share their Institute experience with members of their Club, Zone and District and encourage others***

**For further information please contact your District Governor or Event Coordinator Bill Rathbun**

**[pdgbill33y@yahoo.com](mailto:pdgbill33y@yahoo.com) or 603-707-6209**

**For Regional Lions Leadership [APPLICATION: CLICK HERE](#)**

Please contact DG Kathy Dorman, 1<sup>st</sup> VDG Travis Wood or PDG Pam Nichols if you have interest in possibly attending this great training program.



## Five Ways to Make Serving Fun

Your club is changing lives every day through its enthusiastic and innovative service. Your success comes from rolling up your sleeves and getting to work to help your community, but success also comes from creating a great member experience for your Lions.

Read [Five Ways to Make Serving Fun](#) and learn how to get your club and community excited about your next service project. Let's keep doing what we do best and make serving fun for everyone. Because that changes lives in more ways than we'll ever know.

In a few months, we'll be combining MyLion, MyLCI and Insights, along with some additional tools and functionality, into a unified mobile-friendly experience called the **Lion Portal**.

Look for news and updates in emails, monthly digests, the Lion Portal webpage and more.

December 2022

## Help ensure a smooth transition to the Lion Portal

Make sure your Lion Account information is correct and up to date in MyLCI or your regional reporting system. Note that the new Lion Portal will require a unique, unshared email, and phone numbers will no longer be supported as a log in credential.

Updating member information is simple:

- Log in to the current member portal with your Lion Account credentials
- Navigate to MyLCI
- Select "My Lions Club"
- Select "Members"
- Click on the member whose information you need to update.
- Select "Edit Member" to enter in their revised email address and other updated information.

To help ensure other Lions have a smooth transition to the Lion Portal, check out these helpful downloads:

### **ATTENTION CLUB SECRETARIES & ADMINS**

With the new Member Portal implementation coming soon, now would be a good time to review your member data to insure that it is up to date. Verify and update individual email address (not shared with spouse or partner), insure that the date of birth is correct (not just 1/1/year), etc. With the changeover, if the data is not correct it may make the transition more difficult.



MEMBERSHIP INFO

**Tell-A-Thon 3.0** is coming! Reserve your seat today for the most inspiring, entertaining, and uplifting show in all of Lionism.

Register now: <https://www.Tellathon.org>

The show will take place on June 4th, 2023 at 10 AM CDT!

Hosted by [Lions Clubs International](#) 1st Vice President Dr. [Patti Hill](#), the show will feature dynamic stories of service from all around the world, it will have incredible musical performances, and there will be amazing surprise celebrity guest appearances.

This is a show and experience that should be shared with everyone you know! Help raise awareness about how [Lions Clubs International Foundation](#) empowers service globally and impacts the lives of millions through grants and humanitarian aid.

Invite your friends, family, and coworkers to watch the Tell-A-Thon.

Plan a watch party, host a community viewing!

Together we can share our story.

# LYONFORVP



## Message from PID Mark & Lion Lyn

### Greeting Lions!

Lion Lyn and I must admit that we've been overthinking how to approach this newsletter update for you. How can we possibly capture all of the amazing experiences we've had these last few months? How does one describe the outpouring of "Welcome" and hospitality we have received? The short answer is, of course, that we cannot. All we can tell you is that our global family of Lions is passionate about service, and are very excited to share their experiences with us. There are literally not enough hours in the day to cover all of the unique and relevant activities in which our Lions are engaged. Our heads spin from all the learnings! We truly belong to the most incredible service organization in the world!

So if you've been following our adventures on social media since early October, you know that we have been in heavy international travel mode. It being LCI's peak Forum season in our eight Constitutional Areas, Lion Lyn and I have been campaigning actively in front of new, international audiences of Lions and Leos. We have been to the Africa Forum in Hammamet, Tunisia (CA8), the OSEAL Forum in Jeju, South Korea (CA5), and the ISAME Forum in Vishakhapatnam, India (CA6) since mid-October. With only the FOLAC Forum in Asuncion, Paraguay (CA3) remaining in mid-January, we will have so nearly accomplished our goal of attending and campaigning at all of the 2022-2023 Lions Year international forums. Sadly, we missed the Europa Forum in Zagreb, Croatia (CA4) due to illness. But we still found a way to participate virtually!

During these trips, we have shared our passion for Lionism with all we meet. From the brand new Lion and Leo at the club level, to our Past International Presidents, we have been afforded every opportunity to offer our vision for where we see our association heading in the future. We have been given the stage to tell our unique story about Lions and the impact it has had in our lives. And the reception has been, as you've probably read in our social media postings, both awesome and humbling. Lion Lyn and I are truly energized by these visitations because we continue to learn and share so much more about the critical role all Lions play in our global mission of service.

In the coming weeks, we'll be wrapping up the international travel. Our focus and attention will then be wholly on our campaign activities and preparing our team for Boston! Stay tuned for lots of exciting activities in the works here in MD23 and through our New England Lions Council, and stay connected to the campaign. We want all of you to join us on this adventure! Thank you for being Lions!

In Lionism and friendship,

PID Mark and Lion Lyn

# Where in the world are the Lyons? Recent Adventures Around The Globe





## From LCIF Chairperson Douglas X. Alexander

Greetings, Lions and Leos!

When you support LCIF, you support life-changing service through LCIF grants and programs in your local and global communities. As you read this month's newsletter, highlighting the impact made possible by your service through doing and giving to LCIF, I hope you are inspired to continue not only supporting LCIF financially, but also as an ambassador for our foundation. Share with Lions and others around the world how LCIF is bringing hope to a world in need. Special thanks to everyone who participated in the 2022 Melvin Jones Photo Contest for sharing their photo reasons for supporting the mission of LCIF. Congratulations to the winners, featured on the [Melvin Jones Photo Contest](#) page. Your sentiments reflect what it means to be a Lion or Leo—bringing meaningful change to our world, empowered by our global foundation.



## Joining the Fight Against Diabetes

More than 19 million people between the ages of 20 and 70 are living with diabetes in Indonesia. More than 70 percent of those are undiagnosed. Read how Lions there are preventing life-threatening consequences of the disease through an LCIF grant.

► [READ MORE](#)

Follow this link to read more about the fight against diabetes:

<https://www.lionsclubs.org/en/blog/kindness-is-contagious>



**48th Annual VT-NH  
Lions All-Stars**



# **SOCCER GAMES**

**July 15th, 2023**

**ENCLOSED:**

\_\_\_\_\_ Gate Entrance Tickets     \$ \_\_\_\_\_

\_\_\_\_\_ Calendar Raffle Tickets     \$ \_\_\_\_\_

AD & Sponsor Form - Please Return form with your AD & Sponsor choice

Player Rosters—Check for players in your area

***Please Help Support Lions Twin State Soccer***

Thanks to your donations, Last Year we gave \$10,000.00 to each of the charities I

**NH Lions Sight and Hearing Foundation**

**Vermont Charities**

**Game Location**

**Hanover High School, 41 Lebanon St, Hanover NH 03755**

**All Proceeds to NH & VT Charities**

Lions Twin State Soccer packets for each club were passed out at the District 45 Winter Cabinet meeting. Such packet had information on player rosters and information on how to sponsor a play plus more.

If your club was not at the cabinet meeting, please contact directly, IPDG Carol Greene, VP Lions Twin-State Soccer and she will get a packet to your club.

Game date: July 15, 2023 @ Hanover HS, Hanover, NH.

Thanks for your time and excited about Lions Twin State Soccer!

*Membership!!!!!!*



District 45 would like to welcome (as of January 26, 2023) the following Lions to  
Our district and association:

Erin Shreve and Theron Shreve (Deerfield Valley Lions Club)  
Walter Foley and Rory McLaren (Essex Jct. Lions Club)  
Toby Bush, Tracey Cook, Rebecca Dittmeier, Stewart Dittmeier,  
Nate Lewis and Kenneth Williams (Granville Lions Club)  
Arlena Merrow (Londonderry Area Tri-Mountain Lions Club)  
Suzanne Wiedman (NorShaft Lions Club)

Maryanne Biggar, Hilary McNamee and Jane Prescott (Strafford and Area Lions Club)  
Barbara LaPlume-Saloomey and Michael Saloomey (Troy and Area Lions Club)

**\*\*\* As of January 26, 2023 District 45 has 986 members. \*\*\***



Congratulations to the following Lions who are celebrating 25 or more years of service in January!!!!

Ernest Bolognani – Readsboro Lions – February 1957  
Robert Cyr – Middlebury Lions – February 1973  
Dave Kutchukian – Manchester Lions – February 1977  
PDG Ed Smith – NorShaft Lions – February 1978  
Bruce Milo – Castleton Lions – February 1982  
Joseph Charbonneau – Manchester Lions – February 1983  
Claude Charron – Richford Lions – February 1983  
Pierre Boudreau – Enosburg Falls Lions – February 1984  
Robert Sager – Barre Lions – February 1989  
John Brough – Castleton Lions – February 1989  
Roswell Bagley – Strafford and Area Lions – February 1989  
David Perron – Orleans Lions – February 1990  
Gilles Rainville – Georgia Lions – February 1995  
Denis Beloin – Jericho-Underhill Lions – February 1997  
Joseph Perrigo – Windsor Lions – February 1998

## Granville Lions Club:



Wow! At the Granville Lions January 10th meeting, we welcomed 6 new members to the club! The new members were inducted by Past District Governor Walter Hastings. Pictured are new member Nate Lewis, Lion Nancy Williams, sponsor of new member Ken Williams, new members Stewart Dittmeier and Rebecca Dittmeier and their sponsor Lion Michael Angiolillo, new members Tracey Cook and Toby Bush, with their sponsor Lion Bill Roberts. Welcome!

## Fundraisers!!!

**Wednesday  
Night**

**CORNHOLE**

**Where: Wildcats lunchroom  
(White River Valley Royalton Campus)**

**When: Every Wednesday night  
Starting January 25, 2023 through April 26, 2023  
6:30pm-8:30pm**

**Boards and bags provided**  
Presented to you by the Heartland Lions Club





<https://qr.net/5h29XR>



## Heartland Lions Club

Cordially invites you to our 16<sup>th</sup> annual

# Valentines Dinner-Dance

February 11<sup>th</sup> 2023

5:30 pm to 10:30 pm

Social hour begins at 5:30 pm

Dinner served at 6:15 pm

Dancing from 7:00 pm until 10:30 pm

Live music provided by *Club Soda Band*

Many door prizes including a  
**\$500 Cash Grand Prize**

Fireside Inn

25 Airport Road

West Lebanon, NH

Discounted room rates available.

*Tickets: \$125/couple (advance purchase only,  
please make purchases by February 1)*

*All proceeds go to local charities.*

Please contact:

HeartlandLionsClub@charter.net  
or call (802) 291-2429



# MATT EDWARDS

with  
**BUCK2FIFTY**

**BENNINGTON ELKS CLUB**  
125 WASHINGTON AVE., BENNINGTON, VT

**TICKETS \$35**



## NORSHAFT LIONS 6TH ANNUAL **NIGHT FOR SIGHT** DINNER & CONCERT FUNDRAISER

# SATURDAY MARCH 11

5 PM Cocktails - 6 PM Dinner - 7 PM Music & Dancing

A BENEFIT FOR:



**Guiding  
Eyes**  
for the Blind

**TICKETS AVAILABLE ON EVENTBRITE, AT BENNINGTON TIRE OR AT THE DOOR**

For more information visit us on



@norshaftlionsclub



# Swanton-Missisquoi Valley Lions Club

MEN AND WOMEN GUIDED BY KINDNESS TO SERVE OUR COMMUNITIES  
AND THE WORLD IN TIMES OF NEED.

# Pancake Breakfast

April 29th and 30th ~ 7 am till Noon

St. Albans City School, 29 Bellows Street, St. Albans, VT

**Dine In**

**\$10 Person**

**5 and Under Free**

**Grab and Go**

**\$10 Person**

**Reserve Not Necessary**

**but can reserve by**

**emailing**

**swantonlions@gmail.com**

**calling**

**802-582-2288**

**Cash or Credit Card**



## MENU

**Pancakes**  
**Scrambled Eggs**  
**Sausage**  
**Home Fries**  
**Assorted Muffins**  
**Juice, Milk,**  
**Coffee**  
**PURE VT**  
**MAPLE SYRUP**



**Proceeds to Benefit the Less Fortunate  
Through Community Service Projects**



# 44<sup>th</sup> Annual Lake Bomoseen Ice Fishing Derby

In Memory of Tom Evanoika and "Bomoseen" Bob Newton



## FEBRUARY 18 & 19, 2023



**\$6,000 in Available Prizes!**

*Ticket holder eligible for drawing of door prizes.  
Additional door prizes for children 12 and under.*

**Derby Headquarters:** *Crystal Beach*

**Entry Fee:** *\$20 per person*

**Buy Tickets Early:** *Tom's Bait & Tackle*

**Buy Tickets During the Event:**

*Derby Headquarters and Tom's Bait & Tackle*

**Call For More Information:**

*John Brough - (802) 265-7996*

*Stan Patch - (802) 468-5001*

Castleton Lions Club:



**2023 WINTER  
RAFFLE**

DRAWING APRIL 8, 2023

**PRIZES**

- 1** 2-Hour Tiki Boat Tour on Bomoseen (\$400 Value)  
*Donated by Lake Bomoseen Lodge & Tap Room*
- 2** \$100 Gift Certificate for Scotch Hill Brewery  
*Donated by Edward Jones & Shawn Hadwen*
- 3** \$100 Gift Certificate for The Wheel Inn
- 4** Round of Golf for Four at Proctor/Pittsford Country Club (\$140 Value)
- 5** \$50 Gift Certificate for Carl Durfees Store  
*Donated by Edward Jones & Shawn Hadwen*
- 6** VT State Car Inspection (\$60 Value)  
*2 Drawings Donated by Sam's U-Save Fuels*

**TICKETS  
\$5 EACH**



Colchester Lions Club:



**We Serve**



**Colchester Lions Club**

**'All-you-can-eat'**

**Pancake Breakfast**

*(plain, chocolate chip, blueberry)*

***Pancakes, sausage, scrambled eggs, homefries, beverage***

**Sale Hours: Saturday 8:30 – 10:30**

*(Colchester Parks and Rec Winter Carnival)*

**Location: High School Cafeteria**

**Costs: by donation**

*(not included in Winter Carnival bracelet)*

**Lion Heather at 802-881-8919 for more information.**

# Lions in the News!!!

## *Middlebury Lions Club:*



PID Tom Broughton along with DG Kathy Dorman presenting Middlebury Lions Club member, Lion Jill Rainville, her Melvin Jones Fellow plaque and pin. Congratulations!

## *Granville Lions Club:*



At the Granville Lions January 10th meeting, President Phil Weaver presented Past District Governor Carol Greene with her personalized Telescope Director's Chair. The club traditionally presents the district governor with a personalized chair, but due to Covid restrictions, PDG Carol never received hers. Congratulations PDG Carol on a job well done

## Windsor Lions Club:

The Windsor Lions Club would like to congratulate Lion Leon Pillsbury for celebrating his 90<sup>th</sup> birthday on February 1<sup>st</sup>. He received his 50-year Chevron pin from DG Kathy Dorman in November!!! Congratulations Lion Leon!!!



\*\*\* Happy birthday cards can be sent to Lion Leon at P O Box 736, Windsor VT 05089 \*\*\*

Lion Leon – Photos Then and Now!!! Helping serve roast beef at a 1979 dinner (photo on the left) and using ‘elbow’ power to cut potatoes for the Windsor Lions Club food booth (time unknown). Some other little ‘tidbits’ about Lion Leon: Has held many officer positions within the club, serving many years as secretary (still is assistant secretary). Other than spending winter months in Florida, he and his wife, Lion Ruth vary rarely miss a meeting if they miss any at all. Lion Leon is a Melvin Jones Fellow.



District 45 leadership - past, present and future! From left, PDG [Bob Wilcox](#), FVDG [Travis Wood](#), Arlington Lions President John Toth, DG [Kathy Dorman](#) and PDG [Pam Nichols](#).

The 'scenes' behind the screen that no one sees!!!



GREAT JOB DG KATHY!!!!

And special thanks to Lion Mark Hanna for the 'action' photos from the interview!!!!