



The Communique
District 45 – Vermont Lions: In Lionism, In Service, In Friendship

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WE ARE ZOOMING and zooming can make you mine, we are Zooming. Remind you of an oldie but a goody tune!

We have made it to February wow. I really want to thank those who have allowed me to zoom into your meetings. I hope my message of encouragement helps you get through the next month or so to get your vaccine! If enough of us get it. We might get to see each other in person!

Couple of notes: Remember Monday night live on our Facebook page. 730 pm. We can chat ask questions make comments! Also remember to add your events to the District Facebook page so we can all see what you are doing out there!

PDG sweaters. I have an assortment of sizes available contact me if you'd like one .

Stay tuned for an announcement about the March 13th meeting. Trying to figure out what the state thinks about it. I miss you. I am hold out for hope. A decision will be made by February 15th.

See you all soon. Stay safe. Get your vaccine so we can be together safety !

Yours in service DG Pam

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District 45 Calendar

2020	District 45	2021
<u>Date</u>	<u>Hosts - Event</u>	<u>Location</u>
February 7 - 14, 2021	Food from the Heart Events / Food Drive	Districtwide
February 10, 2021	Valentine Cookies Deadline	Deerfield Valley
February 13, 2021	Arlington Lions Club Raffle Drawing	Arlington, Vt
February 13, 2021	Lions Diversity Seminar	Virtual
February 15, 2021	International Childhood Cancer Day	International
February 24, 2021	Lions Twin State Soccer Board Meeting	Virtual
<u>March 13, 2021</u>	District 45 - Spring Cabinet Meeting	Essex VT
<u>March 13, 2021</u>	District 45 - LCIF Super Raffle	Essex VT
	LCIF Super Raffle Melvin Jones Fellow Award	
	Nominations Deadline	Essex VT
<u>March 13, 2021</u>	Lion Day with the United Nations	New York, NY
March 20, 2021	LCIF Campaign 100 Cell-a-thon	Virtual
April 11, 2021	Earth Day	International
April 22, 2021	Lions Worldwide Induction Day	International
April 24, 2021	District 45 - Spring Convention	Manchester VT
May 7 - 9, 2021	Helen Keller Day	International
June 1, 2021	Lions Clubs International Birthday	International
June 7, 2021		Virtual
June 25 - 29, 2021	Lions Club International - International Convention	To be determined
July 27, 2021	Lions Twin State Soccer Games	

Don't see your club activities???
Email such to the Communique Editor
See it next month!!!!

The \$35 sign-up fee waiver for joining a Lions Club has been extended until June 30, 2021. Let's get out there and recruit some members and keep our club strong and active in our community!



This symbol represents HOPE.
 It represents HELP.
 It represents a sense of COMMUNITY.
 This symbol represents the Lions Club.

District News



It feels very strange to not be traveling to our other Lions Clubs in District 45. But in view of the coronavirus threat, DG/PDG Pam Nichols and I felt it would be best to suspend the Traveling Lion contest for the 2020 - 2021 Lions year. Thanks to the clubs who started traveling earlier in the year. Hopefully, next year will be less concerning.
PDG Larry Simino District 45 Traveling Lion Chair





Come and join DG Pam Nichols (or guests) for weekly chats on Facebook
Mondays, 7:30 p.m. Vermont District 45 Lions



Hi, 2nd VDG Kathy here. One of my goals for the year is to help my fellow Lions and the clubs of the District become more visible. We are selling these shirts. \$15 each. Contact me or any of the DG team to purchase one.



Blast from the past segment:



LCIF SUPER RAFFLE WEEKEND
INN AT ESSEX, ESSEX VT
SATURDAY MARCH 13, 2021

MARCH CABINET MEETING 8:00 AM TO 3:30 PM

LCIF SUPER RAFFLE 6:00 PM

HOTEL Room Reservations—call the Hotel direct and book into the Lions Club Room Block. Reservation must be made by February 20, 2021 802-878-1100.

**A final decision on whether both the Cabinet Meeting and / or
The LCIF Super Raffle will be held in-person or virtually
Will be made by February 15th**

PRIZES!!! PRIZES!!! PRIZES!!! PRIZES!!! PRIZES!!!

They are welcome and needed. Can be a physical item.

Can be a gift certificate. Can be a donation of time or a skill.

Are you a baker: baking a cake a month is fantastic!!!

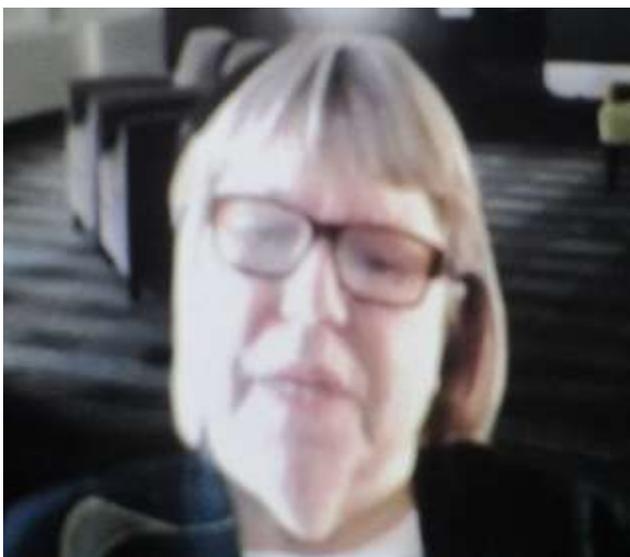
Are you a website master: donation of time to update websites – fantastic!!!

Contact PDG Betsy MaGee: lionbetsy2000@yahoo.com if you can help!!!

Scenes from Distict 45 January Cabinet meeting:



Our 1st VDG: now you see her, now you don't:



CABINET MEETING of JANUARY 9, 2021
(via zoom)

My VLC report this afternoon will be quite brief and will provide an update through December, 2020.(year end final)

. Due to the times, our VLC accounts have experienced outstanding growth...largely due to the efforts of Lion Woody Stoddard...end of year total, our accounts total \$481,455.95. It would appear to me that this is a record high.

. Our budgeted income for the year was \$ 35,425.00 and through December, \$ 52,772.94

. Our budgeted expense for the year was \$ 46200.00 and through December, we are \$ 63,384.23

. As for VLC activity, we recently provided \$2500 in hearing aid assistance.

. Provided \$15000.00 to the Vermont Food Bank and will probably provide additional funds in the near future. Up-date as of today, the VLC Board approved an additional \$5000.00 for the Food Bank and also Provided an additional \$250.00 to the Granville Lions for distribution to the Granville, N.Y. food shelf. Thus, in total for the year, we have donated \$20,000 to the Vermont Food Bank and \$500 to the Granville Lions for distribution to the Granville food bank.

. We have provided \$11,295.00 in eyeglass assistance and 14,018.00 in other vision & hearing assistance for a total of \$ 25,313.00

. We have received \$8090.00 in club donations and \$24,281.80.00 in individual donations for a total of \$ 32,371.80(these figures include donations in stocks by Lion Doug Stuart.

. Our assistance in the area of pediatric cancer and those \$500 stipends have slowed a bit. We now have formed partnerships with the Boston Children's Hospital(part of the Dana Farber Cancer Institute) and the Baystate Children's Hospital in Springfield, MA.

In summary.....we have had a tremendous year having surpassed our budgeted income..however, we surpassed our budgeted expense by more than \$17,000.00...but, that's okay as we provided more in assistance.

Covid prevents us to meet in person..however, it has not affected our results as I believe we have surpassed our expectations for the year.

I do wish to thank the VLC Board for their efforts and commitment and in closing, Happy New Year & yes, keep well & safe.

**Lion Stanley Patch, Jr., President
Vermont Lions Charities**



DISTRICT 45 LIONS CLUBS



The Lions are coming!!! The Lions are coming!! The Lions of District 45 are going to ESSEX for the annual LCIF Super Raffle!!!

Saturday, March 13th
Inn at Essex, 6:30 p.m.

*** decision on in-person or virtual to be made by 2/15 ***

Evening highlights:

- **GRAND PRIZE \$1,500***, 2nd prize \$500**
 - Multiple Grand Prizes, Multiple Door Prizes (if not virtual)
 - *** \$1500, \$1750 if 175 tickets sold, \$2,000 if 200 tickets are sold
- Special raffle of 10th ball, guaranteed 1 of 10 chance to win (if not virtual)
 - Tickets: \$75 no meals, \$90 includes 1 meal, \$100 includes 2 meals
 - 2nd chance insurance: \$25 (maximum 75 policies)
 - Deadline to purchase is March 6th
 - Funds raised allows Melvin Jones Fellow Awards to be granted
 - Over 65 Melvin Jones Fellows granted past 5 years
 - GREAT meal served by Inn at Essex
- Hotel Room rate of \$119 (plus fees) (deadline to reserve is February 27th)
 - Great way to relax after DG Pam's cabinet meeting

See our district website www.vermontlions.org for information on the event, including ticket purchasing, room reservations and requesting prize donations from local businesses.

VERMONT LIONS DISTRICT 45 ANNUAL SUPER RAFFLE

March 13, 2021
Ticket Request

- _____ \$75 – NO MEALS Included
- _____ \$90 – ONE Meal Included
- _____ \$100 – TWO meals Included
- _____ \$25 - 2nd Chance Insurance

_____ Total Amount – Checks Payable to
District 45 Vermont Lions
Ticket Owner Information

Name: _____

Address: _____

Phone: _____

Name of Attendee (if not ticket owner)

_____ Please see "flyer" for deadline information

VERMONT LIONS DISTRICT 45 ANNUAL SUPER RAFFLE

proceeds to benefit



March 13, 2021

The Essex, 70 Essex Way, Essex Junction, VT
Social 6 to 6:30 ~ Dinner and Raffle 6:30 pm

MAKE CHECKS PAYABLE TO DISTRICT 45

Insurance ~ 2nd chance enables your non prize winning number to be eligible for a one time re-entry into the drawings

All vouchers will be assigned a ticket number, on a first come first serve basis. If you wish to have a specific ticket number please contact IPDG Ken Emery.

Please mail completed ticket request to:

IPDG Ken Emery

146 Eagle Park Drive, Colchester, VT 05446

WE SERVE



2021 SPEAK-OUT CONTEST

WE SERVE

UNITED IN KINDNESS AND DIVERSITY

Fellow Lions:

Normally this is the time we would be planning our local Speak-Out Contests in preparation for the final speeches to be judged during our annual convention. I say normally, but we are no longer normal.

It is my hope that we can still have a Speak-Out Contest. Local clubs can still engage with area high school students to participate virtually. I believe we are all more comfortable with virtual meetings and this is a way we can proceed. Hopefully we can meet in person in June to listen to these dedicated students.

"We Serve – United in Kindness and Diversity" is this year's theme from International President Dr. Jung-Yul Choi which resonates with this period of change around us. There are no two identical interpretations of the International President's theme which makes this contest so fascinating.

Students who participate in this program gain valuable experience preparing their presentation and then delivering it to a captive audience. Many young people today do not have the tools to speak in public effectively and with confidence.

Please visit www.lionsclub.org or www.vermontlions.org for links to his theme and other aids. If you have never participated before and would like help getting started, please feel free to contact either myself or my co-chair, Lion Connie St. George, we will be happy to answer any questions you may have.

Yours in Service,

2VDG Kathy Dorman

vtlionkathy@gmail.net (802) 545-8181

Lion Connie St. George

sunsetcarpentry1@juno.com (802) 352-4686



Club News

Arlington Lions Club:

So what is a Lion and what does a Lion's Club do? It's gonna be a long one, but it's worth the read!

Overall, we're just a small club in a small town, but we're part of an international nonprofit organization - one of very few where 100% of donations that come into the clubs, go back into local communities.

Here's what it boils down to: ***Where there's a need, there's a Lion. *Our motto is "We Serve"**

So to further elaborate on that, let's talk about our missions and we'll give you just a few examples of what we do as Lions!

- Vision - We provide financial aid towards glasses and hearing aids. We hope to someday expand even further on this! - We've screened around 500 kids in our area in a combined effort with our sister club, Norshaft Lions
- Youth - We are committed to providing youth and young adults with opportunities to succeed; we provide scholarships towards college. We hold an annual back to school drive and have purchased school supplies, backpacks and lunch pails for our local schools.
- Diabetes - This is a new focus area for LCI and we're working on promoting diabetes awareness in our community. More information coming soon!
- Childhood cancer - we help raise money for pediatric cancer support, most recently through a bottle drive. We also collect bottle tabs for Shriner's.
 - The Environment - We are proud to participate in Green up day every year!
- Hunger - We hold an annual haunted house to benefit our amazing local food shelf. We've come in 1st and 2nd place in the Peanut Butter Jam Slam and we'll be collecting food for Food from the Heart in the coming weeks!

****The Arlington Lion's Club is currently only about a dozen people!****

We're proud of what just a small group of people can accomplish and hope to build on these efforts. We're so honored to be part of this amazing community and to be able to do our small part to keep it great!



Exciting news!! You can now purchase tickets in person at the following locations:

- Chem Clean in Arlington
- Wayside Country Store in Arlington
- Village Peddler East Arlington
- Village Chocolate Shoppe in Bennington

The Arlington Lions Club is selling raffle tickets for an overnight stay package at the Hill Farm Inn in Sunderland VT! Tickets are \$20 each. Total package value of over \$350!
Includes breakfast at the Inn and dinner at a local restaurant. Reservations are required. With no expiration and the date of your choosing, this is your chance to escape your routine!

The drawing is just in time for Valentine's Day - Saturday February 13th!
Winner will be notified via phone and email.

Tickets may be purchased online at <https://docs.google.com/.../1AoIahuBV4rxlNGpY.../viewform...>
As always, please follow all current health and safety guidelines!

Castleton Lions Club

And the WINNERS of the Castleton Lions' Scholarship Raffle for weeks 5 through 8 are...

Week 5
\$100 Doreen Bushey
\$50 Jon Pintello
\$25 Rick Prenivost
\$25 Kurt Miller

Week 6
\$100 Kevin Brown
\$50 Pam Brothers
\$25 Kathy Leamy
\$25 Bev Babcock

Week 7
\$100 Joseph Doran
\$50 Bill Canfield
\$25 Jacki Perry
\$25 Louise Cousineau

Week 8
\$100 Sophia Summers
\$50 Jack Burke
\$25 Steve Botti
\$25 Fred Beauchamp

Congratulations to all our winners 🎉👏.
We will draw week 9 and 10, and the grand prize winners on Monday, Feb. 1.
Happy New Year to all 🎊

BUY YOUR TICKETS EARLY!

43rd Annual Lake Bomoseen Ice Fishing Derby

(in Memory of "Bomoseen" Bob Newton)

FEBRUARY

CANCELED

our prizes

Headquarters:
Crystal Beach Recreation Area

Entry Fee: \$20 per person

For more info and tickets:
Visit TOM'S BAIT & TACKLE or contact a LIONS CLUB Member

Sponsored by the Castleton Lions Club

VERMONT COVID-19 RULES APPLY

Deerfield Valley Lions Club:
Deerfield Valley Lions Serve, Seek Community Feedback,
and Institute a Brand New Fundraiser

Resource Guide for Those in Need:

The Deerfield Valley Lions provided \$20,000 in direct food assistance to about 500 locals in need, a huge annual Holiday event that was instituted decades ago and completely remade in 2020 for the pandemic. To make it an even greater benefit, Lion Jason Staloff headed up compilation of a new Resource Guide (shown here), which was included with every food delivery. With the new Lions Guide, those in need have been given specific resources, with contact info, that can help throughout the year - including LCI's Five Areas of Focus. Please see 'General Section' of this communique for form.

Survey - Are Lions Really Helping:

Jason, along with Lion Keith Thompson and other members of the Deerfield Valley Lions also devised a survey to be sure the club's Holiday food assistance is meeting the mark! It was included as a single sheet with return-postage paid, as well as online - for food recipients with access to a computer. The feedback received points to how valuable Lions are to those in need in the community, and offered insight into how the club can manage service best in upcoming years. In addition, comments received from food recipients were truly heartwarming. Please see 'General Section' of this communique for form.

Valentine Cookie Fundraiser:

Lion Wanda Walkowiak, the Deerfield Valley Lions' Service Chair, devised a brand-new, fun-filled fundraiser for the club. It's a Valentine's Cookie Bouquet! And the club is in the midst of making it happen, with signage, publicity, pandemic-tolerant logistics, and creativity! Check out the photo of a bouquet prototype made by Lion Alisa Thompson! Be sure to check the club's homepage for details at www.dvvtlions.org. With wishes for a Happy Valentine's Day from the Deerfield Valley Lions to all our fellow Lions in D-45, here is additional info:



Treat Your Valentine to A Yummy Cookie Bouquet!



Pre-order cookies by February 10 at

DVVTLIONS.ORG ... or call 368-2020

**Cookies delivered by appointment
on Feb. 13 at Rte 100 & Rte 9 South**

Get full info at dvvtlions.org



For immediate release
Contact: Wanda Walkowiak
(802) 368-2020

Order by February 10 for Valentine Cookie Bouquets

Whitingham, VT— Looking for a fresh, locally crafted alternative to Valentine's candy and flowers? Give your sweetheart a beautifully wrapped bouquet of homemade cookies! The Deerfield Valley Lions Club is now taking orders for cookie bouquets in four delicious flavors. Cookies will be available for curbside pickup by appointment on Saturday, February 13 at the parking area at the intersection of Route 9 and Route 100 South. Just place your order online or by phone, receive your pickup confirmation time, and surprise your Valentine with a yummy treat. Orders must be received by February 10. All profits from bouquet sales will go to fund local needs, including programs that fight hunger in the Valley. To order, please call (802) 368-2020 or visit dvvtlions.org and click on the Cookie Bouquets link.

ATTACHED GRAPHIC CAPTION

**Deerfield Valley Lions are baking up fresh cookie bouquets to help fund
community projects**

Vergennes Lions Club:

Ten Vergennes Lions picked up over 200 discarded Christmas trees throughout the city on Saturday, January 2. They were taken to the city stump dump where city crews chip them into mulch for residents to use next summer when they need free mulch. This project has taken place for over 30 years, and is greatly appreciated by the city and the people wanting to get rid of their trees.



New England News

District 45 Lions attending the January New England Lions Council Meeting



Report of the New England Lions Council Conference

January 9, 2021

On Line

Following on from a successful Conference on October 24, 2020, President Bill Donnell opened our January 9th. with over 100 Lions attending. There was a very full agenda and I can only hope that many of you were able to be among the Lions from all over New England who participated.

Each of the District Governors presented a report of the activities of their district and there were so many activities that Lions have created to still serve during this time of Covid-19. It was exciting to hear about all the 'thinking outside the box' that is going on among our talented and committed Lions. Here are some of the activities and ideas shared:

New Virtual Clubs:

Paws of Comfort - Lion Deb Horner. This Club was developed by drawing together Lions who wanted to offer 'comfort dogs' who were trained to visit schools, nursing homes, veterans homes and hospitals. They are affiliated with the AKC and Therapy Dogs. They are growing to more than 20 members and have received many requests to visit.

New Leo Clubs that are Community - based: D33Y. These clubs will not be based in schools and make it more possible to have partnerships with community groups.

D23C working of virtual clubs using social media

Lioness Clubs are joining the local Lions Clubs in D44N

Districts are continuing to participate in the sight and hearing screening and donations, food bank donations and childhood cancer support

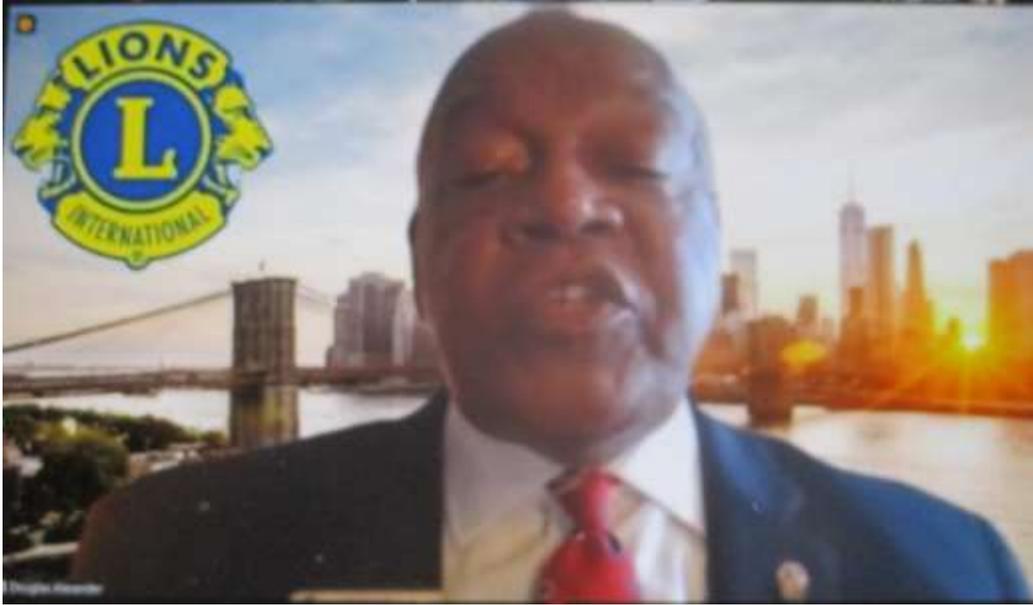
Additional Ideas for Service:

- D44N - roadside clean up planned and plastic recycle to TREC program to make benches (also D44H)
- Rhode Island: Linking with Ronald McDonald House and LCIF to support families of children with cancer with 'levels of support'.
 - D23B - participating in the 'adopt a road' and parks to clean up the environment.
 - D33S - making blankets and donating 500 blankets to hospitals
 - D41 - "Souper Bowl Sunday" - cans of soup donated to local food pantries
 - D23C - training of school staff to do vision screening
 - D44 H - organized a "On Line Comedy Show" to raise funds and have fun.
- D23A - St. Baldrick Event on March 20th - members are sponsored to donate their hair for wigs for cancer patients
- D33N - raised funds for cancer research by placing toilets on the lawns of people to "flush away cancer" - and accepting a donation to cancer research to take the toilets away.

Put health and safety first by following COVID-19 guidelines from the CDC, WHO or local health authorities. Visit our [Serving Safely](#) page for resources to help you safely serve your community.



IPDG (NH) Sue Lindberg led a discussion on Guiding Lions. She made several important points. The importance of a Guiding Lion was to travel with the members of a club, not telling them what to do. - a mentor - a lion who has a passion for Lionism. It is important to get the right Guiding Lions for the Club for rebuilding and support for chartering a new club. Some of the areas that could be explored: Club Assessments, Community Assessments, Orientation Programs, Officer Training.



First Vice President Doug Alexander. VP Alexander gave an interesting talk and update on Lions. He stressed the importance of Service in all we do.

Montreal will be virtual and people should join in the many activities and training that will be offered. The North America Membership Initiative will become a Global Membership Initiative. It will continue to be a Process - not a program. (orientation, opportunity to serve and training development of Lions)
Next year the USA / Canada Forum will be in Iowa.

“Service to others is the rent we pay for being on this Earth”



PID Ed Farrington reported that we have 73 new Clubs and 9 pilot zones for the North American Membership Program in our Region.

ID Mark Lyon reported that :

A new Strategic Plan was being developed by Lions International - watch this space.

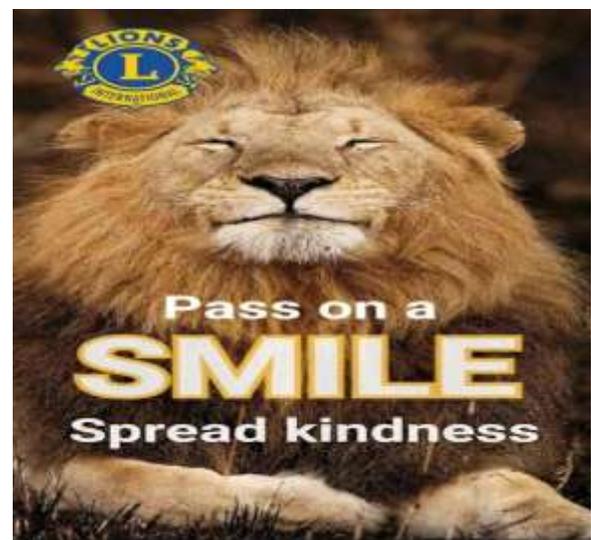
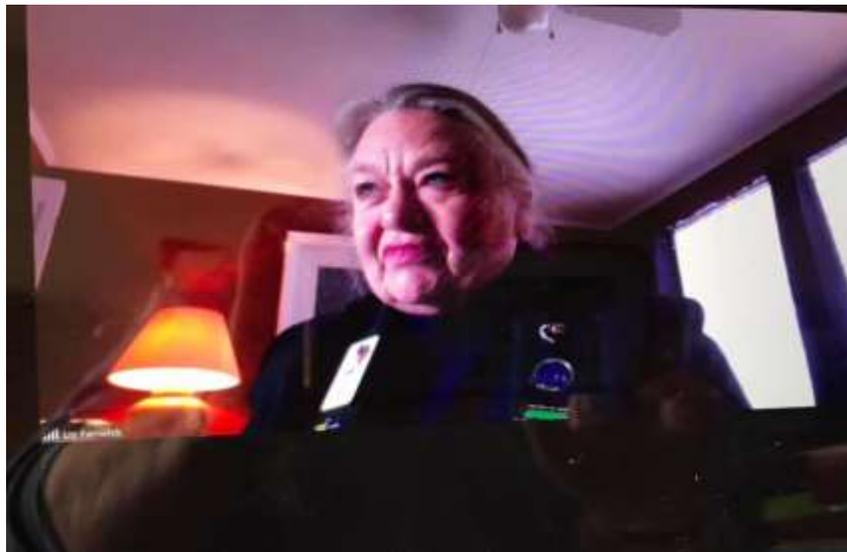
There would no longer be repeat District Governors.

There will be an increase of dues of \$7.00 ,phased in over 3 years

PID Joyce Middleton made the suggestion that each club makes a skills inventory of the club members to help to build the service element of each club.

Our next New England Lions Council meeting is set for May. At the moment , we hope to go to Mt. Snow, here in Vermont. This is being reviewed regularly and a decision will be made to reflect the safety of members, due to the covid 19 virus and the guidelines set by the local government agencies.

PDG Liz Fenwick, Treas., NELC



International News



International Peace Poster Contest

Give your community the opportunity to get involved from home by getting creative. For more than 30 years, Lions clubs have given young people the chance to become our partners in peace and inspire the world through our International Peace Poster Contest.

Learn how your club can [sponsor the Peace Poster Contest](#) through a local school or youth group and engage your entire community through a virtual exhibition. Peace Poster Contest kits go on sale beginning on January 15, 2021. So visit the LCI Shop page to [purchase your contest kit](#) and start planning today.

***Don't wait until August / September to reach out to your local schools.
Reach out now. Might be a great project for April / May / June when
Art teachers are looking for new challenges for their students!!!***

LCIF.ORG | A letter from your chairperson



Lions Clubs International
FOUNDATION

Dear Lion,

As we begin a new calendar year, we see a new light of hope. A fresh new year to start with a clean slate, a blank canvas. A story waiting to be written. As a Lion, your opportunities to make this year count are endless. And while the last year delivered us challenges, it also delivered us incredibly innovative and creative ways to connect. There are more ways to serve now than ever before. Begin your journey today!

In friendship,

Gudrun Yngvadottir, Chairperson
Lions Clubs International Foundation

CONGRATULATIONS!!!

PDG Liz Fenwick!!!

Congratulations!! You have been identified as a Graduate of the Lions University Masters Program. Thank you for attending the USA/Canada Virtual Forum and completing the exam. We apologize for taking so long to notify you but we were very overwhelmed with the numbers that took part in this program and it had taken a lot of time to verify everything.

Due to the cost of mailings we are planning on having the Masters Certificates available along with the pins at the 2021 USA/Canada Forum in Des Moines, Iowa. For information on the dates in September and how to register for this event go to the USA/Canada website (<https://lionsforum.org/>)

Gary Steele
PCC, MD31
Coordinator Lions University



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Lions University

Year-Round Training Provided by the
USA/Canada Lions Leadership Forum



Home

Empowering Community Service Leaders

NOTE: Lions University is offered by the USA/Canada Lions Leadership Forum. Questions or comments about Lions University should not be directed to Lions Clubs International Headquarters, but rather to the [Support](#) page.

As a Lions Club leader, you understand that building strong communities through volunteer service is our objective. The Lions University program is about making sure that you have the skills and resources to meet this objective.

Through three educational program levels, Lions Leaders will enhance their knowledge and skills to better serve their community.

To complete each program, Lions must complete 10 required courses, at least 5 elective classes, and complete specific leadership experiences. To complete a course, the Lion takes part in an hour long training session. These sessions are offered online on this website, through periodic webinars that are posted on this website, and through live sessions led in Districts and Multiple Districts.

Once the training session is completed, the Lion takes a simple online test to confirm their learning. Upon completion, the Lion is awarded a certificate of course completion. Lions are welcome to complete the courses that interest them in any of the programs, and in any order they wish. Credit is given toward the program that the class is under.

- **Bachelor's Program:** This program allows Lions to develop the skills necessary to lead a vital Lions Club. Courses are directed to the skills needed to be great club leader. [Click here to learn more about this program.](#)
- **Master's Program:** This program focuses on giving support to clubs through district leaders. This program is aimed at District Level leaders: District Governors, Vice District Governors, Zone Chairs, District Committee Chairs, Certified Guiding Lions, and other leaders that are ready to foster quality clubs in their District. [Click here to learn more about this program.](#)
- **Doctorate Program:** This program focuses on skills needed to be a training facilitator for adult volunteers. In affect, Lions who have completed the Doctorate Program are prepared to be great trainers of other Lions. [Click here to learn more about this program.](#)

Bachelors

Leading Your Lions Club

The Bachelor's Program is intended to develop the skills necessary to lead a Lions Club. Courses are directed to the skills needed to be great club leader.

The requirements to fulfill the Bachelor's Program are:

- Attend a USA/Canada Lions Leadership Forum (2014 or later)
- Complete 10 required courses (and online quizzes) [all courses are available]
 - 101 – Lions History
 - 102 – Lions Club Structure
 - 103 – Club Success
 - 104 – Effective Club Meetings
 - 105 – Dynamic Community Service Projects
 - 106 – Club Governance
 - 107 – Building Club Membership
 - 108 – Member Motivation
 - 109 – Conflict Resolution
 - 110 – Public Relations
- Complete at least 5 elective courses (and online quizzes) [courses are available unless otherwise noted]
 - 121 – Club President
 - 122 – Club Secretary
 - 123 – Club Finances
 - 124 – Membership Committee
 - 125 – Your Board, Your Team
 - 126 – Orientating and Mentoring New Members
 - 127 – Tail-Twisting
 - 128 – Mentoring a New Lion
 - 129 – Lions Clubs International Foundation (LCIF)
 - 130 – Beyond Your Club
 - 131 – Motivating Through the Art of Recognition





PRESIDENT'S MESSAGE

United in Kindness and Diversity with International President, Dr. Jung-Yul Choi

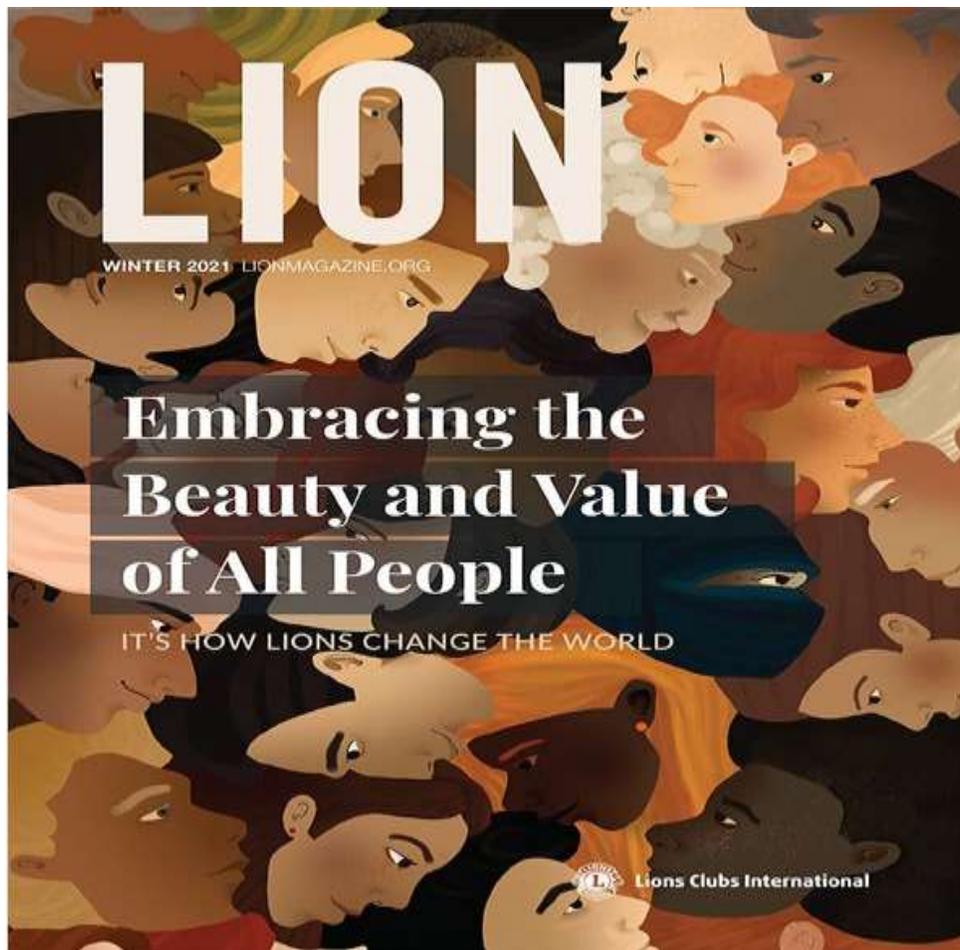
Dear Lion,

You and I share the belief that we have the power to make a better future for all people. Because Lions have a passion for what's possible. There may be challenges ahead of us, but there are opportunities too.

Let's continue to deliver hope to our communities. Let's continue to innovate and serve safely. Let's continue to keep our eyes and hearts open to new opportunities to make a difference every day in people's lives. Together, we can build a better future for our families, communities and the world we share.

Regards,

Dr. Jung-Yul Choi
International President



Dear Lion Leader,

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Although we are disappointed that we won't be able to host this event in person, we are excited about hosting our first virtual international convention that can safely connect Lions from around the world. We are still finalizing the details of your new convention experience, and will share those with you as soon as they are ready.

Here are some important details about the 2021 virtual convention we'd like to share with you:

- **Everyone's invited** – Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- **Registration fees** – The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- **Current registrants** – Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- **Elections** – Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.
- **Convention updates** – Check our convention website [LCICon](#) for convention updates and details as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

We appreciate your understanding during this challenging time for our organization and the world, and thank you for your incredible service as a Lion.

Regards,

Dr. Jung-Yul Choi
International President



Dear Lion Leader,

The coronavirus (COVID-19) pandemic is continuing to impact the work of Lions around the world. As you know, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors unanimously passed another resolution to help our clubs.

Here is an overview of the new resolution approved by the Board of Directors:

- **Charter and entrance fees waiver** – We have waived all charter and entrance fees from January 1 through June 30, 2021.
- **Flexible payments** – No clubs in good standing on December 31, 2020 will be suspended or canceled through June 30, 2021 for late payment of dues. Full payment is required to be received before June 30, 2021 to avoid suspension or cancellation.
 - **Please note** that clubs placed on financial suspension on December 31, 2020 will remain on suspension until the full balance is paid. Those clubs will still need to address their outstanding dues or make arrangements for repayment with the Accounts Receivable Department at Lions Clubs International to avoid cancellation scheduled for March 1, 2021.

These additional measures will help Lions facing financial hardships and give our clubs the support and encouragement they need during these challenging times. For more than a century, Lions have taken on the greatest challenges facing humanity, and together, we will overcome this.

The world needs Lions now more than ever, so thank you for your outstanding service and commitment to our communities and the world.

Regards,

Dr. Jung-Yul Choi
International President

The Impact of Your Kindness

Every one of your club's projects is an important part of our enduring service. And when you [report your service](#), you help us measure our global impact, support our clubs in new ways and bring attention to your service and the work of Lions everywhere.



Just like the work of the Lions of District 118R in Turkey, who served thousands of people this past October in the aftermath of a devastating earthquake. Their story, "[Be Our Guests](#)," is another example of how Lions like you are changing—and saving—lives. And remember that LCIF projects like these wouldn't be possible without [support from you](#).

visit LionsVirtual.org for the latest info

CAMPAIGN 100
100
100th Anniversary

LIONS VIRTUAL

**LCIF
CAMPAIGN 100
TELL-A-THON**

April 11th
Presented by LionsVirtual.org




Join LCI VP Douglas Alexander

& friends for music, entertainment & inspiration on Sunday, April 11th from 5 - 9 pm EDT (New York) music, special guests & heartwarming stories of service

Every \$\$\$ donated will change lives!

DONATE NOW!

<https://givetoday.lionsvirtual.org>

100% of funds raised benefit Lions Clubs International Foundation Campaign 100

TIME CHANGE

Embracing Diversity

In order to thrive in this next century of Lionism, Lions must shed old habits & embrace diversity in our membership & flexibility in how we meet/serve/fundraise.

Join Lions from around the globe as members share their stories & inspire us to recognize the impact of our own behavior & to adopt a Lions Code of Conduct.

Saturday, February 16
11 am - 1:15 pm EST (New York)

(live on camera: <http://live.lionsvirtual.org/2016/02/16>)

REGISTER TODAY
register.lionsvirtual.org

LIONS VIRTUAL .org

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General News

Possible Environmental Project:



DON'T CHUCK THOSE MARKERS.

15 pounds of dead markers that will NOT end up in landfills or our oceans. Did you know that Crayola has a program called ColorCycle? Crayola ColorCycle will accept all brands of plastic markers, not just Crayola markers. That includes dry erase markers & highlighters. If you collect the dead markers, they'll send you a free shipping label & you can ship them back to Crayola to be recycled! Link to get started with this program: <http://www.crayola.com/colorcycle.aspx> This program is currently in the US & parts of Canada, check website & www.crayola.com/colorcycle/frequently-asked-questions.aspx - FAQ's. Kids get so excited to set up boxes at their schools...know any teachers? These markers were collected in just 3 months at a preschool! Imagine what we could divert from landfills during the whole school year at every school!

**When I'm dead
please don't post on
my timeline saying
you wished heaven
had a phone. I have
a phone now & you
don't even call 🙄**





Deerfield Valley Lions Club

Holiday Grocery Program Survey – Winter 2020

To help us best serve our community, we hope you'll complete and return the attached survey. Alternatively, you can complete this online at <https://dvtlions.page.link/Survey>

1. How many people are in your household, including children and extended family?

Adults: _____ # Children: _____ Child ages: _____

2. In which previous years have you participated in the Lions' Holiday Grocery Program?

(Circle) 2019 2018 2017 None (skip to question 5)

•••••
FOLD

•••••
FOLD

3. How would you rate the following features of our past programs? (circle)

Quantity of food	not enough	just right	too much
Selection of food	poor <	1 2 3 4 5	> excellent
Delivery Date	poor <	1 2 3 4 5	> excellent
Delivery Time	poor <	1 2 3 4 5	> excellent
Delivery Process	poor <	1 2 3 4 5	> excellent

4. Do you have any feedback about the past program?

5. Will you need assistance in any of the following areas?

Delivery from Hannaford to you? _____

Online ordering from Hannaford? _____

Other? (please explain)

•••••
FOLD

•••••
FOLD

6. How helpful do you expect this gift card to be for you?

(Circle) Not Helpful Helpful Very Helpful

7. Which program option is preferred for your needs? (Circle)

Grocery Delivery (past years) Hannaford Gift Card (this year)

Both equally helpful I don't expect to need in future

8. Your current address, phone number, and email (optional)

9. Please share with us any other comments

•••••
FOLD

•••••
FOLD

Deerfield Valley Lions Club was formerly known as Whitingham-Halifax Lions. dvtlions.org
We serve the communities of Whitingham, Halifax, Jacksonville, Wilmington, and Dover.
www.dvtlions.org



PLEASE FOLD AT THE EDGE LINES, TAPE AND MAIL – POSTAGE IS ALREADY PAID



Deerfield Valley Lions Club

Community Resource Guide – Winter 2020

VT 211

Help line for diverse resources
Dial phone 211 or www.vermont211.org

Deerfield Valley Food Pantry
Food security in our region
www.deerfieldvalleyfoodpantry.org 802-464-0148

VT Food Bank
Community Kitchens, Veggie Van Go,
3SquaresVT
vtfoodbank.org/nurture-people 800-685-2265

VT Farmers To Families
Fresh produce, milk, dairy products, & chicken
humanresources.vermont.gov/food-help
802-476-0316

Deerfield Valley Community Care
Propane assistance
propanedover.com 802-464-3447

Federal Seasonal Fuel Assistance - VT
www.benefits.gov/benefits/1583 800-479-6151

VT DCF Fuel Assistance
dcf.vermont.gov/benefits/fuel-assistance
800-479-6151

Go! Vermont VT Agency of Transportation
connectingcommuters.org 800-685-7433
Mooover
Transport for elderly and disabled
mooover.com/elderly-disabled-services
888-869-6287

Wilmington Town Nurse 802-681-8740
wilmingtonvermont.us/departments/town-nurse

SEVCA Southern VT Community Action
Home, community, & family services
sevca.org 802-722-4575

Families First VT
Helping special needs kids & their families
familiesfirstvt.org 802-275-4919

Women's freedom center
Domestic violence help & hotline
womenfreedomcenter.net 802-254-6954

VT Dept for Children & Families
Domestic Violence Hotline 800-228-7395
Sexual Violence Hotline 800-489-7273
Veterans Crisis Line 800-273-8255, press 1

Deerfield Valley Community Partnership
Youth substance abuse
dvcp.org 802-464-2202

VT HelpLink alcohol and drug support center
Confidential referrals to treatment and services
vthelpink.org 802-565-LINK (5465)

Alcoholics Anonymous
Answering services in Bennington & Brattleboro
Can help you find a meeting
aa.org/pages/en_US/find-aa-resources

Green Mountain Area Narcotics Anonymous
Bennington and Brattleboro meeting finder
gmana.org 802-265-6414

802Quits
Help to stop smoking
802quits.org

Senior Solutions
Council on Aging for Southeastern VT
www.seniorsolutionsvt.org 802-885-2669

Community Of VT Elders (COVE)
Aging resource guide
www.vermontelders.org 802-229-4731

VT Adult Protective Services
Abuse, neglect, exploitation of adults
dip.vermont.gov/aps 802-241-0344

Online therapy providers
<https://www.psychologytoday.com/us/therapists/online-counseling/vermont>

SASH Support And Services at Home
Health, housing, and social services
sashvt.org 802-246-1538

The Gathering Place
Home care and caregiver support
gatheringplacevt.org 802-254-6659

Twice Blessed
Second hand clothing and other goods
www.twiceblessedinc.org 802-464-7500

Efficiency Vermont
Building weatherization & efficiency
www.encyvermont.com 888-921-5990

Visiting Nurse Association VT
Medical and home care assistance
vnvt.org 855-484-3862

USA.GOV
Federal assistance for bills
www.usa.gov/help-with-bills 844-872-4661

VT Legal Aid
Civil legal protection for basic needs
vtlawhelp.org 800-889-2047

VT Attorney General's Office
Consumer assistance 800-649-2424
Civil Rights Unit 802-828-3657
ago.vermont.gov

If you, neighbors, or family members in the Deerfield Valley would like assistance with any of the Lions five areas of focus, please reach out to a Lion in our Community, or visit the contacts page of our website.

- * Food Insecurity
- * Eyesight & Hearing
- * Diabetes
- * Childhood Cancer
- * Our Environment



lessons from 2020

THE WORLD CAN CHANGE QUICKLY.
FRIENDS MATTER GREATLY.
ALONE AND LONELY ARE DIFFERENT.
HOPE MATTERS.
LEARN FROM THE PAST.
THE SMALL MOMENTS ARE BEAUTIFUL.
KINDNESS IS A GREAT GIFT.
OPTIMISM IS PRICELESS.
BE GRATEFUL FOR FAMILY.
HEROES TRULY EXIST.
GIVE BACK GENEROUSLY.
NEVER STOP TRYING.
REACH OUT TO THOSE YOU LOVE.
LIVE WITH BRAVERY.

rachel marie martin

ORIGINAL WORDS BY RACHEL MARIE MARTIN
FINDINGJOY.NET
THE BRAVE ART OF MOTHERHOOD

There are 5 things in life you cannot recover:

- 1. A stone... after it's thrown.**
 - 2. A word... after it is said.**
 - 3. An occasion... after it's missed.**
 - 4. The time... after it's gone.**
 - 5. A person... after they die.**
- Life is short. Break the rules.
Forgive quickly. Kiss slowly.
Love truly. Laugh uncontrollably. And never regret anything that made you smile! Enjoy Life!!!**



Give yourself the same care and attention you give others and watch yourself bloom.

You may think that you are completely insignificant in this world.
But someone drinks coffee from the favorite cup that you gave them.
Someone heard a song on the radio that reminded them of you.
Someone read the book that you recommended, and plunged headfirst into it.
Someone smiled after a hard day of work, because they remembered the joke that you told them today.
Someone loves themselves little bit more, because you gave them a compliment.
Never think that you have no influence whatsoever.
Your touch, word and good deed which you leave behind cannot be erased.

Am I handling life like a Buffalo? A Cow? Or a Bear?

When a storm is coming, these animals have different survival techniques:

🐻 A bear will eat everything around him, hide, sleep, and hope when he wakes the storm has passed.

🐮 A cow will move away from the storm. It will try to avoid it. The storm still comes, and he has to endure it, exhausted and even in the storm's path.

🐃 When a buffalo sees a storm coming, it runs into the storm as fast as possible, going to the highest point.

🔥 Why? To get through the storm quickly and to suffer less. 🔥

We all have storms in our life, limiting beliefs, or even hardships. We can eat everything around us, try to sleep through it, and hope it passes; we can try to run away from it while staying in its path

OR

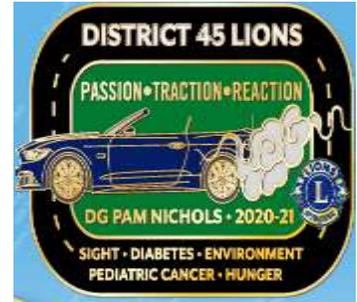
we can face it, run towards it and break free.

I am a Buffalo.

As the world fights to figure everything out,
I'll be holding doors for strangers,
letting people cut in front of me in traffic,
saying good morning,
keeping babies entertained in grocery lines,
stopping to talk to someone who is lonely,
being patient with sales clerks,
smiling at a passersby.
WHY?
Because I will not stand idly by and
live in a world where love is invisible.
Join me in showing kindness,
understanding, and judging less.
Be kind to a stranger,
give grace to friends who are having a bad day,
be forgiving of yourself - today and every day

BE the change, BE the light,
start today and never stop.
Audrey Louisa Paris

DISTRICT 45 LIONS CLUBS



WE SERVE VERMONT LIONS DISTRICT 45 SPRING CABINET MEETING

Saturday MARCH 13, 2021

***** final decision on in-person or virtual to be made by February 15th *****

Time: 8:00 am to 3:30 pm

LOCATION: Inn at Essex

70 Essex Way, Essex Junction, VT

Registration: \$28.00 per person

CABINET MEETING REGISTRATION DEADLINE MONDAY March 1, 2021

Club Name: _____

Lion: _____

Club Position: _____ District Position: _____

Phone #: _____ Email: _____

Address: _____

#Attending _____ x\$28.00 + _____

Please use a mask

REGISTRATION DEADLINE IS MONDAY March 1, 2021

Mail to: CST PDG Bob Wilcox, P.O. Box 321, Shaftsbury, Vermont 05262

Cell: 802-379-2600 OR email to: wilcoxrw@aol.com