

The Communiqué

District 45 - Vermont Lions Charities
In Lionism, In Service, In Friendship

April 2016

Volume 38 Issue 10

Published by
Vermont Lions Charities
and District 45 of
Lions Club International

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A Message from District Governor Pam Nichols

TIME IS RUNNING OUT ! I can not believe that it's already April! We are going crazy getting ready for convention. If you have not done so yet please send in your registration. The hotel has a strict policy as far as numbers, so we need an accurate count.

Please, at a minimum, call, or email Kathy Gallett if you are coming! I'm looking forward to a great convention but I am not officially finished till July 1st. I do have two clubs that I still need to visit. I promise I will do that, most likely in May.

I'd also like to work on extension, so if you have an event where I could set up a table and talk about membership, please let me know.

Do you have an item for the PIP James Irwins basket? Remember, it must be small. Please send it to me as soon as possible! The basket will need to be assembled prior to Convention. No new items will be added at Convention! Hope to see you all at convention!

**As always,
Yours in service. DG Pam**



Send articles to the Communiqué Editor by email when possible. Snail mail will still be accepted. The Communiqué is published on the first of each month. Deadline for article/photo/announcement submissions is the 20th of each month. Email: communiqué@d45lions.com

DISTRICT 45

Calendar

April 2016

| | |
|-------|--|
| 2 | Pittsford Lions Club Pancake Breakfast - Pittsford Congregational Church - Route 7 Pittsford 7am-11am \$6 Adult \$3 Children |
| 3 | Twin State Soccer Association Kick-Off Banquet, 1:00pm, Elks Club, Lebanon, NH |
| 16 | Texas Hold Em' to benefit Vermont Lions Charities - Westfield Community Center, Westfield, VT -Doors at 9am Games at 10am \$35 buy-in |
| 20 | Deadline to submit items for the May Communique |
| 22-24 | Spring Convention, The Inns at the Equinox, Manchester, VT |
| 30 | Deadline to file PU 101's |

May 2016

| | |
|----|---|
| 14 | Walk for Sight, Manchester/South Burlington/Tunbridge |
| 20 | Deadline to submit items for the June Communique |

June 2016

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|----|--|
| 4 | Special Olympics Vision Screening - UVM 9:30am-3pm |
| 20 | Deadline to submit items for the July Communique |

July 2016

| | |
|----|--|
| 20 | Deadline to submit items for the August Communique |
|----|--|



Lions Twin State Soccer Association, Inc.

Annual Kick-Off Banquet

The annual Kick Off Banquet for the Lions Twin State Soccer Association, leading to our matches at Castleton University July 16th is scheduled for Sunday, April 3rd, 2016 at 1:00 in the afternoon at the Elks Club in Lebanon, NH.

It will be a full day for Lions. *To save an extra trip, the March meeting for the Association Directors is set for 9:30 am that same day at the Elks Club in Lebanon, NH. All Lions are welcome. Coffee and donuts will be provided.*

At 10:45 am the Twin State players and coaches will be arriving for team meetings and photos. At this time, we will need help from our Lions to help greet these guests, get them going in their right direction. At 1:00 pm we will sit down to the banquet and the players and coaches will be introduced.

All Lions, spouses and guests are welcome to attend and we hope that all directors will make an effort to bring along another Lion so they can see first-hand what this Lions Soccer Cup game is all about. Between 10:45 and 11:30 there will be plenty to do as we act as hosts and greeters for our visitors. Between 11:45 and 12:55 there is also a program for the parents and guests.

It is important that we have an accurate head count in advance. We will also need payment in advance. The cost is \$20.00 per person and checks may be made out to LTSSA. Please save this notice for reference on times and return the attached slip with your check to me as soon as possible. The final head count is due to the Elks Club by Friday, March 15th.

To reach the Elks Club in Lebanon
Take exit 1B off Interstate 89 and follow the signs for Dartmouth Hospital
And take 1st right onto Heater Road.

Please return this slip along with your check to:

Lions Twin State Soccer Cup
Forrest Powers
68 Jack Wells Road, Danbury, NH 03230

Name: _____ Phone: _____ Club: _____

Yes, I will be attending the Kick off Banquet on April 3, 2016. There will be _____ in my party
I have enclosed my check for \$ _____ (Number x \$20.)

Deadline is March 15th - so please, get these slips back as soon as possible, thank you.

Yours in Lion Spirit,
Cheryl Powers, Director



Lions Twin State Soccer Association, Inc.

Try-outs are over and the teams of High School Senior Soccer men and women are in the process of being established. It looks like schools all over the two states will be represented. Sponsorship and Ad letters are in the mail. There may be a player in your town that you would like to sponsor. You could invite that player to speak at a club meeting to tell you about the experience of being on the LTSSA team.

LTSSA Directors are as follows:

| Year | 44N | 44H | 45 | |
|------|--|---|--|---|
| 2016 | Brent Crowder Richard Gray PDG Alan Ricard | Jerry Vaccaro Marilyn Vaccaro Ann Mason | PDG Ken Millay David LaRose Bruce Savery | PDG Betsy Magee Donald Lane |
| 2017 | Tom Royce, IPP PDG Don Potter PCC Tom Geno, VP | Jeri Maynard Open Open | John Sprague PDG Stanley, Patch, Jr. Odillon LaRoche | Rick Bingham Debbie Ankuda |
| 2018 | PDG Henry McKee Ray Dodge Cheryl Powers | Paul Pearsall (44N) Open Open | Robert Brault Pat Ankuda Open | Open Open Open |

We would like to fill all the open spaces with dedicated Lions who are interested in serving on the board. All Lions are welcomed, and if you would like to attend a meeting you should make reservations by contacting Director Cheryl Powers at LionCherylPwrs@aol.com or by phone at 603 768-3617 by the Tuesday prior to the meeting. Below is the meeting schedule of 2015-2016 Lion year.

Meeting Schedule:

Wednesday, January 27, 2016: Directors meeting, Elks Lodge, Lebanon @ 7:00 p.m.
 Wednesday, February 25, 2016: Directors meeting, Elks Lodge, Lebanon @ 7:00 p.m.
 Sunday, April 03, 2016: Players Banquet, Elks Lodge in Lebanon @ 9:30 a.m.
 Wednesday, April 27, 2016: Executive Board, 68 Jack Wells Road, Danbury @ 6:00 p.m.
 Wednesday, May 25, 2016: Directors meeting, Elks Lodge in Lebanon @ 7:00 p.m.
 Wednesday, June 29, 2016: Directors meeting, Elks Lodge in Lebanon @ 7:00 p.m.
 Thursday, July 14-16, 2016: LTSSA Soccer Camp, Castleton State College, Vermont
 Saturday, July 16, 2016: Directors meeting, Castleton State College, Vermont
 Saturday, July 16, 2016: LTSSA Soccer Game, Castleton State College, Vermont

"Soccer for Sight and Hearing"



**Vermont Lions District 45
2016 Spring Convention
April 22, 23 and 24, 2016
The Inns at Equinox
Route 7 A
Manchester Center, Vermont**

District Governor

DG Pamela Nichols
1013 Route 30
Dorset, VT 05251
802-362-3504

Email: vtlionpam@gmail.com

1st Vice District Governor

Joseph Wilson ((Springfield))
806 Breezy Hill Road
Springfield, VT 05256
802-885-2811

Email: breezyhill@vermont.net

Cabinet Secretary

PDG Robert W. Wilcox
P.O. Box 321
Shaftsbury, VT 05262
802-379-2600

Email: wilcoxrw@aol.com

Cabinet Treasurer

PCT Kathy Gallett
83 Middle Road
Shaftsbury, VT 05262
Home: 802-442-4033
Cell: 802-375-5616

Email: Kathy@bowfamily.com

Name: _____

Address: _____

Email Address: _____

Club/District Position: _____

Phone Number: _____

Home Club: _____

District Governor Pam and Lion Bill Nichols invite all District 45 Lions to the 2016 Spring Convention at The Inns at Equinox, Manchester Center, Vermont April 22 to 24, 2016. Along with Past International President James E. Ervin, PIP (1999-2000), District 45 Lions will gather in Manchester Center for an EVENT filled Lions weekend.

Attached you will find the schedule of Events for the Weekend.

**Vermont Lions District 45
2016 Spring Convention
April 22, 23 and 24, 2016
The Inns at Equinox
Route 7 A
Manchester Center, Vermont**

Friday April 22, 2016

Registration 3:00 pm to 6:30 pm
Manchester Foyer (lower level)

District 45 Lions
Welcome Reception
Manchester Lions Hosting 7:00 pm – 9:00 pm
Manchester VFW Hall
(transportation to and from the hotel will be provided)

Vice District Governor Joe Wilson, Lion Walter Hastings
and Liz Fenwick
Lions Gathering 9:00 to 11:00 pm

Saturday April 23, 2016

Registration 7:30 am to 12:00 noon
Manchester Foyer(lower level)

District 45 Breakfast 7:30 am to 9:00 am
Vermont Country Buffet
Rockwell Room

District 45 Cabinet Meeting 9:00 am to 11:45 am
Manchester Room

2016 Melvin Jones Lunch 12:00 to 1:30 pm
Equinox Lunch Buffet

Rockwell Room

Lions Hour with Past International President

Lion James E. Ervin 2:00 pm to 3:00 pm

All Past District Governors invited Manchester Room

District Governor Elect Joe Wilson, 1st VDG Elect Walter Hastings and
2nd VDG Elect Liz Fenwick

Lions Gathering 3:00 to 5:00 pm

2016 District 45 Banquet

New England Thanksgiving Dinner

Cocktails 6:00 pm Cash Bar

Dinner 7:00 pm

Colonnade Grand Ball Room

District Governor Elect Joe Wilson, 1st VDG Elect Walter Hastings and
2nd VDG Elect Liz Fenwick

Lions Gathering 9:00 pm to 11:00 pm

Sunday April 24, 2016

District 45 Memorial Service 7:30 am to 9:00 am

Rockwell Room

District 45 Breakfast 9:00 am to 10:30

Vermont Country Buffet

Manchester Room

Vermont District 45



Re: Lions Clubs International Election Requirements

Dear Club Leaders:

It is that time of year again when we help celebrate DG Pam Nichol's year and have our annual election for District Officers for 2016 - 2017 at our Spring Convention, which will be taking place at The Inns at Equinox in Manchester on April 22nd, 23rd and 24th.

I must remind all clubs that all outstanding balances need to be paid in full to Lions Clubs International and to Vermont Lions District 45 prior to the election that weekend. Each club is entitled to a delegate vote for each 10 members it has. All PDG's in attendance are allowed to vote as a delegate for their club or as a Past District Governor but not both.

*** Reminder to all Lions planning on voting, please make you bring your signed membership card ***

DG Pam, CS Bob, CT Kathy and I look forward to seeing representatives of ALL of the clubs in the district there for a fun filled weekend. and for this important matter of electing our District Governor, 1st Vice District Governor and 2nd Vice District Governor for 2016 – 2017. .

Please contact me during the evening at 802-578-7483 or e-mail at kpemery1960@gmail.com if you have any questions.

Sincerely,

IPDG Kenneth Emery
2015 – 2016 Elections Chair

Spring Convention 2016

Get to know your candidates for 1st VDG and 2nd VDG

Interviews conducted by IPDG Ken Emery

Lion Walter Hastings 1st VDG Candidate

Lion Walter Hastings, member of the Heartland Lions Club since 2003 placed his name as a candidate for 1st VDG 2016 - 2017 for District 45. Lion Walter has been club president multiple times, zone chair 3 times, Town of Royalton Lister for 31 years, 15 years as Floodplain Zoning Administrator and other town committees and has been in the land surveying industry for 36 + years.

Q: What inspired you to run for this position?

A: I strongly believe that people should step up to leadership roles and all levels of Lion. And I feel that at this point in my life I am ready to assume the position of 1st VDG.

Q: What inspires you to be a Lion?

A: I am not sure that I was inspired to be a Lion. A good friend and mentor, Lion Alfred Jones asked me to become a Lion. I had previously worked in many positions in leadership in government and boards in my community and region. I was looking for a civic organization to join, so when Lion Al asked me to join this was the opportunity I was seeking. I learned quickly what a great organization, I had joined.

After working with the Lions, the motto "We Serve" fits the membership of Lions, which I see in each meeting I attend, at all levels. This level of dedication has inspired me to grow with the Lions.

Lion Elizabeth 'Liz' Fenwick 2nd VDG Candidate

Lion Elizabeth 'Liz' Fenwick, member of the NorShaft Lions Club since 2010 has placed her name as a candidate for 2nd VDG 2016 - 2017 for District 45. Lion Liz has been club president for 2 years, zone chair, Girl Scout and Youth Leader, and a teacher to our youth for many years.

Q: What inspired you to run for this position?

A: This is an interesting question. I never joined the Lions to be 'in charge', rather I have always seen any leadership position I have had in my work, as that of a facilitator who tries to create an environment in which people consider new ideas and recognize their own skills. Also I have worked as the person who holds up a mirror to the members to show them what they really can do and reflect it back to them. Additionally, I have always tried to connect people with like-minded ideals and ideas - to develop the organization I have been working with. My two years as President of NorShaft Lions have been a challenge, as I have brought together a fractured Club and substantially grown the membership, while increasing the community-based activities and involvement. After two years as President of the NorShaft Lions Club, I feel that I can now move on to the new challenge of working with a larger team who want to move the Lions Club forward in District 45.

Lion Walter Hastings

Q: What would you like to see done in the next 5 years for Vermont Lions?

A: I would like to continue in the steps of DG Pam Nichols and 1st VDG Joe Wilson. Continue to making cabinet meetings more fun, continue grow membership and to better promote Lionism thru the state. I would like us to take steps in moving this forward thru new technology, but not leaving anyone behind. I would like to make sure that we continue to work together as a cohesive organization. A great example of this is the Vision Screeners where all levels of Lions have worked together to service the community and promote Lionism thru the state. To see more interaction between clubs using the Traveling Lion and zone meetings, also more interaction with District 44N especially the Connecticut river clubs.

Please join us, as a body of Lions representing Vermont Lion District 45 at this year's Spring Convention to elect VDG Joe Wilson, as District Governor 2016 - 2017, Lion Walter Hastings as 1st VDG 2016 - 2017 and Lion Liz Fenwick as 2nd VDG 2016 - 2017.

Respectfully submitted,

IPDG Ken Emery

GLT Coordinator District 45

Lion Elizabeth 'Liz' Fenwick

Q: What inspires you to be a Lion?

A: I have found that being a Lion has given me the chance to 'give back' to a community where I grew up. I have so much to be thankful for in the chances that I was given as I grew up in Vermont. Being a member of the Lions' Club has meant that I have been able to work with a great group of like-minded people and support this community in so many ways, from vision and diabetes screening to building ramps for handicapped veterans and giving food to food banks and so many other activities. I know that our Club and those around the state have fulfilled the saying "Where there is a need – there is a Lion" and will continue to do so.

Q: What would you like to see done in the next 5 years for Vermont Lions?

A: My background since I left Vermont to travel and live abroad has taught me the importance of being aware of a larger worldview. Having experience of other countries and life styles adds so much to anyone's ability to understand, empathize, and link to others in Vt. and around the world and to understand themselves. It seems to me that in Lions International there is a huge resource of members around the world who could teach us so much and who, in turn, could learn so much about real American people, and not the media caricature that is broadcast around the world. I do not know how this can be done as yet, but it is this link and growth that it can encourage that I would like to see develop within the next five years within District 45. I feel that this focus could also support the growth of the Vt. Lions Clubs, as it would show a different worldview that could well attract more members. Also I feel that the work of the Guiding Lions should continue to be expanded as the support that can be offered to Clubs around the State is invaluable. I have been very interested in the information and perspective I have gained from my studies in this program and I look forward to completing the study this year.

A Walk for Sight

**Vermont Lions Charities
2016 Walk-a-thon**



May 14, 2016 10 am – 2 pm

At 3 Locations:

- **Dana Thompson Memorial Park,
Manchester, VT**
- **South Burlington's
University Mall**
- **Tunbridge Fair Grounds**

Our Goal – 300 miles -- \$15,000





Not a Walker?

Here's what You and your Club can do:

- **Come Cheer the Walkers**
- **Sponsor a Walker**
- **Dedicate Seemore to walk** — last page
- **Work the Registration Table**
- **Greet the Public**
- **E-mail all your friends inviting them to the event**
- **Put the event on your club and personal Facebook pages and Websites**
- **Make baked goods to sell at the Walk-a-thon**
- **Wear your Vests**



Vermont Lions Charities 2016 Walk-a-thon



A Walk for Sight

Come join the Vermont Lions and Leos and friends to walk our way to serving the needs of our wonderful State! **"FUN ACTIVITIES THROUGHOUT THE DAY"**

- Locations:** Dana Thompson Memorial Park, Manchester VT
South Burlington University Mall
Tunbridge Fair Grounds
- Date:** Saturday, May 14, 2016
- Time:** Registration opens: 9:30 a.m.;
- Opening:** Walk starts at 10:00 a.m.
- Walking:** Anytime between 10:00 a.m. and 2:00 p.m.
- Goals:** Group total: walk 500 kilometers (300 miles) and raise \$15,000
- Contests:** Win a Flat Screen TV, an Orvis Rod & Reel or other Great Prizes –one entry for each single sponsor of \$25 and one entry for each \$100 of sponsorship a walker has. Drawing at August Cabinet Meeting.

In 1925 Helen Keller asked Lions to be her "Knights of the Blind". Help us continue to fulfill this mission.

Vermont Lions Charities is a non-profit organization involving over 1,250 Lions from various Lions Clubs around the State. The common aspiration is to serve the 'visually and hearing impaired and the less fortunate' of Vermont by providing funding to aid in purchase of vision and hearing needs and other materials as needed.



Vermont Lions Charities 2016 Walk-a-thon



A Walk for Sight



I, _____, am walking for Vermont Lions Charities
and _____.

(Leave this line blank if you want all the proceeds to go to Vermont Lions Charities.)

Fifty percent (50%) of what walker raises can be designated for an Area's Lions activity, e.g.,
Arlington Lions' Scholarships, Heartland Lions' Food Pantry, Essex Lions' Sight & Hearing.

| Name | Address (optional) | | \$\$\$\$ | Total |
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- Please make all checks payable to VT Lion's Charities, 100% tax deductible. *
- Please bring this Donation Form to the Walk-a-thon or return to:

VLC Chair, Jackie Dutil, 694 North Birch Hill Road, Brandon VT, 05733

For more information contact:

VLC Chairperson Jackie Dutil 802-247-3490 or via email: jdutil775@comcast.net

D45 Centennial Coordinator corner: **Congratulations!**



As a district 66% of our clubs have already reported a **Centennial Service Activity** completion. Four clubs have reported completion of an activity in all four service areas:

- 1) Engaging Youth
- 2) Sharing the Vision
- 3) Relieving the Hunger
- 4) Protecting our Environment

Way to lead Middlebury, Norshaft, Vergennes, and Jerico-Underhill!

There is still plenty of time left in 2015-16 for all clubs to complete and report their Centennial Service Activities.

It's the reporting part that might be difficult and as your D45 Centennial Coordinator I can assist you with getting that reporting completed. Normally club secretaries report via MyLCI, but if your club doesn't have access then just email me at bigelowr001@earthlink.net and I will do it for you! Just send me a description of your event along with the number of lions participating and number of people served, also any dollar amounts of donations given or funds earned.

Remember there is also a **Centennial Membership challenge** and I'm proud to report that to date 21 of 38 clubs have added one or more new members. Manchester Lions lead this challenge with a total of 6 new members to date. Way to go Manchester!! Throughout D45 we have added 49 new members!

Lastly we have one club reporting completion of a **Centennial Community Legacy Project**. I'm not here to be the Centennial police, but I'm pretty sure those pancakes won't create a lasting local impact (unless it's on a community member's hips). Legacy projects are in three tiers and are reported via MyLCI or by contacting me and I can do that report for you as well. **Legacy projects** are intended to showcase your club in the community. There are three levels but no \$ amounts associated. Level 1 increases you clubs visibility in the community. Level 2 is a community gift; finally Level 3 is a project which makes a lasting community impact. Contact me for more information or assistance. **Lion Randy 802-458-7361**.

Vermont Lions Charities Fundraiser

Texas Hold'em Tournament

Proceeds Benefit Vermont Lions Charities

When: Saturday, April 16th

Time: Doors open at 9:00, game starts at 10:00

Where: Westfield Community Center
110 N Hill Rd, Westfield, VT 05874

Buy in is \$35 with an options \$5 for high hand

70% pay out.

Lunch is available on site.

Sponsored by the Troy and Area Lions Club

Opening Eyes at Special Olympics

Dear Fellow Vermont Lions of District 45,

On behalf of PDG Betsy MaGee of the Essex Junction Lions Club and myself, want to bring your attention to a special program that is getting a 'restart' here in Vermont: Opening Eyes at Special Olympics.

I know this was a special program that was previously led by Lion Rusty Bernal of the Norwich Lions Club (thanks Lion Rusty) that somewhat stopped. Dr. Dorothy Brodmann, former member of the Lamoille Valley Lion Club and Burlington Lions Club has taken the lead on restarting this program and is looking for help from all Vermont Lions.

The following is her message. The date is Saturday June 4th. If you are able to help or would like more information, please contact PDG Betsy at 802-578-8188 or lionbetsy2000@yahoo.com or myself at 802-578-7483 or kpemery1960@gmail.com

In Lionism,

IPDG Ken Emery

Dear Lions Clubs

As you know, the AOA has taken an affirmative role in promoting quality eye care for the people with intellectual disability. Special Olympics International's vision program "Opening Eyes" is a comprehensive vision and eye health program put on by Special Olympics in conjunction with the AOA.

The mission of "Special Olympic Opening Eyes" Vision and Eye Health Program is to provide quality eye health care to Special Olympic athletes, assess the integrity of the athlete's visual system as well as visual acuity, to prescribe and dispense appropriate prescription and safety eye wear, to educate the athletes, parents, coaches and doctors about the importance of the visual system for sports, education and vocational performance, and to gather and publish data regarding vision, visual skills and eye health of the Special Olympic population. It is our goal to eventually have a screening at every state games around the country.

The screenings consist of visual acuities, color vision, retinoscopy, ophthalmoscopy, color vision, depth perception, cover test, motilities, biomicroscopy, tonometry, and auto refraction. Any athlete failing the screening is then given a complete eye exam on site, and prescriptions for regular and sport goggles are then fabricated and given free to the athletes.

The Special Olympics Lions Clubs International Opening Eyes screenings are an invaluable learning and growing experience. Not only will it give lions a unique opportunity to examine hundreds of patients, but it will permanently alter their views and attitudes towards people with intellectual disability. We hope to have as many volunteers as possible. Every volunteer who has participated in the past screenings have felt it to be a rewarding experience.

We would like to inform you that the next vision screening will be taking place at UVM June 4th 2016 from 9:30am to 3pm. We want to thank you for your cooperation in making the "Special Olympics Lions Clubs International Opening Eyes" Vision program for athletes with intellectual disability a success.

Sincerely

Dr. Dorothy Brodmann
Vermont Clinical Director
"Special Olympics Lions Clubs International Opening Eyes"
drbrodmann@gmail.com

Want to enjoy great food and have it earn \$\$s for Vermont Lions Charities????

Schwan's Home Delivery allows Vermont Lions Charities to earn money for every order that references our \$\$\$ for Sight and Sound program:

From April 1 to May 15 (first 45 days) VLC will receive 20% of all sales and 40% of all electronic gift cards (\$25 each) that are purchased.

From May 16th to August 14th, Vermont Lions Charities will receive 5% of all sales.

This year's fundraiser title is "\$\$\$ for Sight and Sound 2016".

Schwan's Home Delivery has over 300 frozen treats for delivery. They have fabulous meats, vegetables, deserts, meals and of course ICE CREAM. They have home bases throughout the state 'to serve' our Vermont Lions BUT this program is not just for Vermonters. Anyone can support \$\$\$ for Sight and Sound regardless where they live.

Go to [www. Schwans.com](http://www.Schwans.com). At the second step in checking out you'll have the option of selecting \$\$\$ for Sight and Sound.

Enjoy! And Thanks for Vermont Lions Charities.

Club News

Vision Screening Equipment Available

The consortium of the Arlington, Bennington and NorShaft clubs have completed screening all available children in our area – 2,902 children at 29 sites!

The equipment is now available to move on to another club. If your club is interested in taking on this project, please contact Phylis Porio @ 802-442-0380 or norshaftions@aol.com.

We'll be happy to come train your club.

It's been a great experience with some wonderful feedback from very appreciative parents. Every club should consider taking on a Vision Screening Project for their area.

Cabinet Meeting Pics!



Speak Out Contest Winners Announced!

2016 SPEAK OUT CONTEST DIGNITY.HARMONY.HUMANITY.

Fellow Lions;

I am pleased to announce the winners of this year's Speak Out Contest, Dignity.Harmony.Humanity. The Contest was held at the March 12th Cabinet Meeting at the Brandon Inn in Brandon, VT.

The speakers were all winners, placements were:

| | |
|----------------------------------|--|
| 1 st Place, \$ 300.00 | Alyse Beauchemin – Vergennes Club |
| 2 nd Place, \$150.00 | Benjamin Francoeur – Brandon/Pittsford Clubs |
| 3 rd Place, \$ 75.00 | Sebastian Durfee, Norshaft Club |
| 4 th Place, \$ 25.00 | Rylee Wrenner, Essex Jct. Club |

Honorable Mention- Nicholas Schramm, Colchester Club winner, was not able to attend District Contest.

Judges:

| | |
|----------------------|----------|
| Lion Gia Amorese | Region 1 |
| Lion Pat Schroeder | Region 2 |
| Lion Walter Hastings | Region 3 |
| Lion Rick Theken | Region 4 |

Time Keeper: Lion Burt Reynolds, Brandon/Forest Dale Club

Thank you to all the lions that helped make it happen!

As always, it was a very inspirational event. The speakers were exceptional, so much so that it was one of the closest scoring contests in recent years.

I want to thank all of the clubs that participated. District 45 also thanks you for encouraging the youth in your local schools to participate in this Lions Club Event, opening a door to their interpretation of our International President Yamada's theme Dignity.Harmony.Humanity.

I would like to encourage clubs to reach out to the youth in our schools; District 45 has many opportunities to do so through Arbor Day trees, the Peace Poster Contest, Liberty Day, Food from the Heart and the Speak Out Contest. Then for the real ambitious, our Leo Clubs.

Thank you again for the opportunity to serve.

Yours in Lionism,
Lion Jackie Dutil

Chairperson, Speak Out Contest

Speak Out! Contestants



More Club News



DG Pam visits the Readsboro Lions Club

Lion Carmelle Terborgh of the Essex Junction Lions Club at the World Health Organization in Geneva, Switzerland. This statue, by sculptor R. T. Wallen, represents a boy leading a man who has River Blindness. There are 6 of these statues, which can be seen at organizations like the WHO, the World Bank, the Carter Center, Lions Clubs International headquarters who have partnered to end river blindness.

PU 101 Reminder!

PU 101's need to be filed with LCI with copies sent to VDG Joe, Lion Carol, PDG Tommy and IPDG Ken and anyone else involved with the directory.

Deadline to file is April 30, 2016



DG Pam Nichols and PDG Betsy MaGee present an Appreciation certificate to Lion Dean Appleman, of East Springfield, Mass. Lions Club and All Seasons Promotions for donating a booth to the Essex Junction Lions for a 50/50 cash raffle at the Sheraton Home Show.

Club News

Heartland Lions Club

Guess who has returned home to the Heartland Lions club????? You guessed it, Sir Charles arrived on Tuesday, May 15. Here is a favorite photo of him at Five Olde in South Royalton. You'll notice the glass is empty and he needs to wear sunglasses.....He enjoyed his visit to the White River Club and Springfield Club. It's great to have him back, for those of you that did not attend the recent cabinet meeting in Brandon, Springfield and Heartland Clubs were reprimanded for the way he was captured from the White River Club.

Heartland Lions also recently sold roses, meetings have included guest speakers; Friends of Royalton Library and Lion Holly Williams (White River Junction) shared about her adventures at Yellowstone National Park– and is currently looking forward to the Walk-a-thon in May at Tunbridge Fair Grounds. We hope you will consider joining one of the three (3) sights for the walk-a-thon.



Pull Tab Update



PULL – TAB UP DATE

(APRIL – 2016)

CONTEST IS CLOSED FOR 2015-2016 LION YEAR

THANK –YOU to all clubs who participated in the pull – tab contest this Lion year. Among the D-45 clubs only 10 clubs contributed to the final total of 158.64 lbs. These pull-tabs help the Shriners raise valued money needed to help children who need their help while in the hospital, at no cost to the child`s family. With all of us working together we can raise needed funds by recycling pull-tabs. This act not only helps the Shriners, but also gives us Lions credit for environmental issues on our M&A`s -> be sure to report your clubs recycling efforts. If your club collects pull-tabs for another organization – GREAT! Keep it up.

Now that the 2015-2016 Lion`s Year of collection has ended, THERE IS NO REASON TO QUIT SAVING PULL-TABS. Clubs, keep saving pull-tabs, they can be turned in at any of our Cabinet Meetings next Lion`s Year (2016-2017). We have a friendly competition amongst the District Clubs having bragging rights as to which club comes in first each year. Who knows your club could be first this year, come to Spring Convention to find out who our top winners are.

KEEP SAVING THOSE PULL - TABS

NORSHAFT LIONS SCORE BIG WITH FOOD FROM THE HEART

The Norshaft Lions would like to thank the community for supporting us in our fourth annual food drive. We, along with all Lions Clubs in Vermont, collect boxed and canned goods, during the month of February. This year the Norshaft Lions were able to collect 3,080 pounds and top last year by nearly 1,000 pounds!! We appreciate the support of the students at Shaftsbury Elementary and Village School of North Bennington for their participation in this program. St. John the Baptist Food Shelf, North Bennington Baptist Church Food Shelf and Second Chance Community Pet Pantry were this year's recipients. We are very happy to be able to assist our less fortunate neighbors during these winter months.



Member News

Dear Lions:

My name is Retha Charette and this year I'm turning 30 years old and I'll be celebrating 25 years as a member of the Girl Scouts; To celebrate I'm going on an epic adventure to hike the Salkantay trek to Machu Picchu. In addition, I'll be going white water rafting with a group of young women from an organization called Peruvian Promise. Peruvian Promise works to empower "young women and enables them to reach their full potential" by combining "enhanced educational opportunities along with mentorship and participation in service." I am writing this letter because I'm putting together The Celebration Project whose goal is to send 3 of the girls involved with Peruvian Promise to college.

Throughout the past 29 years, if one thing has been instilled in me is the need to serve my community. I've been in Girl Scouts since the age of 5 and as a result have been doing my best to make the world a better place ever since. I have done countless community service hours and projects and there is no end in sight. Most recently, I have been volunteering with Southshire Roller Derby and I joined the Manchester Lions Club late last year. The Celebration Project will allow me to help serve the global community and celebrate my milestones by helping others.

In order to reach my goal of sending 3 girls to college I need to raise \$6,500. While this is a large sum of money feel that with the support of the community it is achievable. I am reaching to ask for your assistance in making my birthday wishes come true by donating to The Celebration Project. Every contribution helps in making the difference in the life of a young woman and here is how you can contribute:

- Search The Celebration Project on crowdrise.com it is listed under fundraisers
- Go to: <http://www.peruvianhearts.org/whatwedo/peruvian-promise/> and click donate, under "where do you want your donation directed" click program and a new box will pop up, click Peruvian Promise. In notes please write my name, Retha Charette and The Celebration Project so they know it is for my fundraiser.
- Mail me a check made out to: Peruvian Promise with Peruvian Hearts on the notes line. Mail it: 191 Mill Brook Road Sunderland, VT 05250

I would love the opportunity to come to one of your services to briefly speak with you all about The Celebration Project, my adventures and how I make the world a better place. If you are interested in having me speak or would like to contribute to my cause in any way please contact me either by phone at 508-317-2062 or via e-mail at retha.charette@gmail.com



All the Best,

Lion Retha Charette

P.S. Feel free to like my page, The Celebration Project, on facebook for updates on the project.

Vermont Lions Screen over 10,000 !!



Vermont Lions Vision Screening Reported as of 1/16/2016

| Reporting Club/Area | Sites | Screened | Referred |
|---------------------------------|-------|----------|----------|
| Arlington, Bennington, NorShaft | 29 | 2,902 | 323 |
| Barre | 13 | 1,499 | 149 |
| Castleton | 9 | 1,469 | 177 |
| Colchester/Essex Junction | 3 + | 400 | |
| Manchester/NorShaft | 3 | 541 | 41 |
| Springfield | 35 | 3,975 | 292 |
| Totals: | 92 + | 10,786 | 982 |

Editor's Corner

A note from the Editor:

Please follow these simple steps to ensure that your information will be properly included in the Communique.

1st: When sending correspondence to be included in the Communiqué, please put '**For Communique**' in the subject line of the email. Emails to communique@d45lions.com are received by several Lions and we need to be sure that it is directed properly.

2nd: A quick Marketing 101 reminder: Be sure to include the 5 W's. Who? What? When? Where? Why? and How? when sending information for inclusion in the Communiqué.

For example (and a shameless plug!): (Who)The Manchester Lions Club will be hosting (What) the Maple Leaf Half Marathon, a Top Ten Fall Event, on (When) Saturday September 12, 2015. (Where)The event begins at ends at the Dana L. Thompson Memorial Park, 340 Rec Park Road, Manchester, Vermont. (Why)Monies raised from the event are donated back to the community in the form of scholarships and donations. (How) For more information or to register please visit our website at <http://034f962.netsolhost.com/mapleleaf/>

3rd: Start advertising your event months in advance. Don't wait until the September Communiqué to promote a September event. Send the information as early as possible. I'll get it on the calendar and begin promoting it for you.

Lastly: Please submit items in one of the following formats: PDF, Word, or JPEG. Requests written into the body of an email require additional formatting in InDesign (the Adobe program being used to create the Communique each month). Please help me get the Communique posted on time each month by submitting items early and in the proper format.

All information/photos MUST be received by the 20th of each month.