

The Communiqué

**District 45 – Vermont Lions Charities
In Lionism, In Service, In Friendship**

January, 2025

Volume 50, Issue 7

**Published by
Vermont Lions Charities
and District 45 of
Lions Clubs International**

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Send articles to the Communiqué
Editor by email:
communiqué@vermontlions.org
Deadline for submissions is the
25th of each month.



Notes from the District Governor

January 2025

2024 is behind us. A brand new year is before us. Many clubs are already hard at work on projects and events in preparation for spring. Kudos to you all. This is what makes our District successful and progressive. I would just ask that you post your events in the Communiqué whenever possible. If you're not sure how to do this contact PCT Brenda and she will be able to help you submit your events. She can even help you submit photos as well. I'd really love to see more activities posted not just on the Communiqué but on the district website as well. We need to get this information out there so our communities know what's happening in Vermont and stimulate more interest in what we as Lions do.

Remember that we are packing meals at the Canadian Club on the 11th of January. Make sure you get your registration in and let us know if you will be attending and whether you will be eating with us as well. The registration is once again in this month's issue so it's not too late. You still have a couple more days so sign up for what has been proven to be a fun and rewarding morning that will help feed thousands of our neighbors throughout our region.

If you are still having issues with submitting your reports on the Portal, remember that 1st and 2nd Vice District Governors Tonya and Drew are available to help you get your reports in. Yes, it is still a process to be sure, but with their help, there should be little reason for not reporting, so we can get those reports in as soon as you can so everyone will know about the wonderful things we are doing in District 45. I am so proud of each and every one of you. Let's make sure everyone else knows, too. This is a proven way to increase membership and strengthen our clubs.

New clubs are on the horizon. New Leo clubs are being organized. Let's keep this trend going and make this second half of the Lion year one that will show growth and renewed strength. We've got this!

Yours in kindness and gratitude,

DG Deb

District 45 Calendar

<i>Date</i>	<i>Hosts-Event</i>	<i>Location</i>
January, 2025		
January 3-4, 2025	NELC Weekend	Heritage Hotel, Southbury, CT
January 11, 2025	2nd Forum & Cabinet Meeting	Canadian Club, Barre, VT
March, 2025		
March 15, 2025	3rd Forum & Cabinet Meeting	Evening Star Grange, Dummerston, VT
May, 2025		
May 2-4, 2025	Spring Convention	Delta Marriott Hotel, Burlington VT
May 16-17, 2025	NELC Weekend	TBD, Massachusetts
July, 2025		
July 13-17, 2025	LCI Convention	Orlando, Florida
July 19, 2025	Lions Twin State Soccer Games Celebrating 50 th Season	TBD



Lions Clubs International
FOUNDATION

MELVIN JONES NOMINATIONS

Each purchaser of an LCIF Super Raffle ticket is reminded that they may nominate someone (Lion or community member) to receive a Melvin Jones Fellowship. Please include, no longer than one page, a detailed description of why you are nominating this person. All nominations should be sent to either SVDG Drew Perry – andrew.j.perry95@gmail.com or IPDG Travis Wood – twood9955@gmail.com
All nominations are due January 31, 2025. NO EXCEPTIONS.

International News



From International Director Steve Middlemiss

As we enter the second half of this Lions year, we are in need of all Lions to double their efforts to bring new members to their clubs. Look for areas in your District and Multiple Districts that are not supported by a Lions club and help your District's effort to start one there. The membership in Constitutional Area 1 (The United States) continues to shrink as the needs of our communities continues to grow. As we look at our own communities imagine what it would look like if your Lions Club was no longer there to provide the services we do. Who else would step in and collect food for the food pantry, screen the vision of our school children, hold Diabetes clinics etc. We make an Impact in our communities and to continue to do so we need to attract new members. We need to grow to maintain our Legacy of Service. Have you brought in a new member this year?

PDGSs The International Directors were asked to reach out to the PDG's of all Districts Worldwide to encourage them to continue their support of their clubs and Districts. The first phase has been completed by sharing the link to 4 videos provided by International and reaching out via zoom meetings. During the Zoom we were able to discuss the areas where you as a PDG can use your experience and knowledge to help your Club and District leaders reach their goals. I hope you were able to view the videos. If not, I have provided the link here.

[PDG Webpage](#)

Let's continue to work together as we Make our Mark on the World.

LeeAnn and I hope each of you had a very Safe and Happy Holiday Season sharing the time with family and friends. We continue to look forward to serving the Lions of the World as we all work toward "Making Our Mark".

Yours in Lionism,

ID Steve & Lion LeeAnn

(pccmiddlemiss@gmail.com)

Club News

Jericho-Underhill

Middlebury



PID Tom Broughton presenting Lion Cory Newton his 20-year Chevron at our 12/2/24 Meeting at Rosie's in Middlebury.



Lions Marge Alden, Alicia Weber, Loreen Teer & Dave Williamson show off the 50 Holiday Boxes they put together for the local seniors for the Holiday. Boxes had fruit and a lot of other goodies.

Essex Junction



Lions Rachel and Rory are both members of the Essex Junction club.



The Barre Lions Club and the Vermont American-Asian Club Branch recently held their holiday party at The Mutuo. For the fourth year, members and friends donated toys for a Program through CVMC.

Barre



Moe Fortier was a member of The Barre Lions Club for over 50 years. He felt that the youth of Barre should be able to play basketball at "The Aud" for free. Paul Plante, of the Barre Lions Club, and Burnie Allen, of The Mutuo, hold two of the 12 basketballs donated by The Barre Lions Club to the Sunday evening open gym through funds from The Moe Fortier Youth Recreation Fund.

District News

A Letter from PDG Lion Phil Wheeler, Jr

As many of you know, ski jumping played an important role in my youth and college days. I started ski jumping in Brattleboro and my last jumping event was on Storrs Hill in Lebanon in my forties.

Harris Hill Ski Jump is proudly celebrating 103 years of ski jumping and continues to excite and attract jumpers and spectators from all over the world. The 90-meter Olympic size hill has become a major winter sporting event in New England bringing jumpers from around the world to compete each year in February.

The Hill is currently undergoing a major renovation to replace the wooden deck on the in-run all the way to the tower to the takeoff. Additional projects have been identified to add efficiencies that will benefit both the jumpers and the volunteers who prep the hill for the two-day event.

The most impactful one is called the Winch Cart which will assist the way the hill prep volunteers spend untold hours and energy trucking and carting manmade snow to the top of the in-run to fill the track. Someone anonymously has given a matching grant up to \$25,000 to assist in making the Winch Cart happen. Donna and I are donating to this match to make this project happen. We are hoping you can join us by making a tax-deductible donation.

We recently visited the ski jump and the 310 foot long in-run. I was very impressed with all the work that has already been done and the excellent facilities. Everything was top notch.

Please join us in making a donation either online at HarrisHillSkiJump.com or mailing a check payable to Harris Hill to PO Box 8284, Brattleboro, VT 05304. On the check memo line refer to match for Winch Cart.

We wish all of you the best during the upcoming Holidays.

Join Us for

FOOD PACKING!!!

Date: January 11, 2025

January Forum and Cabinet Meeting

Canadian Club, Barre VT

Breakfast coffee, tea and pastries will be available

Registration sign-in: 8-9 AM

VLC Meeting: 8:30 – 9:30 AM

Packaging: 9-11:30 AM

Break: 11:30 – 12:00 PM

Lunch: 12:00 - 1:00 PM

Cabinet Meeting: 1:00 – 3:00 PM

Advance Registrations due by January 7th, 2025

Only pre-registered attendees will be issued meal

Tickets required for meals.

Meal Cost: \$25.00

Registrations are to be sent to:

CST John Tiholiz at: 100 Maple Hill Rd., Thetford VT 05075

Or emailed to: cabinetsecretary@vermontlions.org



Join Us for

FOOD PACKING!!!

Registration

Date: January 11, 2025

January Forum and Cabinet Meeting
Canadian Club, Barre VT

Breakfast coffee, tea and pastries will be available

Name: _____

Address: _____

Phone: _____

Email: _____

Contact info: Phone _____ Email _____

Lunch(s) \$25.00 X _____ = _____

Advance Registrations due by January 7th, 2025

Only pre-registered attendees will be issued meal tickets required for meals.





January 11, 2025



Cabinet Meeting - Service Project

Hunger: Striving to improve food security and access to nutritious food to help alleviate hunger

Hello Lions,

At the January 11, 2025, cabinet/forum meeting which will be held at the Canadian Club in Barre, we will continue our tradition of packing meals. Many clubs will purchase these meals and donate to local food shelves or school backpack programs.

Through the generous support of Vermont Lions Charities, we will donate 10,000 to the Vermont Food Bank. This year we plan on packing 25,000 meals at the meeting in partnership with the Outreach Program. Clubs may purchase meals to donate to their local food shelves.

The cost per box is \$80 and contains 216 meals per box/36 packages/6 servings per package. This is an 'all hands-on deck' project and we would appreciate your participation. This year's meal being packaged is "Cheesy Rice". Come enjoy the service project and help package the food and take your club boxes home with you. If you would only like to come for the service project and not the entire day, you are welcome! If you wish to stay for the entire day, be sure to register for the event which will include lunch, along with other information/updates about Lions.

Please order your meals through FVDG Lion Tanya Letourneau, 55 Jericho Road, Essex Junction, VT 05452 and make checks payable to *Vermont District 45 Lions* with **MEALS** in the memo line on your check. We plan to have a group picture taken to show our Lion's service so wear your Lion's vest/shirts.

Those clubs purchasing meals must be picked up that day, they cannot be left at the Canadian Club. Also, thanks to the Barre Lions for their help in making this service project a huge success. We look forward to all your help! Please bring along a friend, potential member.

**Please complete, and mail your check to FVDG Lion Tanya Letourneau,
55 Jericho Road, Essex Junction, VT 05452**

Club Name: _____

____ **Will attend and take the food cases home with me**

____ **Please donate our boxes to the Vermont Food Bank**

____ **Cases ordered x \$80 per case**

Total Enclosed: \$ _____ *(please make checks payable to Vermont District 45 Lions)*

Deadline to order meals:

Saturday, January 4, 2025

Thank you for your support!

PDG Carol & FVDG Tanya, Global Service Team



2024 – 2025 Speech ‘ Speak Out’ Contest

**** Theme: Volunteering: Best way to leave a ‘mark’!!!**



1. Local contests are sponsored by an individual Lions Club OR a group of Lions Clubs, with high school students (including home school) of all classes eligible to participate.
2. All contest's arrangements, such as: **dates of contests, prize monies, judging, locations and advertising/promotion** are the responsibility of the individual Lions Club or the group of Lions Clubs.
3. Winners of local contests are eligible to participate in the District 45 Statewide competition.
4. The local contests should be held no later than April 5, 2025, with any delay beyond such date needing District contest chair approval.
5. Local contest winners' names and contact information are to be submitted to the District 45 contest chair by April 5, 2025.
6. IF the contest winner is not able to attend the District statewide competition, the participant finishing in 2nd or any subsequent contest participant, can be an 'alternate' to represent such contest.
7. The length of the speech shall be between 5 and 7 minutes not including any additional time for questions. Participants may use any props or other means in presenting their speech or monitoring their time (only at the local level and at the club discretion).
8. Each contestant will be asked up to 3 questions from the contest judges.
9. The judges will use the following criteria in determining a winner: Choice of topic (within theme), Quality of ideas, Quality of expression and Quality of Delivery.

District Statewide Competition

1. To be held on Saturday, May 3, 2025, at the annual Spring Convention for District 45.
2. Time to be determined, with location to be at Delta Marriott, South Burlington, Vermont. Final information to be provided by April 8, 2025.
3. District 45 statewide competition prizes (subject to confirmation of funding) are: 1st place - \$800, 2nd place - \$550, 3rd place - \$400, 4th place - \$300, 5th place - \$250 with 3 additional \$200 prizes.
4. There is a MAXIMUM of 8 participants allowed at the statewide competition.
5. Judges will be, if at all possible, a representative of all 4 Regions of District 45, with 1 guest judge, being a non-District 45 Lion or a non-Lion.
6. The length of the speech shall be between 5 and 7 minutes not including any additional time for questions. Participants may NOT use any props or other means in presenting their speech or monitoring their time (props only at local level at local club discretion).
7. Each contestant will be asked 3 questions, by 3 different judges, on a rotation basis.
8. The judges will use the following criteria in determining a winner: Choice of topic (within theme), Quality of ideas, Quality of expression and Quality of delivery.





Vermont Lions District 45

Speak Out Contest 2025

Topic: "Volunteering – Best way to leave a 'mark'!!!!

*Participants: High School (or home school) Students:
Freshmen, Sophomores, Juniors or Seniors*

*****Saturday, May 3rd, 2025 time tbd*****

Location: Delta Marriott, So. Burlington Vt

Entry deadline is Saturday, April 5th, 2025

***** maximum 8 club representative participants *****

Speech is 5 to 7 minutes long.

*Judging Criteria: Choice of topic (within theme),
Quality of ideas, Quality of expression and Quality of delivery.
3 judges will be allowed to ask a question of each participant.*

Cash Prizes: 1st \$800, 2nd \$550, 3rd \$400, 4th \$300, Plus additional prizes

*To register or for more information, please contact Lion Ken Emery
At (802) 578-7483 (cell) or at kpemery1960@gmail.com*



VERMONT LIONS DISTRICT 45

SPEECH CONTEST 2025



“Volunteering – Best way to leave a ‘mark’!!!”



Duration of Speech	LESS THAN	FIVE MINUTES	5-7 Minutes Required	Total Time	Total Points
Choice of topic (within theme) Importance, novelty, interest level (5 Points)	Effort made to address the Theme was lacking in quality (0-1 Points)	Good effort was made to address the Theme (2-3 Points)	Very good effort was made to address the Theme (4 Points)	Outstanding effort was made in addressing the Theme (5 Points)	
Quality of ideas: Significance, Ingenuity, feasibility, effectiveness, balance; (9 Points)	Effort to develop the Theme was lacking in clarity & organization (0-2 Points)	Good effort was made to develop the Theme (3-5 Points)	Very good effort was made to develop the Theme (6-8 Points)	Outstanding job was done of developing the Theme (9 Points)	
Quality of Expression: Clarity, Language skill, eloquence, humor (5 points)	Effort in presentation. (0-1 points)	Good effort with presentation. (2-3 points)	Very good effort was made for expression. (4 points)	Outstanding job: Clear, proper language skill, eloquent, necessary humor. (5 points)	
Quality of Delivery: Voice projection, dynamism, body language (glancing at notes ok) (9 points)	Effort in presentation: (Reading speech maximum score is 4) (0-4 points)	Good effort of presentation: relatively confident in presentation (5-6 Points)	Very good effort of expressing the points being made – shows confidence in presentation (7-8 Points)	Excellent effort of expressing points being made – very confident & dynamic in presentation (9 points)	
Name					Total Points



Cash Raffle to Benefit the Campaign for International Director PDG Kathy Dorman

PDG Kathy has many expenses in her campaign for International Director. You can help by purchasing Cash Raffle tickets! If you have another idea to help PDG Kathy raise funds, please contact either PDG Joe Wilson, Campaign Chair or PDG Ken Emery, Campaign Treasurer. Thank you!

Note: Clubs cannot use public funds to purchase raffle tickets or to support campaign expenses.

Name: _____	Address: _____	Phone: _____	RAFFLE To Benefit the Campaign for Lions International Director Vermont Endorsed Candidate PDG KATHY DORMAN	
				
			FIRST PRIZE.....\$1,000 CASH SECOND PRIZE..... \$250 CASH THIRD PRIZE.....\$250 CASH	
			\$10 per ticket or 3 tickets for \$20	
			Drawing on February 12 th , 2025 Not tax deductible – Winner is responsible for any taxes. Please make checks payable to Vergennes Lion Club Mail to PCT Paul Bessette, 60 Main Street, Vergennes, VT 05491	

Name: _____	Address: _____	Phone: _____	RAFFLE To Benefit the Campaign for Lions International Director Vermont Endorsed Candidate PDG KATHY DORMAN	
				
			FIRST PRIZE.....\$1,000 CASH SECOND PRIZE..... \$250 CASH THIRD PRIZE.....\$250 CASH	
			\$10 per ticket or 3 tickets for \$20	
			Drawing on February 12 th , 2025 Not tax deductible – Winner is responsible for any taxes. Please make checks payable to Vergennes Lion Club Mail to PCT Paul Bessette, 60 Main Street, Vergennes, VT 05491	

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Find your purpose

Today's leaders build tomorrow's world

Leo clubs are home to Lions Clubs International's youngest members, whose insights and actions are invaluable to further the mission of Lions International. Joining a Leo club can bring you a world of opportunity — from developing crucial life skills and making change in your community, to building lifelong connections with like-minded individuals.

See how Leos get things done!



Lions Clubs International

District 45

Youth Programs

Leo Clubs and Lions Quest

LEO stands for

Leadership, Experience, Opportunity.

- Leo Clubs are typically for students aged 13-18 but can be for young adults aged 19-30.
- Leo Clubs are either school or community based.
- Leo Clubs can enhance the sponsoring club's community presence.
- Leo Clubs give Lions the opportunity to mentor young leaders.

Lions Quest

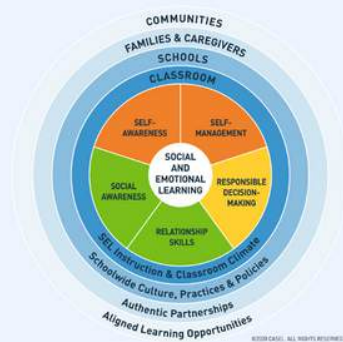
- Lions Quest is a Social and Emotional Learning program for students PreK - Grade 12.
- Lions Quest programs support, encourage, and celebrate diversity.
- Lions Quest is designed to create a learning environment based on the needs of all students where no one is an outsider because everyone is needed, valued and important.
- Lions Quest implementation may be supported with LCIF grants.



Lions Quest and Social and Emotional Learning (SEL)

Lions Quest is a comprehensive and universal, evidence-based social and emotional learning program. SEL is a process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve goals, feel and show empathy for others, establish positive relationships, and make responsible decisions.

[More about social and emotional learning](#)



Source: ©2020 CASEL. All Rights Reserved. <https://casel.org/what-is-sel/>

For more information about Leo Clubs or Lions Quest, please contact
DG Deb Savery or PDG Kathy Dorman



MD-44 3rd Regional Lions Leadership Institute

When: March 21-22, 2025.

Where: Hampton Inn – 126 Key Rd., Keene, NH.

Why: To stimulate and grow Leaders and Leadership Opportunities at the Club, District, Multiple District Levels and beyond.

Attendees: All LIONS in good standing who have not yet reached the position of 2nd Vice District Governor. **Only twenty-five slots available** so apply early! Please forward a completed application, **no later than Jan 31, 2025**, to your District Governor via Club President.

Cost of the Institute:

Multiple District 44 will provide meals according to the schedule of the institute. Double Occupancy Hotel rooms are included in the cost of the Institute. Hotel stay is required. By attendees. Single Room occupancy is available @\$129.00 plus taxes and Same rate will apply for Thursday or Saturday Night if desired.

Please note the cost for participation in this training event is \$125.00.

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 2-day intensive training program. Applicants must be willing to commit to attending both days of the Institute, including mandatory classroom sessions and scheduled group mealtimes.

Note: Acceptance to the Institute is not guaranteed. Limited to twenty-five.

Expectations of RLLI Graduates:

1. Pursue additional leadership roles and responsibilities in their respective zones and Districts.
2. Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones, and Districts.

Regional Lions Leadership Institute Curriculum:

- **List of Training Topics: Lion Fundamentals, Working in Teams, Diversity.**
- **Local issues and Opportunities, Public Speaking, Time Management.**
- **Personal Mission Statement, Member Motivation, Goal Setting.**
- **Join the Mission.**

For further information please contact your District Governor or Event Coordinators Kamal Masand or Randy Tompkins (kmasand01@gmail.com or rye642@comcast.net).



MD 44 Regional Lions Leadership Institute
Hampton Inn, 126 Key Road, Keene, NH
Friday thru Saturday March 21 to 22, 2025

Part 1: Applicant Information

* PLEASE PRINT - Required information for all institute correspondence

District Number: _____ Membership Number: _____

First/Given Name: _____ Last/Family Name: _____

Email*: _____ State _____ Gender: Male _____ Female _____

Month and Year Joined Lions Clubs: ____ Club Number: _____ Name : _____

Current Lions Title: _____ Highest position held in Lions Clubs: _____

I confirm that I am capable of understanding and actively participating through reading, writing, and fluent speaking skills in English

Lions Leadership Institutes Previously Attended (Locations & Dates): _____

Check for \$125.00, Made out to Multiple District of NH 44 .

Part 2: Experience and Skills, Please type or print using additional sheets as needed.

1. Offices held within current Lions Club:

Part 3: Acknowledgements

___ I understand that MD44 is not responsible for personal costs, including but not limited to, those associated with the following: illness, unanticipated or other personal events, lost or stolen property.

___ I understand that I am expected to attend all classroom sessions and group meals and activities.

Part 4 Endorsement The applicant's District Governor or Global Leadership Team (GLT) District Coordinator must complete this section. In what ways will this applicant benefit from attending the Regional Lions Leadership Institute? _____

Applicant : _____ Title: _____ Email: _____

DG or GLT: _____ Date: _____

DG= Please Mail the application with checks to Council Chair Kamal Masand or PDG Randy Tompkins.

New England Lions Council

Serving the Needs of the Districts of New England



PDG Al Goldstein, Council President
35 Main Street, Atkinson NH 03811
(603) 913-1281 / a1goldstein@comcast.net

PDG Kathy Dorman, Council Treasurer
P.O. Box 91, New Haven, VT 05472
(802) 373-4180 / vtlionkathy@gmail.com

INDIVIDUAL MEMBERSHIP DUES

New England Lions Council Individual Membership

2024 – 2025 NELC DUES: \$10.00

Membership coverage is from July 1, 2024 to June 30, 2025

Lion's Name: _____

District/MD: _____

District/MD Position(s): _____

Mailing Address: _____

City/State/Zip: _____

Best Phone: _____

Best Email: _____

Renewal _____ **New NELC Member?** _____

Please mail *Form* to PDG Kathy Dorman at the above address with a check to NELC

Editor's Corner

A note from the Editor:

Thank you all for your patience as we transition to a new Editor of the Communiqué. While we don't need to reinvent the wheel, there is always a learning curve associated with transition. I'm amazed at how much I have already learned in putting together the August issue.

With that said, there are a few housekeeping items that I'd like take care of so that we are all on the same page.

1st: When sending correspondence to be included in the Communiqué, please put '**For Communiqué**' in the subject line of the email. This will help to quickly scan and sort for information. I don't want to miss anything or have it get lost in a sea of emails.

2nd: Please submit items in one of the following formats: PDF, Word, PNG or JPEG. Please help me get the Communiqué posted on time each month by submitting items early and in the proper format.

3rd: A quick Marketing 101 reminder: Be sure to include the 5 W's. Who? What? When? Where? Why? and How? when sending information for inclusion in the Communiqué.

For example, an item from a recent submission:

(Who) **ORLEANS LIONS CLUB**

(What) **HORSESHOE TOURNAMENT**

(When) Saturday August 24, 2024

(Where) Lake Willoughby North Beach parking lot

(Why) It's their fundraiser

(How) Sign up at 9:00 am (start at 10:00am)

\$30 per team – maximum 40 teams

4 pits – horseshoes provided

Double elimination – rules to be posted

Cash prizes, and items for raffle

(Other relevant information) We no longer provide food at this event; Please - no dogs

4th: Please remember to include a caption with each picture. It should identify who is in the picture and what event is depicted.

And lastly: Start advertising your event months in advance. Don't wait until the September Communiqué to promote a September event. Send the information as early as possible. It will get on the calendar and out to the district to be promoted.

All information/photos MUST be received by the 25th of each month.

Thanks for your help in promoting the great work of Lions across our district!

GIVE US A FOLLOW

SCAN THESE QR CODES TO FOLLOW DISTRICT 45 AND HELP US GROW OUR SOCIAL MEDIA PRESENCE

FACEBOOK



INSTAGRAM



WANT TO HAVE YOUR POST SHARED ON THE DISTRICT PAGES?

EMAIL SVDGDREW AT

ANDREW.J.PERRY95@GMAIL.COM